



KKTU Government College
KODUNGALLUR KUNJIKUTTAN THAMPURAN MEMORIAL GOVERNMENT COLLEGE

Phyllanthus emblica L.

Family: Phyllanthaceae

Common name: Indian gooseberry

Vernacular name: നെല്ലി

Nativity: Tropical and Sub-Tropical Asia

Habit: Tree

Habitat: Dry and moist deciduous forest, cultivated in the plains

IUCN Status: Least Concerned

Keynotes: The tree is small to medium in size, reaching 1–8 m in height. The branchlets are not glabrous or finely pubescent, 10–20 cm long, usually deciduous; the leaves are simple, sessile and closely set along branchlets, light green, resembling pinnate leaves. The flowers are greenish-yellow. The fruit is nearly spherical, light greenish-yellow, quite smooth and hard on appearance, with six vertical stripes or furrows.

Uses: The amla fruit is eaten raw or cooked into various dishes, such as dal and amle ka murabbah, a sweet dish made by soaking the berries in sugar syrup until they are candied. It is traditionally consumed after meals.



References

<https://powo.science.kew.org/>

<https://sites.google.com/view/campusflora/home?authuser=0>

https://en.wikipedia.org/wiki/Phyllanthus_emblica

HINT: SWITCH ON DESKTOP SITE IN CHROME