

## 1. Talk on Mental health among Youth

Jeevani center for student well-being conducted a talk on the topic 'Mental health among youth' on 02-12-2021. The class was conducted at audio visual lab, K.K.T.M. Govt. College, Pullut. The class started with keynote address, the principal Dr. Nesity E.A. Thereafter, Jeevanicoordinator Ms.Dhanya P.D. welcomed the participants and session was handled by the resource person Snehitha help desk counselor, Ms. Sabira R.H. The class mainly focuses on importance of mental health among college students. Approximately 60 participants attended the class, including teaching faculties, postgraduate and undergraduate students. The class was interactive and the students clarified their doubts. The informative class culminated with a vote of thanks proposed by Psychology apprentice, Ms. Nadam P.S.

**Jeevani centre for Students wellbeing**

**ജീവനി ഉദ്ഘാടനം SMO**

**Talk**

**MENTAL HEALTH AMONG YOUTH**

**Sabira R H**  
Counsellor, Snehitha  
Help Desk, Kudumbasree  
Mission, Thrissur

**02.12.2021, 10.30 am**  
**Audio visual room**  
**K K T M Govt. College Pullut**



## Attendance Statement

02/12/2021 10:30am  
- 12:30pm

Sl. No.	ഒപ്പ്	വിവരങ്ങൾ	ഒപ്പ്
1	Ashaji	BA Malayalam I	
2	Sanika Saji	BA History I	
3	JASNA M.B	BA Malayalam I	
4	Aswani	BSC zoology.	
5	Sunya Lakshmi TS.	BA Malayalam I	
6	Krishna Priya	BA Malayalam I	
7	Krishna J	BSC Applied physics I year.	
8	Adithyan. K.B	BSC Zoology I year	
9	Sangeetha. os	BA history I year	
10	Reema E.R	BA history I years	
11	Fathima Jasmin. K	BA Malayalam I year	
12	Shirley. N.P	BA Malayalam I year	
13	Anya Babji	BSC Applied physics I st	
14	Akram P S	BSC Applied physics I st	
15	Mishra V.V	BSC Botany - 1st	
16	Dhanasree N.M	BSC Botany I st	
17	Pranav. V	BSC zoology	
18	Ashfukhlah Musvee	BSC zoology	
19	Akshaya V.S	BA Malayalam	
20	Shifana ganesec. K	BSC Botany - 1st	
21	Anjana Umni	BSC Botany - 1st	
22	Haripriya M.P	BSC Botany - 1st	
23	Revathy. C.S	BSC Botany - 1st	