JEEVANI CELL REPORT 2020-2021

15th February

• A webinar was conducted for all the students of the college. The topic was, "A glimpse on dealing with abuses". The resource person was Zuhaina N.S, Psychologist, Aaraina Mind Care. Almost 80 students participated in the webinar and many participated through YouTube live streaming.

20th February

• A webinar was conducted for all the students of the college on the topic, "An awareness **programme on LGBTQ+**". The resource person was Bavitha Thomas, Psychologist, Bangalore.b45 students participated in the webinar. The students were active throughout the session.

22nd February

• A webinar was conducted for the students of all the batches. The topic was, "**Negative thoughts:** formation, effects and tips to overcome". The resource person was Aswathi.M, Child Psychologist, Centre for disability management, Block panchayat, Wandoor, Malappuram. 40 students of different department attended the webinar.

6th March

• A program named "**Midukkikutty 2k21**" was conducted for all the girls of the college in association with Women's cell as a part of women's day celebration. The title winner was Miss. Amritha T.V of Malayalam Department. 28 students competed for the title.

10th March

• A webinar was conducted for the students of all branches of the college on the topic, **"Premenstrual syndrome and menstrual hygiene".** The resource person was Neethi Rose Anto, Psychologist, Bangalore. Almost 50 students participated in the session. 35 students attended the webinar

29th March

• A webinar was conducted for all the students of the college on the topic, **"Postpartum depression".** The resource person was Neethi Rose Anto, Psychologist, Bangalore. Almost 25 students participated in the session. 40 students participated in the webinar.



Jeevani Centre for Student's Well-being in association with IQAC (KKTM College) presents

An awareness program on LGBTQ



Date : 20th February 2021 Time : 10:30am to 11:30am Venue : Google meet

> Aarsha Ajayan Psychologist Jeevani Cell KKTM Govt College





Postpartum Depression

29th | March | 2021

Venue : Google meet Time : 10 : 30 am





Aarsha Ajayan Psychologist

















