

K K T M Government College, Pullut

National service scheme

Unit 52&158

Activity report 2022 June- 2023 May



Green Campus Clean Campus -Report

Date: Thursday, 25th May 2023

Event: Green Campus Clean Campus Project Inauguration

Venue: Pond in front of the College Office

Objective: To promote environmental sustainability and beautification of the campus through cleaning and planting initiatives.



Inauguration:

The Green Campus Clean Campus project was formally inaugurated on Thursday, 25th May 2023, at the pond located in front of the college office. The honorable Principal, Dr. E A Nesy, presided over the inauguration ceremony. Dr. Nesy ceremoniously inaugurated the program by planting a rose tree, symbolizing the commitment to nurture and enhance the campus environment.



Activities:

Cleaning:

The primary activity of the day involved the thorough cleaning of the pond area. Volunteers and participants actively engaged in removing debris, litter, and any pollutants from the vicinity, ensuring a pristine environment for the campus community.

Plantation:

Following the cleaning drive, the focus shifted towards enhancing the aesthetics and ecological value of the area. Flowering plants were carefully selected and planted around the pond, adding natural beauty and biodiversity to the surroundings.

Inaugural Speeches:

Dr. EA Nesy: The Principal delivered an inspiring address, emphasizing the significance of environmental conservation and the role of each individual in fostering sustainability. Dr. Nesy underscored the importance of initiatives like the Green Campus Clean Campus project in creating a conducive and eco-friendly learning environment.

Program Officers:

Shany Teacher: Shany Teacher delivered an impassioned speech highlighting the objectives and vision of the project. She encouraged active participation from students, faculty, and staff to ensure the success and longevity of the initiative.



Hallelu Rehuman VM: Hallelu Rehuman VM shared insights into the practical aspects of maintaining a green campus and underscored the need for continued efforts in sustainability practices. He emphasized the transformative impact such initiatives can have on both the physical environment and the mindset of the campus community.

Conclusion:

The Green Campus Clean Campus project inauguration marked a significant step towards fostering environmental stewardship and community engagement within the college campus. Through collaborative efforts and commitment, the campus aims to sustainably manage its natural resources while promoting a culture of environmental responsibility among its members.

The event concluded with a sense of achievement and determination to uphold the principles of a clean and green campus in the days to come.

Plastic Free Campus Project

Date: April 25, 2023

Introduction:

On April 25, 2023, the Plastic Free Campus project was initiated at K K T M Govt. college. The project aims to eliminate the use of plastic within the campus premises, promoting environmental sustainability and fostering a greener environment.



Activities:

Cleaning Activities: A comprehensive cleaning drive was undertaken throughout the campus area. Staff, students, and volunteers actively participated in the cleaning activities, demonstrating their commitment to the cause.

Inauguration: Principal Dr. EA Nesy inaugurated the Plastic Free Campus project, emphasizing the importance of environmental conservation and the role of educational institutions in leading sustainable initiatives.

Synthetic Track Clearance: Special attention was given to clearing plastic waste from the premises of the newly constructed synthetic track. This area was

identified as a priority due to its significant usage by students and the community for various recreational and sports activities.



Collaboration:

The success of the Plastic Free Campus project was made possible through collaboration with Green Karma Sena, an environmental organization dedicated to promoting eco-friendly practices and waste management.

Outcome:

Plastic Collection: A substantial amount of plastic waste was collected from the campus premises during the cleaning activities. This included single-use plastics, plastic packaging, and other non-biodegradable materials.

Handover to Green Karma Sena: Following the cleaning drive, the collected plastic waste was handed over to Green Karma Sena for proper disposal and recycling. This step ensures that the plastic is managed responsibly, reducing its negative impact on the environment.



Conclusion:

The Plastic Free Campus project marks a significant milestone in K K T M Govt. college's commitment to sustainability and environmental stewardship. By eliminating plastic usage and promoting eco-friendly practices, the institution sets an example for its students, staff, and the community at large. Moving forward, ongoing efforts will be made to maintain a plastic-free environment and explore additional initiatives to further reduce the campus's ecological footprint.

"Remember the Writers" Literary Program

Reading Week, 01:07:23

Organizers: NSS units of K K T M Government College and Pullut A K Ayyappan C V Sukumaran Library



Keynote Speaker: Shany N S

Overview:

The literary program titled "Remember the Writers" was organized on the occasion of Reading Week, under the collaborative efforts of the NSS units of KKT M Government College and Pullut A K Ayyappan C V Sukumaran memorial Library. The event aimed to honour and remember the contributions of notable writers and literary figures, highlighting their impact on society and culture.

Keynote Address:

Shany N S delivered the keynote address, captivating the audience with insights into the lives and works of prominent writers. With eloquence and passion, Shany N S underscored the importance of literature in shaping perspectives and fostering empathy. The keynote address set a thoughtful tone for the rest of the program, inspiring attendees to reflect on the power of words and storytelling.



Program Highlights:

Jamila Teacher and Rohini Teacher, along with Program Officer Hallellu Rehuman, shared their perspectives on the significance of commemorating writers. They emphasized the role of literature in fostering critical thinking and cultural appreciation.

Tributes and Remembrances: Attendees had the opportunity to pay homage to their favourite writers and literary figures, sharing anecdotes and reflections on how their works have influenced them personally and professionally.

Interactive Sessions: The program included interactive sessions where participants engaged in discussions about the themes and motifs prevalent in the works of celebrated writers. These sessions encouraged dialogue and intellectual exchange among attendees.

Reading Sessions: Reading excerpts from notable literary works added a dynamic dimension to the event, allowing participants to immerse themselves in the beauty of language and storytelling.

Cultural Performances: To celebrate the diversity of literary traditions, cultural performances showcasing poetry recitations, musical renditions, and dramatic readings were interspersed throughout the program, adding vibrancy and entertainment.

Conclusion:

The "Remember the Writers" literary program was a resounding success, fostering a sense of appreciation for literature and honoring the enduring legacy of writers. Through insightful speeches, interactive sessions, and cultural performances, the event provided a platform for attendees to connect with the rich tapestry of literary heritage. As the program concluded, participants departed with a renewed enthusiasm for reading and a deeper understanding of the transformative power of words.

Digital Poster Designing Competition Raises Awareness Against Drug Addiction

Date: June 26, 2024

Venue: KKTm College

Organizers: NSS Units of KKTm College and Azad Sena



Introduction:

On June 26, 2024, in commemoration of International Anti-Drug Day, the NSS units of KKTm College, in collaboration with Azad Sena, organized a digital poster designing competition. The primary aim of this event was to raise awareness about the perils of drug addiction and promote a drug-free lifestyle among the youth.



Objective:

The competition aimed to harness the creative talents of students and community members to design impactful posters that convey the dangers of drug abuse and encourage individuals to say no to drugs. By leveraging digital platforms, the organizers sought to reach a wider audience and instigate meaningful discussions on the issue.

Event Details:

The competition was open to all students of KKTU College and members of Azad Sena. Participants were required to design a digital poster addressing the theme of drug addiction prevention. They were encouraged to explore various creative elements such as imagery, typography, and messaging to effectively communicate the message.

Judging Criteria:

Relevance to the theme of drug addiction prevention.

Creativity and originality of design.

Clarity of message and effectiveness in conveying the dangers of drug abuse.

Overall visual impact and aesthetic appeal.

Winners and Prizes:

After a rigorous evaluation process, the judges selected the top three posters based on the aforementioned criteria. The winners were announced during a virtual prize distribution ceremony. Prizes included certificates of achievement and tokens of appreciation sponsored by local businesses and organizations committed to the cause of drug addiction prevention.



Impact and Outreach:

The competition garnered significant participation from students and community members, showcasing a collective commitment to combating drug addiction. Through social media campaigns and digital outreach efforts, the posters reached a wide audience, sparking meaningful conversations and encouraging individuals to reevaluate their attitudes towards drug use.



Conclusion:

The digital poster designing competition organized by the NSS units of KKTU College and Azad Sena on International Anti-Drug Day served as a powerful platform to raise awareness about the dangers of drug addiction. By harnessing the creative talents of participants and leveraging digital platforms, the event succeeded in amplifying the message of drug abuse prevention and promoting a healthier, drug-free lifestyle among the youth and the wider community.

Report on **Environment Day Observance** at KKTm College

Date: 5th June 2023

Venue: KKTm College, Pullut

NSS Units: 52 & 158



Introduction:

The NSS units of KKTm College actively participated in the observance of Environment Day on 5th June 2023. The event was marked by various activities aimed at promoting environmental awareness and conservation efforts within the college campus and surrounding areas.

Inauguration of Tree Planting Day:

The event commenced with the inauguration of the tree planting day by the Hon'ble Principal, Dr. Shaji E M, at 10 am. This symbolic gesture underscored the college's commitment to environmental sustainability and the importance of tree plantation in mitigating climate change.

Beautification of Motorpura Walls:

Following the tree planting ceremony, a program was initiated to beautify the walls of the Motorpura near the pond. Pictures bearing the message of Environment Day were artistically displayed under the title 'Chumaril oru Haritapadam,' emphasizing the theme of environmental preservation and harmony with nature.



Ceremony to Honor the Tree Grandmother:

A significant highlight of the event was the ceremony held to honor the 'tree grandmother' near the statue of Kunjikuttan Tampuran. This gesture symbolized reverence for nature and recognition of the vital role played by trees in sustaining life on our planet. The program officers, Halleelu Rahman & Shany N S, led the ceremony, reflecting the collective effort of the NSS units in organizing and executing the event seamlessly.



Conclusion:

The Environment Day observance at KKTM College was a resounding success, thanks to the enthusiastic participation and dedication of students, faculty, and staff. Through tree planting, wall beautification, and honoring the tree grandmother, the college reaffirmed its commitment to environmental stewardship and inspired the community to take proactive steps towards a greener and sustainable future.

Report on Signature Campaign Against Drug Addiction

Date: 16th August 2022

Venue: KKTM Govt. College

Organizers: NSS Units

Introduction:

On 16th August 2022, the NSS units of KKTM Govt. College launched a signature campaign aimed at raising awareness about the perils of drug addiction. The event was organized with the objective of mobilizing support from the

college community to combat the menace of drug abuse and promote a drug-free society.



Campaign Overview:

The signature campaign kicked off with a brief inauguration ceremony, during which the significance of the initiative was highlighted by the faculty advisors and NSS unit leaders. Emphasizing the devastating impact of drug addiction on individuals, families, and communities, the organizers underscored the urgent need for concerted action to address this pressing issue.

Engagement and Participation:

Students, faculty members, and staff enthusiastically participated in the campaign, expressing their solidarity with the cause by signing the pledge banner. The campaign served as a platform for open dialogue and discussions on the root causes of drug abuse, its consequences, and strategies for prevention and intervention.

Awareness Generation:

In addition to collecting signatures, the campaign featured informative posters, pamphlets, and presentations disseminating vital information about the dangers of drug addiction, available support services, and avenues for seeking help. These

educational materials served to empower individuals with knowledge and resources to make informed decisions and seek assistance when needed.



Impact and Outreach:

The signature campaign garnered significant attention and support from the college community, with a large turnout of participants pledging their commitment to reject drugs and promote a healthy lifestyle. The event also received coverage from local media outlets, further amplifying its reach and impact beyond the confines of the college campus.

Conclusion:

The signature campaign against drug addiction organized by the NSS units of KKTU Govt. College was a resounding success, thanks to the active participation and engagement of students, faculty, and staff. By uniting in solidarity against the scourge of drug abuse, the college community reaffirmed its collective resolve to safeguard the well-being and future of individuals and society at large.

Swachhsagar Abhiyan at Poklai Beach

Date: September 17, 2022

Location: Poklai Beach, Mathilakam Panchayat



Introduction:

The Swachhsagar Abhiyan, a cleanliness drive aimed at promoting a clean environment and sustainable waste management, witnessed active participation from around fifty students of KKTMS unit. Held on Saturday, September 17, 2022, the event focused on cleaning activities spanning three kilometers along the Poklai Beach in Mathilakam Panchayat.



Objective:

The primary objective of the Swachhsagar Abhiyan was to raise awareness about the importance of maintaining cleanliness in public spaces, particularly beaches, and to actively engage the youth in environmental conservation efforts.

Activities:

Beach Cleaning: Participants enthusiastically engaged in the cleaning of Poklai Beach, removing litter and debris to restore the natural beauty of the coastline.

Segregation and Disposal: Emphasis was placed on segregating waste into recyclable and non-recyclable categories to ensure proper disposal. Biodegradable waste was composted, while recyclables were collected for recycling facilities.



Awareness Campaign: Concurrent with the cleaning activities, an awareness campaign was conducted to educate beachgoers and local residents about the importance of waste management, recycling, and the adverse effects of littering on marine ecosystems.

Community Engagement: The event fostered community involvement, with volunteers interacting with local residents and businesses to garner support for ongoing cleanliness initiatives.



Impact:

The Swachhsagar Abhiyan at Poklai Beach yielded significant positive outcomes:

Three kilometers of coastline were cleaned, making the beach more inviting for visitors and safeguarding marine life from the dangers of pollution.

Awareness about waste management and environmental conservation was heightened among participants and the local community.

The event served as a catalyst for ongoing efforts to maintain cleanliness and promote eco-friendly practices in Mathilakam Panchayat.

Conclusion:

The Swachhsagar Abhiyan at Poklai Beach exemplified the power of community-driven initiatives in fostering environmental stewardship and promoting sustainable living practices. The active participation of students from KKT MNS unit underscored the importance of youth engagement in addressing environmental challenges. Moving forward, it is imperative to sustain the momentum generated by this event and continue working towards a cleaner, greener future for our coastal ecosystems.

Potichor Distribution Event

Date: September 30, 2022

Event: Potichor Distribution at Daya Agati Mandir and Kodungallur Taluk Hospital

Organizers: Paavankuru Kaithang

Introduction:

On September 30, 2022, Paavankuru Kaithang organized a Potichor distribution event at Daya Agati Mandir and Kodungallur Taluk Hospital. The event aimed to provide relief and comfort to the inmates of these institutions through the distribution of Potichor, a fragrant herbal preparation known for its calming properties during the monsoon season.



Event Details:

The distribution event commenced at 10.00 am and continued until 3.00 pm. Volunteers of N S S Units ,teachers and students, actively participated in

organizing and executing the event. The event was meticulously planned to ensure a smooth and efficient distribution process.

Distribution Process:

The Potichor distribution process was carried out systematically. Volunteers stationed themselves at designated areas within Daya Agati Mandir and Kodungallur Taluk Hospital to distribute Potichor to the inmates. Each inmate received a carefully packaged portion of Potichor, accompanied by instructions on its usage for maximum benefit.

Cooperation and Success:

The success of the Potichor distribution event can be attributed to the remarkable cooperation of both volunteers and beneficiaries. Teachers and students from various educational institutions volunteered their time and efforts to ensure the smooth execution of the event. Their dedication and commitment played a pivotal role in making the program a resounding success.



Conclusion:

In conclusion, the Potichor distribution event on September 30, 2022, was a commendable initiative aimed at providing relief and comfort to the inmates of Daya Agati Mandir and Kodungallur Taluk Hospital. The active participation of teachers and students, along with the efficient execution of the distribution process, contributed to the overall success of the program. Such initiatives

highlight the importance of community involvement and collective efforts in addressing the needs of vulnerable populations.

Successful Anti-Drug Poster Designing Competition Raises Awareness Among College Students

Date: October 28, 2022

Introduction:

On October 28, 2022, an engaging and thought-provoking Anti-Drug Poster Designing Competition was held at K K T M Govt.College . The event aimed to raise awareness among students about the dangers of drug abuse and encourage them to express their creativity in advocating for a drug-free lifestyle. Students from various departments enthusiastically participated, showcasing their artistic talents and commitment to promoting a healthy and drug-free community.



Event Highlights:

The competition attracted a significant number of participants from diverse academic backgrounds, highlighting the widespread concern about drug abuse

among college students. The event commenced with an opening address by Shany N S, the programme officer of the N S S Unit, who emphasized the importance of staying away from drugs and the role of art in conveying powerful messages.

Competition Judging:

A panel of esteemed judges, including faculty members and external experts in the field of art and psychology, evaluated the posters based on creativity, originality, clarity of message, and overall impact. Each poster was scrutinized meticulously, considering its visual appeal and effectiveness in conveying the anti-drug message.



Winners Announcement:

After careful deliberation, the winners were announced amidst much anticipation and applause. The top three entries were awarded prizes, including certificates of recognition and tokens of appreciation. Additionally, honorable mentions were given to commendable submissions that demonstrated exceptional effort and creativity.

Impact and Awareness:

The competition served as a platform for students to express their concerns about drug abuse through art. The powerful messages depicted in the posters resonated with the audience, sparking meaningful conversations about the detrimental effects of drugs on individuals and society. Moreover, the event fostered a sense

of camaraderie and unity among students, as they collectively advocated for a drug-free lifestyle.



Conclusion:

In conclusion, the Anti-Drug Poster Designing Competition at K K T M Govt. college was a resounding success, thanks to the enthusiastic participation of students and the dedicated efforts of the organizing committee. By harnessing the power of art, the event effectively raised awareness about the perils of drug abuse and inspired individuals to take a stand against this pressing issue. It is hoped that the messages conveyed through the posters will continue to resonate with the college community and contribute to a healthier and drug-free environment.

One-Day Seminar Introducing Nehru Yuva Kendra

Date: 31st October 2022

Organizer: Nehru Yuva Kendra (NYK)

Introduction:

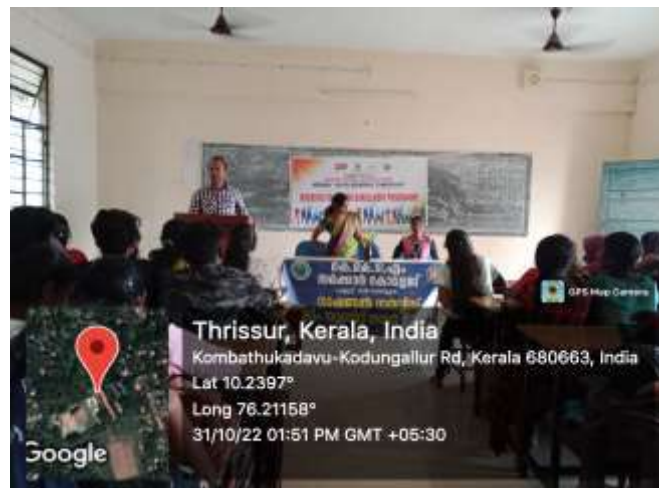
On the 31st of October 2022, a significant one-day seminar was organized by Nehru Yuva Kendra (NYK) with the primary objective of introducing the

organization and preparing a team of children interested in volunteering. The event was led by the esteemed District Youth Officer, Binsi C., and witnessed enthusiastic participation from various schools and youth organizations within the district.



Seminar Proceedings:

The seminar commenced with an opening address by District Youth Officer Binsi C., who highlighted the importance of youth engagement and community service in fostering societal development. Binsi C. provided an overview of the Nehru Yuva Kendra's mission, emphasizing its role in empowering young individuals to become active contributors to nation-building.



Following the introductory remarks, a series of interactive sessions were conducted to familiarize the attendees with the various initiatives and programs offered by Nehru Yuva Kendra. These sessions covered topics such as:

Objectives of Nehru Yuva Kendra: An in-depth discussion on the organization's objectives, including promoting national integration, social harmony, and community development through youth engagement.

Volunteering Opportunities: Information on the diverse volunteering opportunities available for youth across different sectors such as healthcare, education, environmental conservation, and rural development.



Skill Development Programs: An overview of skill development programs offered by NYK aimed at enhancing the employability and entrepreneurial capabilities of young individuals.

Leadership and Team Building: Workshops focused on fostering leadership skills and teamwork among the youth, equipping them with the necessary tools to drive positive change in their communities.

Success Stories: Inspirational stories of past volunteers and beneficiaries of NYK programs, showcasing the tangible impact of youth-led initiatives in bringing about meaningful change.

Participant Engagement:

The seminar saw active participation from students, teachers, and youth leaders representing various schools and organizations across the district. Attendees eagerly engaged in discussions, asked pertinent questions, and expressed their keen interest in becoming part of the NYK volunteer network.

Conclusion:

In conclusion, the one-day seminar organized by Nehru Yuva Kendra served as a platform for inspiring and mobilizing youth towards community service and nation-building. The event, led by District Youth Officer Binsi C., successfully achieved its objectives of introducing NYK and preparing a motivated team of young volunteers poised to make a positive impact in society.

Acknowledgments:

We extend our heartfelt gratitude to District Youth Officer Binsi C. for her invaluable leadership and guidance throughout the seminar. Additionally, we thank all participants, volunteers, and organizing committee members for their enthusiastic support and contributions towards making the event a resounding success.



Future Endeavors:

As we look towards the future, Nehru Yuva Kendra remains committed to nurturing the spirit of volunteerism and youth empowerment. We encourage all

interested individuals to join us in our mission to create a brighter and more inclusive tomorrow.

Successful Anti-Drug Campaign "Changalatheerkam Against Drug Addiction" Launched in Kodungallur

Date: November 1, 2023

Location: Kodungallur Vadakke Nata, Kerala



Introduction:

On November 1, 2023, coinciding with Kerala's birthday, a significant anti-drug campaign titled "Changalatheerkam Against Drug Addiction" was launched in collaboration with the Kodungallur Municipal Corporation. The campaign aimed to raise awareness about the perils of drug addiction and to foster a community-wide commitment to combat substance abuse.



Inauguration:

The campaign's inauguration ceremony was held at three o'clock in the evening at Kodungallur Vadakke Nata. Mrs. Shinija AU, President of the Kodungallur Municipal Corporation, presided over the event and officially inaugurated the anti-drug chain. Her presence and involvement underscored the municipality's strong commitment to addressing the issue of drug addiction within the community.

Participants:

The event drew participation from various segments of society, including local residents, school students, and municipal employees. Their collective involvement demonstrated a unified front against the scourge of drug abuse. The diverse representation highlighted the broad-based support for the campaign and underscored the shared responsibility of all stakeholders in combating substance abuse.



Activities:

Throughout the event, various activities were organized to engage participants and disseminate information about the harmful effects of drug addiction. These activities included educational sessions, interactive workshops, and awareness-raising presentations. Additionally, informational materials, such as pamphlets and posters, were distributed to further reinforce key messages and encourage ongoing dialogue within the community.

Impact:

The launch of the "Changalatheerkam Against Drug Addiction" campaign marked a significant milestone in the ongoing efforts to address substance abuse in Kodungallur. By bringing together stakeholders from across the community, the campaign generated momentum for continued action and fostered a sense of collective responsibility for combating drug addiction. Moreover, the event served as a catalyst for broader awareness and advocacy initiatives aimed at promoting drug-free lifestyles and supporting individuals affected by addiction.

Conclusion:

In conclusion, the successful launch of the anti-drug campaign in Kodungallur represents a critical step forward in the fight against substance abuse. By mobilizing community resources and raising awareness about the dangers of drug addiction, the campaign has laid the groundwork for sustained action and collaboration in addressing this pressing public health issue. Moving forward, it is essential to build on this momentum and continue working towards creating a safer and healthier environment for all residents of Kodungallur.

Campus Cleaning Drive Organized by KKTm Govt. College N S S Units

KKTM Govt. college organized a campus cleaning drive involving newly enrolled first year students in the NSS unit. The students sorted the waste collected from different parts of the campus and handed over the plastic waste to Green Karma Sena. The event was organized on 17/11/2022.

Introduction:

On the 17th of November 2022, KKTM Government College organized a campus cleaning drive as part of its commitment to environmental sustainability and community engagement. The initiative was led by the National Service Scheme (NSS) unit of the college and involved newly enrolled first-year students.



Objective:

The primary objective of the campus cleaning drive was to foster a sense of responsibility towards the environment among students and promote cleanliness and hygiene on the college campus.



Activities:

Waste Collection:

Students, under the guidance of NSS volunteers, actively participated in collecting waste from different parts of the campus. The collected waste included plastic waste, paper waste, and organic waste.

Sorting:

After the waste collection, the students diligently sorted the waste into different categories to facilitate proper disposal and recycling. Emphasis was placed on segregating plastic waste from other types of waste due to its harmful impact on the environment.



Disposal of Plastic Waste:

The plastic waste collected during the drive was handed over to Green Karma Sena, an environmental organization dedicated to promoting sustainable waste management practices. This step was crucial in ensuring the proper disposal and recycling of plastic waste to minimize its environmental footprint.

Awareness and Education:

Throughout the cleaning drive, students were provided with educational sessions and awareness campaigns highlighting the importance of waste management, recycling, and the detrimental effects of plastic pollution on the environment and wildlife.

Impact:

The campus cleaning drive had several positive impacts, including:

Promoting a cleaner and healthier campus environment.

Instilling a sense of environmental responsibility and civic duty among students.

Fostering collaboration and teamwork among students and NSS volunteers.

Contributing to the reduction of plastic pollution and promoting sustainable waste management practices.

Conclusion:

The campus cleaning drive organized by KKT M Government College was a resounding success, thanks to the active participation and dedication of the students and NSS volunteers. The event not only contributed to the cleanliness of the campus but also served as a valuable educational opportunity to raise awareness about environmental issues and the importance of collective action in addressing them. Such initiatives reflect the college's commitment to environmental sustainability and community engagement.

Recommendations:

To build on the success of this event, it is recommended that similar campus cleaning drives be organized regularly, with continued emphasis on waste management education and community involvement. Additionally, the college could explore partnerships with local authorities and environmental organizations to implement long-term sustainable waste management solutions on campus.

Orientation Program for First-Year NSS Volunteers

Orientation programs were organized for the first year NSS volunteers of the K K T M Government College, Pullut. Classes and discussions were held on various aspects related to NSS such as NSS clap, song, structure, aim, history and mission. T college. Classes and discussions were held on various aspects related to NSS such as NSS clap, song, structure, aim, history and mission.



Introduction:

The orientation program for first-year NSS volunteers of K K T M Government College, Pullut, was conducted with the aim of familiarizing the newcomers with the National Service Scheme (NSS) and its various aspects. The program included classes and discussions covering essential topics related to NSS.



Activities and Discussions:

NSS Clap and Song: The session commenced with an introduction to the NSS clap, followed by a rendition of the NSS song. Volunteers were encouraged to participate actively, fostering a sense of unity and enthusiasm among them.

Structure of NSS: A detailed overview of the organizational structure of NSS was provided, outlining the roles and responsibilities of various entities within the scheme. This segment aimed to clarify the hierarchical framework and operational dynamics of NSS.



Aim and Mission: Participants were briefed on the primary objectives and mission of NSS, emphasizing its role in community service, social development, and nation-building. Discussions highlighted the significance of active involvement in NSS activities to achieve these goals.

History of NSS: An informative session delved into the rich history of NSS, tracing its origins, evolution, and contributions over the years. Volunteers gained insights into the ideological underpinnings and historical context that shaped the formation of NSS.



Interactive Discussions: Throughout the program, interactive discussions were encouraged, allowing volunteers to raise questions, share experiences, and exchange ideas. This interactive format facilitated a deeper understanding of NSS principles and encouraged active participation.

Conclusion:

The orientation program proved to be an enriching experience for the first-year NSS volunteers of K K T M Government College, Pullut. By providing comprehensive insights into various aspects of NSS, the program successfully laid the foundation for their active involvement and meaningful participation in NSS activities. It is hoped that the knowledge and enthusiasm gained during the orientation will inspire volunteers to contribute positively to society through their NSS endeavors.

Anti-AIDS Pledge and Discussion on Dowry System

Anti-AIDS pledge and group discussion on dowry system organized in collaboration with Department of Women and Child Development and NSS. The program was on 01/12/2022

Organizers: Department of Women and Child Development and NSS (National Service Scheme)



Introduction:

On January 12, 2022, a collaborative effort between the Department of Women and Child Development and NSS took place at [Insert Venue Name/Location]. The program aimed to address two critical societal issues: the prevention of AIDS and the eradication of the dowry system. Both topics were approached through interactive sessions, presentations, and group discussions.

Anti-AIDS Pledge:

The event commenced with an emphasis on raising awareness about AIDS and the importance of prevention. Participants were educated about the transmission, prevention, and stigma associated with AIDS. A compelling presentation highlighted the significance of safe practices, including the use of condoms and regular testing. Following the presentation, attendees were invited to take an anti-

AIDS pledge, affirming their commitment to spreading awareness, practicing safe behaviors, and supporting those affected by the disease.



Discussion on Dowry System:

Following the anti-AIDS pledge, the focus shifted to the dowry system, a deep-rooted social issue prevalent in many communities. An expert speaker provided insights into the historical context, implications, and consequences of dowry. Through real-life examples and case studies, attendees gained a deeper understanding of the detrimental effects of dowry on individuals and families. The session encouraged open dialogue, allowing participants to share their perspectives, experiences, and concerns regarding dowry-related practices.



Thrissur, Kerala, India
KKTU College Rd, Kerala 680663, India
Lat 10.239437°
Long 76.211836°
01/12/22 12:08 PM GMT +05:30

Group Discussions:

Interactive group discussions were organized to facilitate deeper engagement and exchange of ideas among participants. Small groups were formed, each tasked with brainstorming solutions and strategies to combat AIDS and eliminate the dowry system. Moderators guided the discussions, ensuring that every voice was heard and diverse viewpoints were considered. Participants actively participated, offering innovative ideas and actionable steps to address these societal challenges.



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680663, India
Lat 10.239874°
Long 76.215864°
01/12/22 12:00 PM GMT +05:30

Key Outcomes:

Increased awareness about AIDS transmission, prevention, and stigma.

Commitment from participants to promote safe practices and support individuals affected by AIDS.

Heightened understanding of the negative impacts of the dowry system on society and families.

Exploration of potential solutions and strategies to eradicate the dowry system and empower affected individuals.

Strengthened collaboration between the Department of Women and Child Development, NSS, and the community in addressing pressing social issues.

Conclusion:

The Anti-AIDS Pledge and Discussion on Dowry System event served as a platform for education, reflection, and action. By bringing together stakeholders from various backgrounds, the program fostered dialogue, awareness, and commitment to positive societal change. Moving forward, it is essential to build on the momentum generated by this event and continue working collaboratively to create a more inclusive, equitable, and healthier society.

Orange the World Campaign Report

Under the leadership of Women and Child Development Department and NSS, the program of Orange the World Campaign was held at KKTM College. Kodungallur MLA Mr. Sunil Kumar inaugurated the program. The program was held on 14/12/2022.



Organizers: Women and Child Development Department in collaboration with the National Service Scheme (NSS)

Inaugurator: Mr. Sunil Kumar, MLA Kodungallur



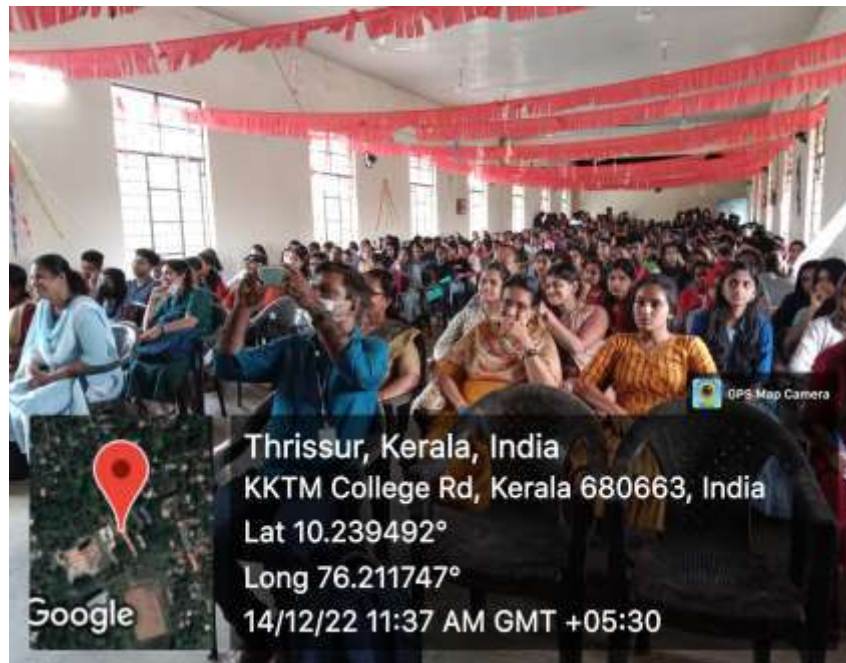
Introduction:

The Orange the World Campaign, organized by the Women and Child Development Department and NSS, took place at KKTm College on the 14th of December 2022. This campaign, which is part of the global movement to end violence against women and girls, aims to raise awareness and advocate for action to eliminate this pervasive issue from our communities.

Inauguration:

The program commenced with the inaugural ceremony graced by Mr. Sunil Kumar, the esteemed MLA of Kodungallur. His presence lent credence to the

significance of the campaign and underscored the commitment of the government towards addressing gender-based violence.



Activities:

Awareness Sessions:

Various awareness sessions were conducted throughout the day, covering topics such as the importance of gender equality, recognizing signs of abuse, and ways to seek help.

Workshops and Discussions:

Interactive workshops and panel discussions provided a platform for participants to engage in meaningful dialogue, share experiences, and brainstorm solutions to combat violence against women and children.

Campaign Materials Distribution:

Pamphlets, posters, and other informational materials were distributed to attendees, ensuring that the message of the campaign reached a wider audience beyond the event.

Artistic Performances:

Cultural performances, including plays, songs, and dance, were incorporated into the program to creatively convey the campaign's message and evoke emotional responses from the audience.

Testimonials and Survivor Stories:

Heartfelt testimonials and survivor stories were shared, shedding light on the harsh realities faced by victims of gender-based violence and inspiring others to take a stand against it.



Impact and Outcomes:

The Orange the World Campaign at KKTm College succeeded in galvanizing support for the cause and fostering a sense of solidarity among participants. By bringing together students, faculty members, community leaders, and government representatives, the event served as a catalyst for collective action towards creating safer and more inclusive environments for women and children.

Conclusion:

In conclusion, the Orange the World Campaign held at KKTm College was a resounding success, thanks to the concerted efforts of the Women and Child Development Department, NSS, and all the stakeholders involved. As we continue to strive for gender equality and the eradication of violence against women and girls, let us carry forward the momentum generated by this event and work towards building a more just and equitable society for all.

NSS Volunteer Sneha Subhash Wins First Place in District Level Essay Competition

NSS Volunteer Sneha Subhash (second year Botany student) participated in the District Level Essay Competition conducted by Thrissur Pain and Palliative Care Unit on the occasion of its Silver Jubilee and won first place.



Introduction:

The Thrissur Pain and Palliative Care Unit celebrated its Silver Jubilee by organizing a District Level Essay Competition, inviting participants from various educational institutions. Among the contenders was Sneha Subhash, a dedicated second-year Botany student and active NSS volunteer. Her participation not only showcased her academic prowess but also her commitment to social causes.



Event Overview:

The competition, held in honor of the unit's 25th anniversary, aimed to raise awareness about pain management and palliative care. Participants were tasked

with crafting essays that delved into the importance of these services in today's society, highlighting the challenges and solutions in providing compassionate care to those in need.

Sneha Subhash's Achievement:

Amidst stiff competition, Sneha Subhash's essay stood out for its depth of insight and eloquence. Her essay eloquently captured the essence of pain management and palliative care, shedding light on the significance of empathy and support for patients facing terminal illnesses. Drawing from her academic background in Botany, Sneha incorporated scientific perspectives on holistic healing, emphasizing the symbiotic relationship between physical and emotional well-being.

Impressions from Judges:

The panel of judges commended Sneha for her meticulous research, compelling narrative, and poignant reflections. They noted her ability to articulate complex ideas with clarity and empathy, demonstrating a deep understanding of the subject matter. Sneha's essay resonated with the judges, who were moved by her compassionate approach and advocacy for dignified end-of-life care.

Impact and Recognition:

Sneha's victory not only earned her accolades but also brought recognition to her institution and the NSS program. Her achievement serves as a testament to the caliber of students nurtured by her university and highlights the importance of extracurricular activities in fostering well-rounded individuals. Furthermore, Sneha's essay has the potential to inspire meaningful dialogue and action in the realm of palliative care, advocating for greater resources and support for patients and caregivers alike.

Conclusion:

In winning the first place in the District Level Essay Competition organized by the Thrissur Pain and Palliative Care Unit, Sneha Subhash has not only distinguished herself as a talented writer but also as a compassionate advocate for those in need. Her achievement underscores the vital role of youth engagement

in addressing societal challenges and promoting empathy-driven solutions. As Sneha continues her academic journey and community service endeavors, her commitment to making a positive difference serves as a beacon of hope and inspiration for generations to come.

Yuva Utsav

Volunteers of K K T M N S S Units participated in the Youth Utsav organized by Nehru Yuva Kendra, Thrissur. The cultural festival was held on 15/09/2022. In the competition Yuva Samwad, MA history student Ameena won first place.



The Youth Utsav organized by Nehru Yuva Kendra Thrissur brought together enthusiastic participants from various institutions, including the KKT M NSS Unit. The cultural festival aimed to celebrate the vibrancy and talent of the youth, providing them with a platform to showcase their skills and creativity.



Highlights:

One of the notable competitions held during the event was the Yuva Samwad, where participants engaged in meaningful dialogues on various topics. Among the participants, Ameena, a diligent MA history student, showcased exceptional eloquence and depth of knowledge, ultimately securing the first place.

Achievement:

Ameena's victory in the Yuva Samwad competition not only reflects her individual talent but also highlights the academic prowess and speaking skills nurtured within the KKTMM NSS Unit. Her achievement serves as an inspiration to her peers and underscores the importance of active participation in extracurricular activities.

Implications:

Participation in events like the Youth Utsav fosters a sense of camaraderie, instills confidence, and promotes holistic development among the youth. It provides them with valuable opportunities to hone their talents, interact with diverse individuals, and contribute positively to society.

Conclusion:

The Youth Utsav organized by Nehru Yuva Kendra Thrissur was a resounding success, thanks to the enthusiastic participation of institutions like the KKTMM NSS Unit. Ameena's victory in the Yuva Samwad competition exemplifies the talent and potential present within the youth, reaffirming their role as the driving

force behind positive change in society. Such events play a crucial role in shaping the leaders of tomorrow and promoting a culture of excellence and inclusivity.

Anti-Drug Quiz

Under the leadership of NSS units of KKTm Government College, Anti-Drug Quiz - 'Bodhyam 2022' was organized for the students of various departments of the college. The team consisting of Gopika and Abhishek of BSC Maths won the first position. Saravankumar and Lamiya Parveen, students of History Department, won the second position.



Under the auspices of the NSS units of KKTm Government College, the much-awaited Anti-Drug Quiz, titled 'Bodhyam 2022', was successfully organized for students across various departments of the college. The event aimed to raise awareness about the detrimental effects of drug abuse and promote a drug-free campus environment.

The competition witnessed enthusiastic participation from students representing different academic disciplines. Teams engaged in a series of challenging rounds, testing their knowledge and understanding of drug-related issues, prevention strategies, and the importance of leading a healthy lifestyle.

After a closely contested battle of wits, the team comprising Gopika and Abhishek, both students of BSC Mathematics, emerged triumphant, clinching the coveted first position. Their comprehensive grasp of the subject matter, coupled with quick thinking and effective teamwork, set them apart as deserving winners.

Securing the second position was the formidable duo of Saravankumar and Lamiya Parveen, hailing from the History Department. Their commendable performance reflected a deep commitment to the cause and a commendable effort to contribute positively to the college's anti-drug initiatives.

The success of 'Bodhyam 2022' underscores the collective determination of the college community to combat the scourge of drug abuse. By fostering a culture of education, awareness, and proactive intervention, the event has reinforced the college's stance against substance misuse and its commitment to promoting student well-being.

The organizing committee extends its heartfelt appreciation to all participants, faculty mentors, and volunteers whose dedicated efforts contributed to the event's success. Moving forward, KKTM Government College remains steadfast in its mission to create a safe and supportive environment conducive to the holistic development of its students.

As we celebrate the achievements of 'Bodhyam 2022', let us reaffirm our pledge to stand united against the menace of drug abuse, empowering each member of our college community to make informed choices and lead fulfilling lives.

Disaster Management

District Disaster Management Authority organized World Drowning Prevention Day on 25/07/22 at Ayanthol District Planning Office Conference Hall and 8 children participated on behalf of KKTM NSS Unit.

World Drowning Prevention Day Event

Date: July 25, 2022

Location: Ayanthol District Planning Office Conference Hall

Organizer: District Disaster Management Authority



Participants:

8 volunteers from KKTm NSS Unit

Objective:

The event aimed to raise awareness about drowning prevention and educate the community, especially children, about water safety measures.



Event Overview:

The District Disaster Management Authority organized the World Drowning Prevention Day event on July 25, 2022, at the Ayanthol District Planning Office Conference Hall. The event brought together various stakeholders, including government officials, educators, community leaders, and students, to address the critical issue of drowning prevention.

Activities:

Awareness Sessions: Expert speakers delivered informative sessions on drowning statistics, risk factors, and preventive measures. They emphasized the importance of supervision, swimming lessons, and safety equipment such as life jackets.

Interactive Workshops: Engaging workshops were conducted to teach essential water safety skills, including basic swimming techniques, rescue procedures, and CPR.

Demonstrations: Live demonstrations showcased proper techniques for administering CPR and using life-saving equipment, providing attendees with practical knowledge they could apply in emergency situations.

Panel Discussion: A panel of experts led a discussion on strategies for improving water safety at community levels, highlighting the role of local authorities, educational institutions, and grassroots organizations.

Awareness Campaign: Posters, pamphlets, and educational materials were distributed to raise awareness about drowning prevention and promote safe practices among the population.

Participation of KKTM NSS Unit:

Eight enthusiastic children from the KKTM NSS Unit actively participated in the event. They engaged in all activities with enthusiasm, demonstrating their commitment to promoting water safety within their community.

Outcomes:

Increased Awareness: The event succeeded in raising awareness about the risks of drowning and the importance of preventive measures among participants.

Skill Development: Attendees, including the children from KKTM NSS Unit, acquired valuable water safety skills and knowledge, empowering them to take proactive measures to prevent drowning incidents.

Community Engagement: The event fostered collaboration among stakeholders and encouraged community members to work together to implement effective drowning prevention strategies.

Sustainable Impact: The dissemination of educational materials and the exchange of ideas during the event are expected to have a lasting impact on water safety practices in the community.

Conclusion:

The World Drowning Prevention Day event organized by the District Disaster Management Authority served as a significant step towards creating a safer environment for all community members, especially children, around water bodies. By raising awareness, imparting essential skills, and fostering collaboration, the event contributed to the ongoing efforts to prevent drowning incidents and save lives.

Campus Cleaning Program at KKTm Government College on Gandhi Jayanti

Date: October 2nd, 2024

Objective:

The campus cleaning program at KKTm Government College was conducted on the occasion of Gandhi Jayanti with the aim of making the college premises plastic-free and garbage-free. This initiative was undertaken to honor the principles of Mahatma Gandhi and to instill a sense of environmental responsibility among the students and staff.



Organizers:

The event was organized under the leadership of the NSS (National Service Scheme) units of KKTM Government College. The NSS units played a pivotal role in planning and executing the program. Additionally, the support and collaboration of SEEDS, an alumni organization, greatly contributed to the success of the event.



Activities:

The campus cleaning program comprised various activities aimed at achieving the objective of making the college premises free from plastic waste and garbage. These activities included:

Clean-up Drive: Students, faculty members, and volunteers actively participated in a clean-up drive across the campus. They collected plastic waste, litter, and other forms of garbage from various areas within the college premises.



Segregation and Disposal: The collected waste was segregated into different categories such as plastic, paper, organic waste, etc. Proper disposal methods were employed to ensure that recyclable waste was sent for recycling, while non-recyclable waste was disposed of responsibly.

Awareness Campaign: Concurrently with the clean-up activities, an awareness campaign was conducted to educate the college community about the harmful effects of plastic pollution and the importance of waste management. Posters, banners, and interactive sessions were used to disseminate information and encourage behavioural change.

Tree Plantation: As a part of the broader environmental conservation efforts, a tree plantation drive was organized during the event. Saplings were planted in designated areas of the campus to enhance greenery and promote biodiversity.

Participation and Impact:

The campus cleaning program witnessed enthusiastic participation from students, faculty members, and staff alike. Their collective efforts resulted in a significant reduction in plastic waste and garbage across the college premises. Furthermore, the event served as a platform to foster a sense of community and environmental stewardship among the participants.

Conclusion:

In conclusion, the campus cleaning program at KKTMM Government College, conducted on Gandhi Jayanti, was a resounding success. Through collaborative efforts and community engagement, the college took a significant step towards creating a cleaner and more sustainable environment. This initiative exemplifies the commitment of the college towards the ideals of Mahatma Gandhi and underscores the importance of collective action in addressing environmental challenges.

Recommendations:

To sustain the momentum generated by the event, it is recommended to organize regular clean-up drives and awareness campaigns on campus. Additionally, efforts should be made to implement eco-friendly practices and policies within the college premises to further reduce plastic waste and promote environmental conservation. Continued collaboration with alumni organizations and other stakeholders will also be instrumental in achieving long-term success in this endeavor.

Women Empowerment Seminar

Under the leadership of Taluk Legal Service Committee Kodungallur and KKTMM NSS Unit, women empowerment seminar was conducted in audio visual room. The event was held on 19/08/2022. Subjudge Mr. Manjith T inaugurated the event. College Principal Dr. Nesi EA presided. Advocate Noor Jahan conducted the class on Women and Legal Awareness.



Date: 19th August 2022

Organizers:

Taluk Legal Service Committee, Kodungallur

KKTMM NSS Unit

Inauguration:

The Women Empowerment Seminar, organized jointly by the Taluk Legal Service Committee, Kodungallur, and the KKTMM NSS Unit, commenced on 19th August 2022, with an inaugural ceremony graced by Subjudge Mr. Manjith T. His

presence marked the beginning of an insightful and empowering event aimed at fostering awareness and advocating for the rights of women in society.

Dr. Nesi EA, the esteemed Principal of the college, presided over the event. Her leadership and commitment to the cause of women's empowerment set a tone of importance and urgency for the discussions that followed.

Keynote Speaker:

Advocate Noor Jahan, a renowned legal expert, conducted a comprehensive session on "Women and Legal Awareness." Her expertise in the field of law, coupled with her passion for social justice, provided attendees with invaluable insights into the legal frameworks surrounding women's rights and avenues for seeking recourse in cases of injustice or discrimination.

Seminar Overview:

The seminar served as a platform for participants to engage in meaningful discussions, exchange ideas, and deepen their understanding of issues pertaining to women's empowerment. Through a series of presentations, interactive sessions, and case studies, attendees were equipped with knowledge and resources to advocate for gender equality and address challenges faced by women in various spheres of life.



Topics Covered:

Legal Rights of Women: Advocate Noor Jahan elucidated on the legal rights enshrined in the constitution and relevant legislations, empowering women to assert their rights and seek justice in cases of violation.

Gender-based Violence: The seminar shed light on the prevalence of gender-based violence and strategies for prevention, intervention, and support for survivors.

Economic Empowerment: Discussions centered on economic empowerment initiatives aimed at enhancing women's financial independence and socio-economic well-being.



Education and Skill Development: The importance of education and skill development in enabling women to realize their full potential and contribute meaningfully to society was emphasized.



Conclusion:

The Women Empowerment Seminar, under the able leadership of the Taluk Legal Service Committee, Kodungallur, and the KKTM NSS Unit, concluded on a note

of optimism and determination. Participants left the event with a renewed sense of purpose and commitment to advancing the cause of women's empowerment in their communities. The collaborative efforts of all stakeholders underscored the importance of collective action in effecting meaningful change and building a more inclusive and equitable society.

India@75 Poster Designing Competition

In connection with the India@75 programme, a poster designing competition was conducted under the leadership of NSS units of KKTU Government College. Riz Wana, a second year BA history student, bagged the first position and Abhishek K S, a mathematics student, bagged the second position.

Introduction:

The India@75 programme aims to celebrate the 75th anniversary of India's independence by engaging citizens in various activities and initiatives to promote the spirit of patriotism, unity, and progress. As part of this initiative, a poster designing competition was organized by the NSS units of KKTU Government College.

Objective:

The objective of the competition was to encourage students to creatively express their vision and ideas for India@75 through visually appealing posters. It aimed to foster a sense of pride and enthusiasm among the youth towards contributing to the nation's development and progress.

Participants:

Students from various disciplines and academic backgrounds enthusiastically participated in the competition. Among them, Riz Wana, a second-year BA History student, and Abhishek KS, a Mathematics student, emerged as the top contenders, showcasing their talent and creativity.

Competition Process:

The competition was conducted over a specified period, allowing participants to unleash their creativity and design posters reflecting the theme of India@75. Each participant was required to submit their entry within the given timeframe, adhering to the guidelines provided by the organizers.

Judging Criteria:

The entries were evaluated based on criteria such as creativity, relevance to the theme, visual impact, and overall presentation. A panel of judges comprising faculty members and experts in design and communication assessed the submissions to determine the winners.

Winners:

Riz Wana (First Position): Riz Wana, a talented second-year BA History student, secured the first position with her captivating poster design. Her artwork effectively conveyed the essence of India@75, highlighting the nation's journey towards progress and unity.

Abhishek K S (Second Position): Abhishek K S, a Mathematics student, clinched the second position with his innovative poster design. His artwork showcased a unique perspective on India's achievements and aspirations as it approaches its 75th year of independence.

Conclusion:

The poster designing competition conducted under the India@75 programme was a resounding success, attracting enthusiastic participation from students across disciplines. The creative expressions and artistic talent showcased by the participants underscored their commitment to contributing to the nation's growth and prosperity. Such initiatives play a crucial role in fostering a sense of national pride and unity among the youth, empowering them to become agents of positive change in society.

Training Program by Team Kerala

Ten volunteers from KKTm and NSS units participated in the training program of Team Kerala organized under the leadership of Kerala State Youth Welfare Board. The training was held at the Thrissur Police Academy on August 27 and 28, 2022.

Introduction:

Under the auspices of the Kerala State Youth Welfare Board, a comprehensive training program was organized by Team Kerala, aimed at fostering the skills and abilities of youth from various institutions. This report encapsulates the proceedings and outcomes of the training held on August 27 and 28, 2022, at the Thrissur Police Academy.

Participants:

Ten children, representing both KKTm and NSS units, actively participated in the training program. Their enthusiasm and dedication contributed significantly to the success of the event.

Program Agenda:

The training program encompassed a wide array of activities and workshops designed to enhance the participants' personal and professional development. The agenda included:

Leadership Workshops: Interactive sessions were conducted to instill leadership qualities and effective communication skills among the participants. Through engaging exercises and discussions, attendees gained valuable insights into leadership principles and strategies.

Team Building Activities: Various team-building exercises were organized to promote collaboration, teamwork, and mutual understanding among the participants. These activities fostered a sense of camaraderie and unity among the attendees.

Skill Development Workshops: Specialized workshops were conducted to equip the participants with practical skills relevant to their academic and professional pursuits. Topics such as time management, decision-making, and problem-solving were covered to enhance their overall competency.

Physical Fitness Sessions: Recognizing the importance of physical well-being, fitness sessions were incorporated into the program to promote a healthy lifestyle among the participants. Yoga, aerobics, and other exercises were practiced to rejuvenate both body and mind.

Motivational Talks: Eminent speakers were invited to deliver motivational talks and inspirational messages to empower the youth and ignite their passion for excellence. These sessions served as catalysts for personal growth and self-belief.

Outcomes:

The training program yielded several positive outcomes, including:

Enhanced leadership skills and self-confidence among the participants.

Strengthened teamwork and interpersonal relationships.

Acquisition of practical skills applicable to academic and professional settings.

Improved physical fitness and well-being.

Heightened motivation and enthusiasm for personal and collective growth.

Conclusion:

The training program organized by Team Kerala, in collaboration with the Kerala State Youth Welfare Board, proved to be a resounding success. It provided a platform for youth from diverse backgrounds to come together, learn, and grow. The valuable lessons and experiences gained during the program are expected to have a lasting impact on the lives of the participants, empowering them to excel in their future endeavors.

Cyber Vigilance Day Workshop, Rally, and Screen Time Survey

Sakhi One Stop Center, Thrissur and KKTM NSS Unit organized a one-day workshop, rally and screen time survey on Cyber Vigilance Day on 08/07/2022. Shri Prajith KV, Thrissur Rural Cyber Cell Police Officer, took a class on cyber security

Introduction:

On the 8th of July 2022, Sakhi One Stop Center, in collaboration with KKTM NSS Unit, organized a comprehensive event commemorating Cyber Vigilance Day in Thrissur. The event aimed to raise awareness about cyber security issues and promote safe online practices among the community, particularly focusing on the youth demographic.

Activities Conducted:

Workshop on Cyber Security:

Shri Prajith KV, a distinguished Cyber Cell Police Officer from Thrissur Rural, conducted an informative session on cyber security. The workshop covered various topics including common cyber threats, methods to safeguard personal information online, recognizing phishing attempts, and the importance of using strong passwords and regularly updating security software. Participants were provided with practical tips to enhance their digital safety.

Rally:

A spirited rally was organized through the streets of Thrissur, with participants carrying banners and placards bearing slogans advocating for cyber vigilance and responsible online behavior. The rally aimed to grab the attention of the general public and emphasize the significance of staying alert and proactive in the face of cyber threats.

Screen Time Survey:

As part of the event, a screen time survey was conducted to assess the digital habits and usage patterns of participants, especially focusing on the duration and nature of their online activities. The survey aimed to shed light on the prevalence of excessive screen time among individuals and its potential impact on their overall well-being.

Outcome:

The Cyber Vigilance Day event garnered significant participation from both students and community members alike. Attendees expressed appreciation for the informative workshop conducted by Shri Prajith KV, acknowledging the relevance and importance of the topics discussed. The rally succeeded in spreading awareness among the general public, with bystanders taking notice of the messages advocating for cyber vigilance. The screen time survey provided valuable insights into the digital behaviors of participants, highlighting areas that may require attention and intervention to promote healthier online habits.

Conclusion:

The Cyber Vigilance Day event organized by Sakhi One Stop Center and KKTMM NSS Unit in Thrissur proved to be a meaningful initiative in raising awareness about cyber security issues and fostering a culture of digital responsibility. Through the workshop, rally, and screen time survey, participants gained valuable knowledge and tools to navigate the online world safely and securely. Such events serve as crucial reminders of the importance of remaining vigilant and proactive in safeguarding personal information and digital well-being in today's interconnected world.