

JEEVANI REPORT 2021-2022

1. Talk on Mental health among Youth

Jeevani centre for student well-being conducted a talk on the topic 'Mental health among youth' on 02-12-2021. The class was conducted at audio visual room, K.K.T.M. Govt. College, Pullut. The class started with keynote address, the principal Dr. Nesy E.A. Thereafter, Jeevani Centre for Students Wellbeing Coordinator Ms. Dhanya P.D. welcomed the participants and session was handled by the resource person Snehitha help desk counsellor, Ms. Sabira R.H. The class mainly focuses on importance of mental health among college students. Approximately 60 participants attended the class, including teaching faculties, postgraduate and undergraduate students. The class was interactive and the students clarified their doubts. The informative class culminated with a vote of thanks proposed by Ms. Nadam P.S., Psychologist, Jeevani Centre for Students Wellbeing.



Jeevani centre for Students wellbeing

ജീവനി
ഉദ്ദേശ
SMo

Talk



MENTAL HEALTH AMONG
YOUTH

Sabira R H

Counsellor, Snehitha
Help Desk, Kudumbasree
Mission, Thriesur

02.12.2021, 10.30 am

Audio visual room

K K T M Govt. College Pullut

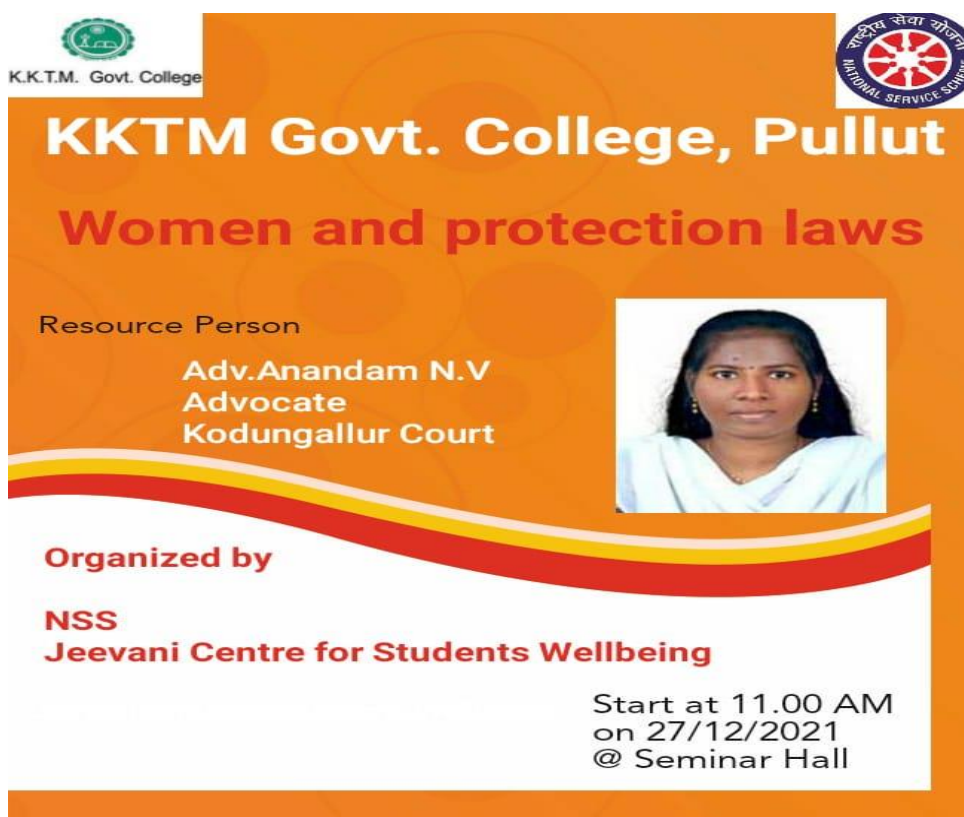
Handwritten header text: "Handwritten text at the top of the page, possibly a date or title."


No.	Name	Course	Grade	Name	Course	Grade
1	Asmita	BA History I		24	Srinivasan S.	BSc Botany 1 st
2	Sanku Saji	BA History I		25	Dhanvanthra P	BSc Botany 1 st
3	JASNA M.D	BA Malayalam I		26	Arunabha S	BSc Zoology 1 st
4	Aswani	BSc Zoology		27	Keechana mk	BA History 1 st
5	Surya Lakshmi T.S.	BA Malayalam I		28	Anagha N.G.	BA History 1 st
6	Harshana Priso	BA Malayalam I		29	M.D. Anitha	BSc Botany 2 nd
7	Kishanya J	BSc Applied Physics I year		30	Nandhana KR	BSc Botany 2 nd
8	Adithyan KB	BSc Zoology I year		31	Sajitha KK	BSc Botany 2 nd
9	Sangeetha os	BA History I year		32	Aswani	BSc Botany 2 nd
10	Rasma C.R	BA History I year		33	Ana K.S	BSc Botany 2 nd
11	Fathima Jamin K	BA Malayalam I year		34	Misha Nouin	BSc Zoology 2 nd
12	Adithyan R	BA Malayalam I year		35	Anjuna MK	BSc Zoology 2 nd
13	Anya Babu	BSc Applied Physics I year		36	Devika R	BSc Zoology 2 nd
14	Akram P.S	BSc Applied Physics I year		37	Adithyan K	BSc Botany 2 nd
15	Muthaiv V	BSc Botany 1 st		38	Nandana Bhaskaran	BA Malayalam 1 st
16	Chandrase N.M	BSc Botany 2 nd		39	Vijayalakshmi P	BA Malayalam 1 st
17	Pranav V	BSc Zoology		40	Archana T.S	BA Malayalam 1 st
18	Muhammad Musiel	BSc Zoology		41	Rishana	BA Malayalam 1 st
19	Akshaya V.S	BA Malayalam		42	Sreebhavani A.S	BA Malayalam 1 st
20	Shritha Ganee K	BSc Botany 1 st		43	Amal K.U	BA Malayalam 1 st
21	Anjana Umni	BSc Botany 1 st		44	Nasira K.N	BA History 1 st
22	Haripriya M.P	BSc Botany 1 st		45	Reshmi Nishan	BA History
23	Devathy S	BSc Botany 1 st		46	Larissa Paswan	B.A History


47	Nida Sulitha	BA History			
48	Akash Chandran	B.Sc. Zoology			
49	Gayathry T.V	BA Malayalam			
50	Amaltha	BA Malayalam			
51	Minnu Krishnakka	BA Malayalam			
52	Krishnapriya P.R	BA Malayalam			
53	GOPIKA PM	"			
54	MANJU . K	"			
55	ASWATHY K	"			
56	AMBILI KRISHNA	"			
57	Sandra. A.S	BA History			
58	Fathimathur Sumi K.R.	BA Malayalam			
59	Abijith Sivaraman	BA Malayalam			
60	Abhiram T.K	BA Malayalam			

2. Women and Protection Laws

Jeevani centre for student well-being in association with N.S.S. conducted a talk on the topic 'Women and Protection Laws' on 27-12-2021. The class was conducted at auditorium, K.K.T.M. Govt. College, Pullut. Mr. Midhun C. Vinod, second year B.Sc. Zoology student welcomed the participants and session was handled by the resource person Adv. Anandam, Advocate, Kodungallur Court. The class mainly focuses on dowry system, women protection laws etc. 78 students were attended the class. The class was interactive and the students clarified their doubts. The informative class culminated with a vote of thanks proposed by Mr. Javad K., Second year B.Sc. Physics student.



 K.K.T.M. Govt. College




KKTM Govt. College, Pullut

Women and protection laws

Resource Person

Adv. Anandam N.V
Advocate
Kodungallur Court



Organized by

NSS
Jeevani Centre for Students Wellbeing

Start at 11.00 AM
on 27/12/2021
@ Seminar Hall



KKTM College Rd, Kerala 680663, India

Latitude
10.239574438892305°

Longitude
76.21191420592368°

Local 01:20:48 PM
GMT 07:50:48 AM

Altitude -85 meters
Monday, 27-12-2021

Talk on Women and Protection Laws on 24/12/2021.

1. ഭാര്യ. വ. നിയമം
2. നാല്പതു വയസ്സ്
3. ഭാര്യ. വ. നിയമം
4. നിയമം നിയമം
5. നിയമം നിയമം
6. നിയമം നിയമം
7. നിയമം നിയമം
8. നിയമം നിയമം
9. നിയമം നിയമം
10. നിയമം നിയമം
11. നിയമം നിയമം
12. നിയമം നിയമം
13. നിയമം നിയമം
14. നിയമം നിയമം
15. നിയമം നിയമം
16. നിയമം നിയമം
17. നിയമം നിയമം
18. നിയമം നിയമം

19. നിയമം നിയമം
20. നിയമം നിയമം
21. നിയമം നിയമം
22. നിയമം നിയമം
23. നിയമം നിയമം
24. നിയമം നിയമം
25. നിയമം നിയമം
26. നിയമം നിയമം
27. നിയമം നിയമം
28. നിയമം നിയമം
29. നിയമം നിയമം
30. നിയമം നിയമം
31. നിയമം നിയമം
32. നിയമം നിയമം
33. നിയമം നിയമം
34. നിയമം നിയമം
35. നിയമം നിയമം
36. നിയമം നിയമം
37. നിയമം നിയമം
38. നിയമം നിയമം
39. നിയമം നിയമം
40. നിയമം നിയമം
41. നിയമം നിയമം
42. നിയമം നിയമം
43. നിയമം നിയമം

44. Nidhish.c
45. Anusha H
46. Gayatri I
47. Anurag K.K
48. Anurag P.B
49. Kalkosy M.S
50. Smritthy G.C
51. Karishma G.S
52. Anurag
53. Nisha P.J
54. Anurag
55. Anurag
56. Rakhi T.R
57. Anurag
58. Nisha M.S
59. Vimal J
60. Shibi
61. Anurag K.B
62. Anurag
63. Nisha

64. PARTHIV ER
65. Ganiga Sanya Sai
66. Anurag
67. Anurag
68. Anurag
69. Anurag
70. Anurag
71. Anurag
72. Anurag
73. Anurag
74. Anurag

3. Competition

Jeevani Centre for Student Well-being in association with N.S.S. conducted various competitions was held at our college on 17-01-2022 to 27-01-2022. The competition was conducted for a week. The competition were Short-story writing, Poetry writing, Poster making and Photography. There were 99 students participants from different departments. The competition helped to bring out the uniqueness of each individual. The prize and certificate were given away by the honourable MLA, Adv. V.R. Sunilkumar. The competition was a huge success.



Programme committee



Vignesh P.N.
7025918960



Javad K.
9947088452

Finance committee



Midhun C Vinodh
7559928830



Muhammad Safuwan H.S.
9037988526



K.K.T.M Govt. College, Pullut

Jeevani centre for students wellbeing in association with NSS

Poster making competition

Theme: Gender equality

last date: 05.00 P.M., 27/01/22

inviting
all students

Prize & certificate will be
awarded

for free registration or any queries contact



Nesla M.S.
7559083429



Ammu K.S
8921836728



K.K.T.M. Govt. College, Pullut

Jeevani centre for students wellbeing in association with NSS

കവിതാ രചനാ മത്സരം

വിഷയം: ഇരുട്ട്

Prize & certificate will be awarded

DEADLINE : 5.00 P.M.,
27/01/22

for free registration or any queries contact



K.K.T.M. Govt. College, Pullut

NSS IN ASSOCIATION WITH JEEVAN CENTRE FOR STUDENTS WELLBEING

MOBILE PHOTOGRAPHY CONTEST

Theme: Friendship

last date: 5.00 P.M. 27/01/22

Prize & Certificate will be awarded

for free registration or any queries contact



Sreelakshmi M.B
9074565103

Sreelakshmi S
9778254499





K.K.T.M. Govt. College, Pullut

Congratulations to our
Short Story writing competition winners

First Prize



Sneha Subash K
BSc Botany 1st yr

SPONSORED BY
1986-1988
PRE DEGREE
BATCH

Second Prize



Fathima Jasmine K
BA Malayalam 1st yr

Third Prize



Nesha M.S.
BTM, 2nd yr

ORGANIZED BY NSS & JEEVANI CENTRE FOR STUDENTS WELLBEING



K.K.T.M. Govt. College, Pullut

Congratulations to our
Poetry writing competition winners

First Prize



Princy K.
MA Malayalam 2nd yr

SPONSORED BY
NON TEACHING
STAFF CLUB
K.K.T.M.
COLLEGE

Second Prize



Nandhana Bhaskaran
BA Malayalam 1st yr

Third Prize



Sneha Subhash K.
BSc Botany 1st yr

ORGANIZED BY JEEVANI CENTRE FOR STUDENTS WELLBEING & NSS



K.K.T.M. Govt. College, Pullut

Congratulations to our
Poster making competition winners

First Prize



Akash M.S.
BTM 2nd yr

SPONSORED BY
1992-1994
PRE DEGREE
BATCH

Second Prize



Resuvana Nasirin
BA History 1st yr

Third Prize



Aswathy P
BTM 1st yr

ORGANIZED BY JEEVANI CENTRE FOR STUDENTS WELLBEING & NSS



K.K.T.M. Govt. College, Pullut

Congratulations to our
Mobile Photography Contest Winners

First Prize



Abhinav Krishna P.V.
BTM 2nd yr

SPONSORED BY
1995-1997
BA HISTORY
BATCH

Second Prize



Shamsheena V.S.
BA Malayalam 1st yr

Third Prize



Sulthansha A.K.
BA History 1st yr

ORGANIZED BY NSS & JEEVANI CENTRE FOR STUDENTS WELLBEING



4. Talk on Life Skill Development

Jeevani Centre for Student Well-being organized a talk on the topic 'Life Skill Development' on 05-03-2022. The class was conducted in the online platform. Ms. Dhanya Mohan P.D., Jeevani Centre for Students Wellbeing Coordinator, welcomed the participants and session was handled by the resource person Krishna K. Babu, Community Counsellor, Kudumbasree District Mission, Thrissur. The class mainly focuses on Life Skills by World Health Organization. 38 students were attended the class. The informative class culminated with a vote of thanks proposed by Ms. Nadam P.S., Psychologist, Jeevani Centre for Students Wellbeing.



KKTm Govt. College, Pullut

LIFE SKILL DEVELOPMENT



HOSTED BY JEEVANI CENTRE
FOR STUDENTS WELLBEING

Saturday
March 5th, 2022
from 11 to 12 PM

Krishna K. Babu
Community Counsellor
Kudumbasree district mission, Thrissur



<https://meet.google.com/xaf-xsws-aai>

5. Competition

Jeevani Centre for Student Well-being in association with Women Cell conducted various competitions was held at our college on 08-03-2022 to 10-03-2022. The competition was three days long. The competitions were Photo contest, Elocution and Photo collage. There were 25 students participants from different departments. The prize and certificate were given by Principal, Dr. Nesy E. A., Vice Principal, Dr. Ushakumari G., and Medical officer, Dr. Sudheer Kumar K.P.

KKTm GOVT. COLLEGE, PULLUT



On the occasion of international women's day 2022

WOMEN CELL & JEEVANI CENTRE FOR STUDENTS WELLBEING JOINTLY PRESENTS

WOMEN'S DAY COMPETITIONS

PHOTO CONTEST

Happiness among women

Send the entries via mail: jeevani@govtkktmcollege.ac.in
by 10th March, 2022

ELOCUTION

Most influential women in your life

Time: 2.30-3.30 PM

Date:08/03/22

Venue:second MA History classroom

PHOTO COLLAGE

Freedom of women

Time: 2.30-3.30 PM

Date:09/03/22

Venue:second MA History classroom

FOR REGISTRATION KINDLY FILL THE GOOGLE FORM

<https://forms.gle/RmLmASWhqNaEapwa9>

PHOTO CONTEST

ELOCUTION

PHOTO COLLAGE



KKTM College Rd, Kerala 680663, India

Latitude

10.239604488015175°

Longitude

76.21165478602052°

Local 03:30:21 PM

GMT 10:00:21 AM

Altitude -87 meters

Tuesday, 08-03-2022

6. Talk on Life Style Diseases

Jeevani Centre for Student Well-being in association with Womens Cell conducted a talk on the topic 'Life Style Diseases: Prevention' on 22-03-2022. The class was conducted at Audio Visual Room, K.K.T.M. Govt. College, Pullut. Womens Cell Coordinator Ms. Dhanya Mohan O, welcomed the participants and session was handled by the resource person Dr. Sudheer Kumar K.P, Senior Medical Officer, Govt. Ayurveda Hospital, Pullut, Kodungallur. The class mainly focuses on unhealthy food habits, life style diseases, etc. 60 students were attended the class. The class was interactive. The informative class culminated with a vote of thanks proposed by Ms. Dhanya P.D., Coordinator, Jeevani Centre for Students Wellbeing.



K.K.T.M. GOVT. COLLEGE, PULLUT

ജീവിതശൈലി രോഗങ്ങൾ :
പ്രതിരോധവും പ്രതിവിധികളും

DATE : 22/03/2022
TIME : 02 PM - 3.30 PM
PLACE : AUDIO VISUAL ROOM

Dr. Sudheer Kumar K.P.(MD)
Senior Medical Officer,
Govt. Ayurveda Hospital,
Pullut, Kodungallur



Organized by Jeevani Centre for Students Wellbeing
& Womens Cell



ಅಭಿವಿಮರ್ಶನಾ ಕಾರ್ಯಕ್ರಮ : ಕಾರ್ಯಕ್ರಮದ ಕಾರ್ಯಕ್ರಮ
 (02/03/2022 ; 2:00 PM - 3:30 PM, Audio visual)

Sl. No.	Name	Department	Signature
1.	Mgha. M.	Mathematics	[Signature]
2.	Savitri V.C	History	[Signature]
3.	Shanaseca. V.S	1 st BA Malayalam	[Signature]
4.	Abhinav. C.U.	2 nd BA HISTORY	[Signature]
5.	VishnuPriya C	2 nd year BA History	[Signature]
6.	Jeshma T.M	2 nd year BA History	[Signature]
7.	Sruvanakumari K.	1 st BA History	[Signature]
8.	Harsha Praveen	1 st BA History	[Signature]
9.	NIDA SAKHA	1 st BA HISTORY	[Signature]
10.	Nehala.P.K	1 st BA History	[Signature]
11.	Praphal Lal PU	1 st BA History	[Signature]
12.	Neevij. IP	1 st BA History	[Signature]
13.	Ananda mangy.P	"	[Signature]
14.	Maya TS	"	[Signature]
15.	Emil Shaju	"	[Signature]
16.	Arya Pradheep	"	[Signature]
17.	Devi Suresh	"	[Signature]
18.	Ashna Restheed	"	[Signature]
19.	Jasminin	"	[Signature]
20.	Jyothy	"	[Signature]
21.	Vishnu Maya.M	1 st MA MALAYALAM	[Signature]
22.	Vinayak	"	[Signature]
23.	Resthma-A	"	Resthma

Sl. No.	Name	Department	Signature
24.	Sheha T.B	1 st MA Malayalam	[Signature]
25.	Vena.k.s	1 st MA Malayalam	[Signature]
26.	Sindhu S	1 st MA Malayalam	[Signature]
27.	Kasthika.k.s	1 st BA history	[Signature]
28.	Sriya Krishnan	"	[Signature]
29.	Shagil	"	[Signature]
30.	Kasthi Viswanath	"	[Signature]
31.	Jagan	"	[Signature]
32.	Akramul Hogue	"	[Signature]
33.	Nikhitha Raj. K	"	[Signature]
34.	Navya. K.R	2 nd B.A. History	[Signature]
35.	Shobana.M.H	2 nd B.A. HISTORY	[Signature]
36.	Subira.P.S	2 nd BA HISTORY	[Signature]
37.	Vineetha Vinod PV	2 nd BA History	[Signature]
38.	Anwani.PJ	2 nd B.A History	[Signature]
39.	Shahma.k	2 nd BSc Chemistry	[Signature]
40.	Muhamad Shezeef	"	[Signature]
41.	Thejus.M.S	"	[Signature]
42.	Sree nandhana. Ms.	"	[Signature]
43.	Nija.A.M	"	[Signature]
44.	Anchara. cs	"	[Signature]
45.	Anuragha.T.G	2 nd BA History	[Signature]
46.	Sareesha P.S	2 nd BA History	[Signature]

Sl. No.	Name	Department	Signature
49.	IRIN M.B	B.A History	
49.	Soma P.S	B.A History	
49.	Rosemary Jose	B.A History	
50.	Anathi MN	BA History	
51.	Nashma (Lawin. I.T)	BA History	
52.	Alayath Sumayya N.S	B.A History	
53.	Mukeshha C.M	B.A History	
54.	Aswin pasad	B.A History	
55.	Nihal Rehman. K	B.A History	
56.	Rahin T. R	B.A History	
57.	Praveetha H.S	Dept of History	
57.	Pranya P D	Dept of Malayalam	
59.	Nadana P.S.	Psychologist	
61.	Hazi. M.k.	Library Attender	
61.			
62.			
63.			
64.			
65.			
66.			
67.			
68.			
69.			