

K K T M Government College, Pullut

National service scheme

Unit 52&158

Activity report 2023 - 24



"Remember the Writers" Literary Program

Reading Week, 01/07/23

Organizers: NSS units of K K T M Government College and Pullut A K Ayyappan
& C V Sukumaran Library



The literary program titled "Remember the Writers" was organized on the occasion of Reading Week, under the collaborative efforts of the NSS units of KKTU Government College and Pullut A K Ayyappan C V Sukumaran memorial Library. The event aimed to honour and remember the contributions of notable writers and literary figures, highlighting their impact on society and culture.

Digital Poster Designing Competition for International Anti-Drug Day

Introduction

On the occasion of International Anti-Drug Day, observed on June 26th, 2023, the NSS (National Service Scheme) units of KKTm College, in collaboration with Azad Sena, organized a digital poster designing competition. This event aimed to raise awareness about the dangers of drug addiction and to encourage a drug-free lifestyle among students.

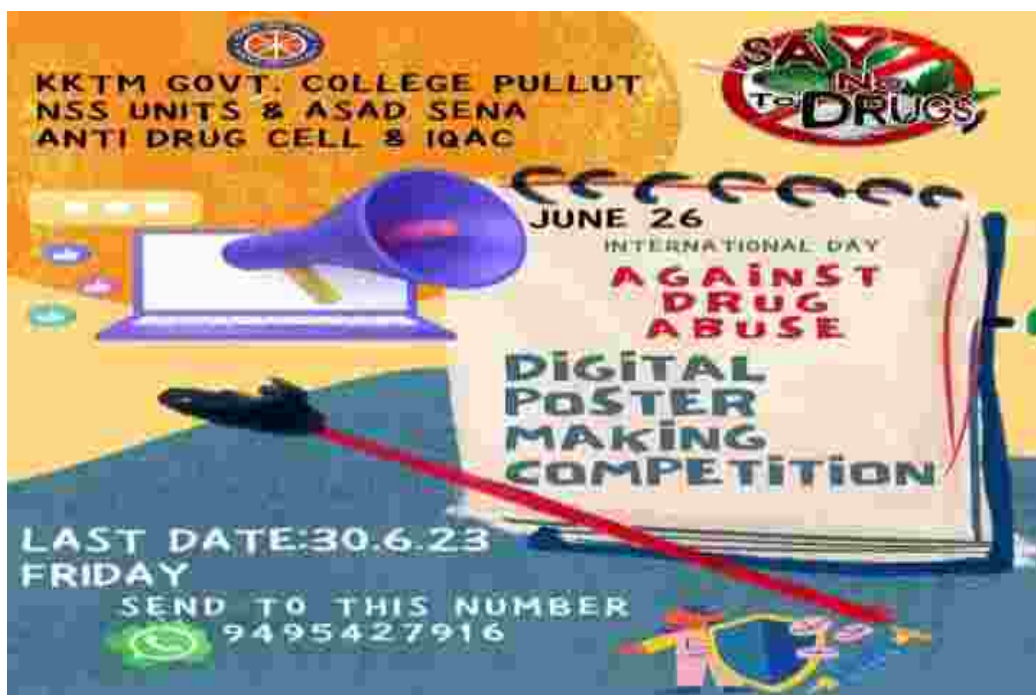
Objectives

The primary objectives of the competition were:

To educate students about the harmful effects of drug abuse.

To engage the student community in creative expression and activism.

To foster a collaborative environment for discussing drug addiction prevention.



Participation

The competition saw enthusiastic participation from students across various disciplines at KKTM College. The event was open to all students, and the response was overwhelming, with numerous entries submitted.

Competition Details

Announcement and Promotion:

The event was announced through various channels including the college's social media platforms, and campus notice boards.

Promotional activities included digital flyers, classroom announcements, and engagement through NSS volunteers.

Submission Guidelines:

Participants were required to create digital posters on the theme of "Awareness Against Drug Addiction."

The posters needed to be original, creative, and effectively convey the message of anti-drug awareness.

Submissions were accepted through an online portal set up by the organizing committee.

Judging Criteria:

Creativity and originality.

Clarity of message.

Visual impact.

Relevance to the theme.

Judging Panel:

A panel of judges comprising faculty members, NSS coordinators, and representatives from Azad Sena evaluated the entries.

Event Highlights

Inaugural Session:

The event was inaugurated by the Principal of KKTm College, who emphasized the importance of collective efforts in combating drug addiction. The NSS Program Officer and a representative from Azad Sena also addressed the gathering, highlighting the role of youth in creating a drug-free society.

Poster Exhibition:

A digital exhibition of the submitted posters was organized, showcasing the creativity and thoughtful messages of the participants. This exhibition was accessible to all students and faculty members through the college's digital platforms.

Prize Distribution Prizes were awarded to the top three entries, with special mentions for notable works.

Conclusion

The digital poster designing competition was a resounding success, achieving its goal of spreading awareness about the perils of drug addiction. The active participation and high-quality submissions from the students of KKTm College underscored their commitment to this important cause. The event also demonstrated the power of creative expression in driving social change and promoting healthy lifestyles.

The NSS units of KKTm College and Azad Sena plan to continue such initiatives in the future, fostering a proactive and informed student community dedicated to fighting drug addiction and other social issues.

Report on Environment Day Observance

Date: 5th June 2023

Venue: KKTm College, Pullut

NSS Units: 52 & 158

Introduction:

The NSS units of KKTm College actively participated in the observance of Environment Day on 5th June 2023. The event was marked by various activities aimed at promoting environmental awareness and conservation efforts within the college campus and surrounding areas.



Inauguration of Tree Planting Day:

The event commenced with the inauguration of the tree planting day by the Hon'ble Principal, Dr. Shaji EM, at 10 am. This symbolic gesture underscored the college's commitment to environmental sustainability and the importance of tree plantation in mitigating climate change.



Beautification of Motorpura Walls:

Following the tree planting ceremony, a program was initiated to beautify the walls of the Motorpura near the pond. Pictures bearing the message of Environment Day were artistically displayed under the title 'Chumaril oru Haritapadham,' emphasizing the theme of environmental preservation and harmony with nature.





Ceremony to Honor the Tree Grandmother:

A significant highlight of the event was the ceremony held to honor the 'tree grandmother' near the statue of Kunjikuttan Tampuran. This gesture symbolized reverence for nature and recognition of the vital role played by trees in sustaining life on our planet. The program officers, Halleelu Rahman & Shani N S, led the ceremony, reflecting the collective effort of the NSS units in organizing and executing the event seamlessly.





Conclusion:

The Environment Day observance at KKTm College was a resounding success, thanks to the enthusiastic participation and dedication of students, faculty, and staff. Through tree planting, wall beautification, and honoring the tree grandmother, the college reaffirmed its commitment to environmental stewardship and inspired the community to take proactive steps towards a greener and sustainable future.

Book Donation Program

The NSS units 52&158 of the K K T M Government College, Pullut conducted a program of giving books to the library. Many books collected by teachers and students were handed over to the A. K AYYAPPAN & C. V. SUKUMARAN library on 13/7/2023



The National Service Scheme (NSS) conducted a book donation program 'Vayana Kilukum' with the aim of enriching the A. K AYYAPPAN & C. V. SUKUMARAN library with a diverse collection of books. The program was a collaborative effort involving both teachers and students who generously contributed books for this noble cause.

The book donation program took place on 13/7/2023 at the A. K AYYAPPAN & C. V. SUKUMARAN library. It was a well-attended event with enthusiastic participation from the NSS volunteers, teachers, and students. The following are the key highlights of the program:

Book Collection: In the weeks leading up to the program, NSS volunteers and students actively collected books from various sources, including personal collections, educational institutions, and local bookstores.

Donation Drive: A donation drive was organized to encourage more contributions. NSS volunteers set up collection points at prominent locations within the community, making it convenient for people to donate books.

Library Handover: On the program day, a team of NSS volunteers, accompanied by teachers and students, gathered at the A. K AYYAPPAN & C.V. SUKUMARAN library to formally hand over the collected books. The library staff warmly received the donations.

Diverse Collection: The donated books covered a wide range of subjects and genres, including literature, science, history, and art. This diverse collection is expected to cater to the reading interests of a broad audience.



Significance of the Program

The NSS book donation program holds great significance for several reasons:

Promotion of Literacy: By enhancing the library's collection, the program contributes to promoting literacy and a culture of reading within the community.

Community Involvement: It fosters a sense of community involvement and solidarity as people came together to support a valuable resource like the library.

Knowledge Dissemination: The expanded library collection will provide access to a wealth of knowledge and information, benefiting students, researchers, and enthusiasts alike.



The NSS book donation program 'Vayana Kilukum' at A. K AYYAPPAN & C. V. SUKUMARAN library was a resounding success, thanks to the generous contributions of books by teachers and students. This initiative not only enriches the library's collection but also emphasizes the importance of education and reading in our community.

Plantation of Biodiversity Garden

The National Service Scheme (NSS) Unit no 52&158 of K K T M Govt. College conducted a Plantation of Biodiversity Garden program at the campus of K K T M Govt. College, Pullut as part of the preparation for the Biodiversity Garden on 4/8/2023. A total of 60 Students actively participated in this program. This report aims to provide a detailed overview of the event and highlight its significance in promoting biodiversity and environmental awareness.



Objective:

The primary objective of the plantation program was to create a biodiverse garden that would serve as an educational resource for students, staff, and visitors. The garden would not only enhance the aesthetic appeal of the campus but also provide a habitat for various flora and fauna, promoting a sustainable ecosystem.

Activities:

1. Planning and Preparation:

- NSS members collaborated with the campus administration to identify a suitable area for the Biodiversity Garden.

- The selected area was examined for soil quality, sunlight exposure, and water accessibility to ensure a favorable environment for planting.

2. Plant Selection:

- Native plant species were chosen, keeping in mind their adaptability to the local ecosystem and their potential to attract diverse wildlife.

- Plant species were carefully selected to create a balanced ecosystem with plants that provide food, shelter, and nesting opportunities for birds, insects, and other animals.

3. Plantation Day:

- The plantation day was scheduled, and all necessary arrangements were made.

- The 60 participating N S S Volunteers were divided into groups and assigned specific tasks, such as digging holes, planting saplings, and watering the plants.

- The NSS volunteers and campus staff provided guidance and assistance throughout the planting process.

- Safety measures, such as providing gloves and tools for the children, were ensured.

4. Educational Sessions:

- Alongside the plantation activities, educational sessions were conducted to raise awareness among the children about biodiversity, conservation, and the importance of plants in maintaining a healthy environment.

- The children were educated about the selected plant species, their ecological significance, and their role in supporting the ecosystem.

- Discussions were held on the importance of protecting and preserving local flora and fauna.



Benefits and Impact:

1. Environmental Impact:

- The plantation of native plant species promotes biodiversity and helps in the conservation of local flora and fauna.
- The Biodiversity Garden will serve as a haven for various birds, butterflies, and insects, contributing to the overall ecological balance.

2. Educational Value:

- The plantation program provided a hands-on learning experience for the participating students, fostering their understanding of environmental issues and the importance of sustainability.
- The Biodiversity Garden would offer future students an interactive and educational resource, encouraging a deeper appreciation for nature and its conservation.



The plantation program organized by the NSS in partnership with the campus administration was a resounding success. The active participation of 60 N S S volunteers in creating the Biodiversity Garden not only added greenery to the campus but also created awareness about the importance of biodiversity and environmental conservation. The planting of native plant species will ensure the sustainability of the garden and its impact on the local ecosystem for years to come.

The collaborative efforts of the N S S and the student's involvement reflect a commitment to creating a greener and more environmentally conscious campus. The Biodiversity Garden will set an example for other educational institutions and inspire more initiatives that prioritize biodiversity conservation.

Independence Day Celebrations

K K T M Government College celebrated Independence Day 2023 with a wide range of events. Various quizzes related to the history of freedom struggle and poster making competitions were organized for the students. Prizes were distributed to the winners of the competitions. Saplings were planted in the campus and the campus was cleaned as part of the Independence Day celebrations. On the morning of August 15, Principal Dr. Shaji E. M. Hoisted the national flag. NSS volunteers participated in the Meri Mathi Mera Desh program launched by the Central Government on the occasion of Independence Day and planted saplings in Poiya Grama Panchayat.



K K T M Government College celebrated India's 77th Independence Day with great enthusiasm and fervour. The day was marked by a series of events that showcased the college's commitment to patriotic spirit and environmental consciousness.

Flag Hoisting Ceremony:

The day began with the solemn flag hoisting ceremony in the college premises. Principal Dr. Shaji E. M. presided over the event and unfurled the national flag, instilling a sense of pride and unity among the students and staff.



Educational Competitions:

To educate and engage the students on the history of India's freedom struggle, various quizzes were organized.



These quizzes tested the knowledge of students on important events and figures of the Indian independence movement. Additionally, poster-making

competitions were held, allowing students to express their creative interpretations of India's freedom journey.



Recognition of Talent:

The winners of these competitions were felicitated with prizes and certificates. This recognition not only served as an incentive for students to delve deeper into their knowledge of history but also encouraged their creative skills.



Green Initiatives: An essential aspect of the Independence Day celebrations was the college's commitment to environmental sustainability. In line with this, saplings were planted in the campus to promote greenery and emphasize the importance of nature conservation. The act of planting saplings also symbolized the growth and progress of the nation.

Community Outreach:

Extending the celebrations beyond the campus, NSS (National Service Scheme) volunteers actively participated in the Meri Mathi Meri Desh program initiated by the Central Government. They ventured to Poiya Gram Panchayat and actively engaged in planting saplings, furthering the cause of afforestation and contributing to the larger community. Meri Maati Mera Desh" envisions a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress. By connecting with the land and honoring our heroes, this program will instil a sense of national pride and inspire future generations to protect India's cherished heritage. This campaign comprises many activities and ceremonies conducted across the country at Panchayat/Village, Block, Urban Local Body, State and National levels.





Cleanliness Drive:

In addition to tree planting, a cleanliness drive was conducted within the campus and its vicinity. Students and staff came together to clean the surroundings, reinforcing the message of cleanliness and hygiene, a vital part of India's development.





KKTM Government College's Independence Day celebrations in 2023 were a testament to the college's commitment to holistic development. It not only focused on academic and creative pursuits but also instilled a sense of responsibility towards the environment and society. The combination of patriotic fervour, educational initiatives, and environmental consciousness made this year's Independence Day celebration a memorable and meaningful event.

Support for Old Age

N S S Units of K K T M Government College, Pullut Extend Support to 'Velicham' Old Age Home. The NSS units 52&158 of the K K T M Government College, Pullut handed over the food items and financial assistance collected from the teachers, non-teachers and students of the college to the inmates of 'Velicham' old age home on 29/9/2023. On behalf of the inmates of the old age home Sri. Abdul Karim, Care taker of the old age home received the financial assistance and the groceries from the college Principal Dr. Bindu Sharmila T.K.



Event Overview:

On 29/9/2023 the National Service Scheme (NSS) units of K K T M Government College, Pullut, demonstrated their commitment to community service by organizing a benevolent event. This event aimed to provide essential food items and financial assistance to the residents of the 'Velicham' old age home. The initiative, led by the college Principal, Dr. Bindu Sharmila T.K., showcased the college's dedication to social responsibility.



Key Participants:

Dr. Bindu Sharmila T.K. - College Principal

Sri. Abdul Karim - Caretaker of 'Velicham' Old Age Home

Dr. Dhanya P.D. - NSS Program Officer

Mrs. Sherry Sebastian - NSS Program Officer

Nandana Anil - NSS Volunteer Secretary

P.A. Ashin - NSS Volunteer Secretary



Event Details:

Collection Drive:

Under the dynamic leadership of NSS Program Officers, Dr. Dhanya P.D. and Mrs. Sherry Sebastian, and the diligent efforts of NSS Volunteer Secretaries Nandana Anil and P.A. Ashin, a comprehensive collection drive was initiated. The NSS units worked tirelessly to solicit contributions from the entire college community, including teachers, non-teaching staff, and students. This drive garnered both groceries and financial donations, reflecting the benevolence of the college family.

Donations Received:

The college community rallied together, generously donating essential groceries and financial assistance. This inclusive effort demonstrated the unity and compassion of the institution. The groceries collected included staple food items, toiletries, and other essential supplies. Simultaneously, a substantial sum of money was collected to support the financial needs of the elderly residents of 'Velicham' old age home.



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AKTM College Rd, Kerala 680063, India
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Handover Ceremony:

The climax of this noble endeavour was the handover ceremony at 'Velicham' old age home. Sri. Abdul Karim, the caring guardian of the old age home, graciously accepted the donated groceries and financial assistance on behalf of the residents. This heartfelt gesture exemplified the symbiotic relationship between the college and the community it serves.



Acknowledgment:

Dr. Bindu Sharmila T.K., the college Principal, represented the college at the handover ceremony. Her presence underscored the college's commitment to the welfare of the elderly in the community. The event was not only an act of giving but also an expression of gratitude and respect for the elderly residents.

The NSS units of K K T M Government College, Pullut, have once again demonstrated their dedication to social service and community well-being. The successful execution of this event, driven by the joint efforts of college staff and students, has left an indelible mark on the hearts of the elderly residents of 'Velicham' old age home. This initiative reinforces the college's core values of compassion, empathy, and community engagement, setting an inspiring example for future endeavours.



In a world where acts of kindness can make a significant difference, K K T M Government College, Pullut, has proven that education goes beyond classrooms, and that collectively, we can bring positive change to the lives of those in need.

National Unity Day Celebration

N S S Units (52 & 158) of K K TM Government College conducted Unity Day Pledge in conjunction with National Unity Day on 31/10/2023. The teachers, students and non-teaching staff of the college took the Unity Day Pledge.

National Unity Day is a significant observance in India that commemorates the birth anniversary of Sardar Vallabhbhai Patel, a prominent figure in the Indian freedom struggle and the country's first Deputy Prime Minister and Minister of Home Affairs. It is celebrated on October 31st every year to promote and uphold the importance of unity, integrity, and diversity within the nation.



At KKTm Government College, National Unity Day was celebrated with great enthusiasm and participation from various stakeholders, including teachers, students, and non-teaching staff. The following activities took place:

Unity Day Pledge: A central component of the celebration was the Unity Day Pledge. All members of the college, including students, teachers, and non-teaching staff, participated in taking this pledge. The pledge likely emphasized

the values of unity, integrity, and the commitment to safeguarding the nation's diverse culture.

Program Organization: The college organized a special program to mark the occasion. The program may have included a variety of activities such as speeches, cultural performances, and informative sessions to educate participants about Sardar Vallabhbhai Patel's contributions to India. The National Service Scheme (NSS) units 52 and 158 of the college played a pivotal role in conducting and coordinating the events for National Unity Day. They might have organized and managed the activities to ensure the smooth flow of the celebration.



Significance of National Unity Day:

National Unity Day is celebrated to honour Sardar Vallabhbhai Patel, who played a crucial role in integrating princely states into a united India after independence. His efforts in unifying the nation earned him the title "Iron Man of

India." The day is an opportunity to remind people of the importance of unity and to strengthen the bonds that hold a diverse nation like India together.

National Unity Day at KKTm Government College was a meaningful and patriotic event, where the entire college community came together to celebrate the values of unity and diversity. Such observances help instil a sense of patriotism and national pride among the participants, and they serve as a reminder of the significance of staying united for the progress and development of the nation.

Sneharamam Project

The Sneharamam project was executed by the NSS units with the support of the respective local bodies and the Suchitwa Mission. The NSS volunteers of K K T M Government College Pullut under the 'malinya Mukta nava Keralam' campaign prepared 'sneharamam' in association with kodungallur municipality. On December 18, 2023, started the program by planting saplings around the K K T M government college. NSS volunteers are still doing the job of maintaining the plants properly.

Introduction:

The Sneharamam project, initiated under the 'Malinya Mukta Nava Keralam' campaign, is a collaborative effort between the NSS units of K K T M Government College Pullut and the Kodungallur Municipality. This endeavor aims to foster environmental consciousness and beautify the college premises through the planting and maintenance of flowering plants.

Project Execution:

The project was executed by NSS volunteers with the invaluable support of local bodies and the Suchitwa Mission. On December 18, 2023, the program commenced with the planting of saplings around K K T M Government College. This symbolic gesture marked the beginning of a concerted effort to enhance the greenery and aesthetic appeal of the college campus.



Activities Undertaken:

Sapling Plantation: NSS volunteers meticulously planted a variety of flowering plants in designated areas around the college. This step not only contributed to the visual appeal of the campus but also served as a proactive measure in environmental conservation.

Maintenance Work: Following the initial plantation, NSS volunteers have been actively involved in the maintenance of the planted saplings. Regular watering,

pruning, and weeding are undertaken to ensure the healthy growth and sustenance of the flora.

Community Engagement: The project fosters community involvement by engaging students, faculty, and local residents in various activities such as awareness campaigns, workshops, and volunteer drives. This inclusive approach promotes a sense of ownership and responsibility towards environmental stewardship.

Educational Outreach: Additionally, the project emphasizes educational outreach by organizing informative sessions on topics related to biodiversity, sustainable gardening practices, and the importance of green spaces in urban areas. Such initiatives aim to instill environmental values and inspire future generations to actively participate in conservation efforts.

Outcomes and Impact:

The Sneharamam project has yielded tangible outcomes and made a positive impact on multiple fronts:

Environmental Enhancement: The plantation of flowering plants has not only enhanced the aesthetic appeal of the college campus but also contributed to biodiversity conservation and ecological balance.



Community Empowerment: Through collaborative efforts with local bodies and active participation from volunteers, the project has empowered the community to take ownership of environmental initiatives and work towards a greener, cleaner future.

Educational Enrichment: The project serves as a platform for experiential learning and environmental education, equipping participants with valuable knowledge and skills to address contemporary environmental challenges.



Conclusion:

The Sneharamam initiative stands as a testament to the collective efforts of NSS volunteers, local bodies, and stakeholders in promoting environmental sustainability and community welfare. Moving forward, the project remains committed to nurturing green spaces, fostering environmental consciousness, and inspiring positive change within the community.

Report on "Kaakkarissi Nadakam- ONNAYI POOJYATHILEKKU" in Connection with World AIDS Day Organized by NSS Unit and Arts Club in Collaboration with the District Medical Office, Thrissur

In observance of **World AIDS Day**, the **NSS Unit and Arts Club** of our college collaborated with the District Medical Office in Thrissur to organise a unique and culturally rich event - the "Kaakkarissi Nadakam" on 13th November 2023 at the college campus. This traditional art form, infused with a modern twist, served as a powerful medium to raise awareness about HIV/AIDS in our community. The college campus was abuzz with anticipation as 679 students and faculty members of all the departments gathered for the street play on AIDS awareness.

The programme commenced with a warm welcome speech delivered by the Principal,

Dr Bindu Sharmila T.K. In her address, she highlighted the significance of organizing such events that contribute to the social well-being of the students and the community at large. The Principal also commended the efforts of the students in taking the initiative for this crucial cause.



The event was inaugurated by the esteemed Ward Councillor, who emphasized the importance of spreading awareness about HIV/AIDS in the community. In the felicitation, the Vice Principal, Dr G Ushakumari stressed the need for collaborative efforts in combating the spread of HIV/AIDS and applauded the college for actively participating in creating awareness.

The Health Inspector of Kodungallur Municipality, Sri Suresh Kumar, emphasized the role of educational institutions in promoting health awareness among students and the broader community and the Head of the Department of Zoology, Dr Shaji E M shed light on the biological aspects of HIV/AIDS, underlining the importance of scientific understanding in addressing the issue. The stage was graced by the presence of NSS Programme Officers Sri Balaji M N and Dr. Dhanya P D and Arts Club Members.

The "Kaakkarissi Nadakam" traditionally a folk art form, was skillfully adapted to convey pertinent messages about HIV/AIDS. The fusion of traditional dance, music, and drama provided a unique and captivating experience for the audience, effectively bridging the gap between cultural heritage and contemporary issues. This Kakkarissi Natakam, "ONNAYI POOJYATHILEKKU", was performed by the professional artists of Pranavam Theatres, Kollam. The play effectively conveyed the importance of safe practices, dispelled myths surrounding HIV/AIDS, and promoted empathy towards those affected by the virus.

Fine Arts Club Secretary, Mr Hrishikesh Babu provided valuable feedback on the impact of artistic expressions, such as street plays, in conveying sensitive messages. The secretary encouraged more collaborative initiatives between artistic and scientific disciplines for effective communication and understanding.



The College Union Chairman Mr.Vishnu O P delivered the vote of thanks. He expressed gratitude to all the dignitaries, faculty members, and students who contributed to the success of the event. The Chairman underscored the significance of collective efforts in raising awareness about critical issues like HIV/AIDS.



The event concluded on a hopeful note, with participants and attendees leaving with a heightened sense of awareness and a commitment to further contribute to the cause of AIDS awareness in the community. The event witnessed active participation from the college community and beyond. Students, faculty members, and residents attended the performance, contributing to a shared understanding of the importance of AIDS awareness. The collaboration between the NSS Unit, Arts Club, and the District Medical Office underscored the significance of interdisciplinary approaches in addressing public health concerns. The event not only entertained but also educated, leaving a lasting impact on the community's awareness of HIV/AIDS.

Report on NSS Initiative: Providing Water for Thirsty Birds

Date: 20th March 2024

Initiated by: NSS Units

Inaugurated by: Dr. Bindu Sharmila T.K., College Principal

Objective: The objective of this initiative was to provide relief to thirsty birds during the scorching heat by setting up water jugs in various parts of the college campus.

Background: With the onset of summer and rising temperatures, it has become increasingly challenging for birds to find access to water. Recognizing this need and understanding the importance of environmental stewardship, the NSS units took the initiative to address this issue.

Implementation: On 20th March 2024, the NSS units launched the initiative by strategically placing water-filled jugs in different areas of the college campus. These jugs were filled with clean water to ensure the health and well-being of the birds. The placement of the jugs was carefully planned to cover maximum areas frequented by birds within the campus premises.



Inauguration: The activity was inaugurated by Dr. Bindu Sharmila T.K., the esteemed Principal of KKTm College. Her presence and support added significance to the initiative, highlighting the college's commitment to environmental conservation and compassion towards all living beings.



Impact: The initiative received positive feedback from the college community, with students and faculty members expressing appreciation for the thoughtful gesture. By providing water for thirsty birds, the college demonstrated its dedication to environmental sustainability and wildlife welfare.

Future Plans: Moving forward, the NSS units aim to expand the initiative by encouraging active participation from students and faculty members. Additionally, they plan to monitor the effectiveness of the initiative and make any necessary adjustments to ensure its continued success.



Conclusion: In conclusion, the initiative to provide water for thirsty birds under the aegis of NSS units reflects the college's commitment to environmental responsibility and compassion towards all living beings. With the support of Dr. Bindu Sharmila T.K. and the active involvement of the college community, this initiative is poised to make a meaningful impact and set a positive example for others to follow.

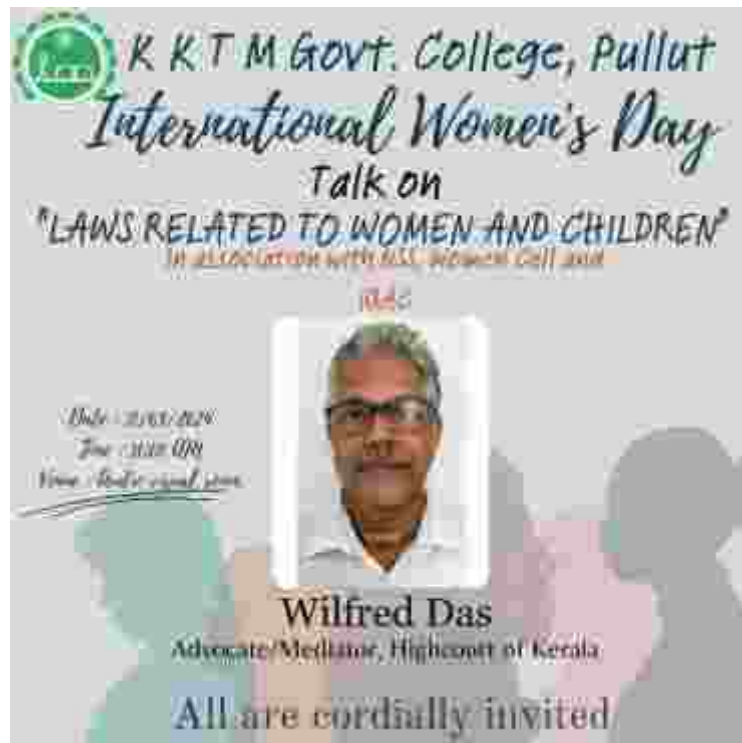
This report serves to document the successful initiation of the activity and the collective efforts of the college towards creating a more sustainable and compassionate environment.

Report on International Women's Day Awareness Program

On the occasion of International Women's Day, the NSS units of KKTU Government College, in collaboration with the Women Cell, organized an awareness class on laws related to women and children. This informative event took place on the 11th of March, 2024, and featured Advocate Wilfred Das from the High Court of Kerala as the keynote speaker.

Event Details

The awareness class was held in the audio-visual room of KKTU Government College and commenced at 11 AM. The program was inaugurated by the esteemed college principal, Dr. Bindu Sharmila TK. The event aimed to educate and inform the attendees about the various laws and legal protections available to women and children, emphasizing the importance of legal awareness in fostering a safer and more equitable society.



Welcome Address

The event began with a warm welcome address by the Women Cell Coordinator, Dr. Suma C S. She highlighted the significance of International Women's Day and the crucial role of legal knowledge in empowering women and protecting children's rights. Dr. Suma emphasized the collaborative efforts of the NSS units and the Women Cell in organizing such impactful events.



Keynote Address

Advocate Wilfred Das delivered an engaging and insightful keynote address. He meticulously outlined the legal provisions and protections available to women and children under Indian law. Advocate Das discussed various acts and amendments, including the Protection of Women from Domestic Violence Act, the Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act, and the Juvenile Justice (Care and Protection of Children) Act. His address underscored the importance of understanding these laws to ensure their effective implementation and to aid in the protection of vulnerable groups.



Inaugural Speech

Dr. Bindu Sharmila T K, in her inaugural speech, expressed her pride in the college's initiatives to promote legal awareness. She praised the efforts of the NSS units and the Women Cell for organizing such a relevant and timely event. Dr. Sharmila highlighted the need for continuous education and awareness programs to empower women and safeguard children's rights.



Vote of Thanks

The program concluded with a vote of thanks delivered by NSS Program Officer, Balaji M N. He expressed gratitude to Advocate Wilfred Das for his enlightening address and thanked the principal, faculty members, and students for their active participation. Balaji also acknowledged the dedicated efforts of the NSS units and the Women Cell in making the event a success.

Conclusion

The awareness class on laws related to women and children was a significant and impactful event, reflecting KKTU Government College's commitment to promoting legal awareness and gender equality. The collaboration between the NSS units and the Women Cell, supported by the insightful contributions of Advocate Wilfred Das, ensured the success of the program. The event not only educated the attendees about crucial legal protections but also inspired them to contribute to creating a more just and equitable society.

The event's success underscores the importance of such initiatives in empowering individuals with the knowledge needed to advocate for their rights and support others in their communities. The college looks forward to organizing more such events in the future, continuing its mission of education, empowerment, and social responsibility.

Hiroshima Nagasaki Day Remembrance

Date: 7th August 2023

Venue: Old Library premises, KKTG Government College



Introduction:

On the occasion of Hiroshima Nagasaki Day, a special remembrance lecture was held on 7th August 2023 at the Old Library premises of KKTG Government College. The event aimed to raise awareness and commemorate the lives lost in the nuclear bombings of Hiroshima and Nagasaki during World War II. The program commenced at 1 pm, with Principal Dr. Shaji EM presiding over the proceedings.

Program Highlights:

1. Welcome Address:

The event began with a warm welcome by NSS Program Officer, Dr. Dhanya P.D., who expressed gratitude to all attendees and highlighted the significance of Hiroshima Nagasaki Day. Her address encouraged students and faculty members to reflect upon the devastating consequences of nuclear warfare.



2. Keynote Address:

Assistant Professor Dr. Suma C S, from the Department of Chemistry, delivered a thought-provoking keynote address. Dr. Suma shared insights into the historical context of the Hiroshima and Nagasaki bombings, focusing on the catastrophic impact on humanity and the environment.



The speech shed light on the importance of fostering peace, promoting disarmament, and the responsibility of the younger generation in creating a nuclear-free world.

3. Commemoration and Remembrance:

Following the keynote address, a moment of silence was observed to honor the victims of the Hiroshima and Nagasaki bombings. The participants paid their respects to the innocents who lost their lives during the tragic events, fostering an atmosphere of empathy and remembrance.



4. Volunteer Secretary Expresses Gratitude:

Nandana, the Student Secretary, expressed her gratitude on behalf of the student community for organizing the event. She acknowledged the efforts of the organizing team, guest speaker, and all the participants attending the program. Her speech emphasized the importance of educating and spreading awareness about the horrors of nuclear weapons.

5. Volunteer Participation:

Over 50 NSS volunteers actively participated in the event, contributing to the smooth organization and successful execution of the program. Their dedication and involvement added value to the remembrance lecture, creating an impactful experience for both students and faculty members.

Conclusion:

The Hiroshima Nagasaki Day Remembrance Lecture at KKT M Government College was a significant initiative to commemorate the devastating consequences of the nuclear bombings. The lecture shed light on the importance of global peace, disarmament, and the role of youth in building a world void of nuclear threats. The event successfully engaged students, faculty members, and NSS volunteers, fostering an atmosphere of remembrance and promoting a collective commitment towards a nuclear-free future.

Republic Day Celebration Report

Date: January 26, 2024

The NSS units 52 and 158 of K K T M Government College, Pullut, celebrated Republic Day with great enthusiasm and patriotic fervor. The event saw active participation from 25 students, showcasing their commitment to community service and national pride.



The ceremony commenced with the hoisting of the national flag by the esteemed College Vice Principal, Dr. G. Ushakumari. Her symbolic act added a touch of dignity and reverence to the occasion. The tricolor unfurled majestically, symbolizing the unity, diversity, and strength of our great nation.



Following the flag hoisting, the students engaged in various activities that highlighted the significance of Republic Day. Inspirational speeches, patriotic songs, and cultural performances filled the atmosphere with a sense of unity and pride. The students' creativity and dedication were evident in their presentations, reflecting their deep understanding of the values upheld by the Indian Republic.

Furthermore, the NSS units organized a series of awareness programs during the celebration. They addressed crucial issues like environmental conservation, social responsibility, and community development. This initiative not only

fostered a sense of civic responsibility among the students but also contributed to the broader goal of creating socially conscious citizens.

As part of the celebration, the NSS units also conducted community outreach programs, emphasizing the importance of service to society. These initiatives aimed to instill a spirit of volunteerism and empathy among the students, aligning with the NSS's core values.

The Republic Day celebration at K K T M Government College, Pullut, was a resounding success, showcasing the vibrant spirit and dedication of NSS units 52 and 158. The event not only honored the constitutional values of justice, liberty, equality, and fraternity but also reinforced the commitment of the college and its students to contribute positively to the community and the nation at large.

Blood Donation Camp Report: Drops of Life

Date: 25/1/2024

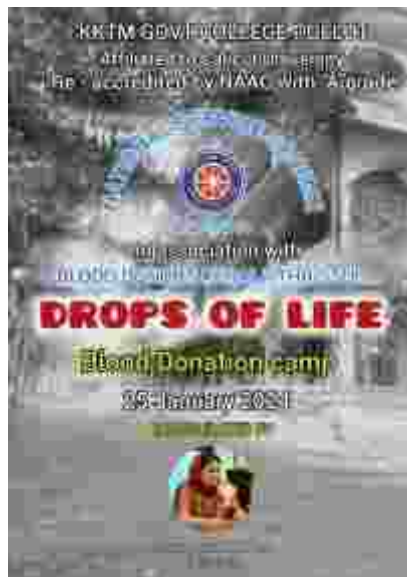
Venue: K K T M Government College, Pullut

Organized by: NSS Units 52 & 158

In Association with: Thrissur Blood Donors Kerala

Programme Name: Drops of Life

Inaugurated by: Dr. Bindu Sharmila T K, College Principal



Objective:

The Blood Donation Camp, organized by NSS Units 52 & 158 in association with Thrissur Blood Donors Kerala, aimed to contribute to the noble cause of saving lives through voluntary blood donation. The program, named "Drops of Life," was inaugurated by the esteemed College Principal, Dr. Bindu Sharmila T K.



Event Highlights:

Inauguration:

The event commenced with an inaugural ceremony led by Dr. Bindu Sharmila T K. Her inspiring words set the tone for the day, emphasizing the importance of voluntary blood donation in sustaining healthcare systems.

Volunteer Participation:

A total of 35 students actively participated in the blood donation drive, showcasing the strong sense of social responsibility among the student community. Their commitment to the cause played a crucial role in the success of the event.



Organizing Entities:

NSS Units 52 & 158 took charge of coordinating the entire event, ensuring smooth logistics and a well-organized process. The collaboration with Thrissur Blood Donors Kerala strengthened the impact of the initiative.



Medical Support:

The blood donation process was conducted under the supervision of qualified medical professionals to guarantee the safety and well-being of the donors. Pre-screening procedures were diligently carried out to ensure eligibility.



Public Awareness:

The event also served as a platform for spreading awareness about the significance of blood donation. Informational sessions were conducted to educate attendees about the impact of their contributions on saving lives.



Certificates of Appreciation:

Donors were honored with certificates of appreciation as a token of gratitude for their selfless contribution. This acknowledgment not only recognizes their altruism but also encourages a culture of voluntary blood donation.

Conclusion:

The Blood Donation Camp, orchestrated by NSS Units 52 & 158 in collaboration with Thrissur Blood Donors Kerala, marked a resounding success. The collective efforts of students, staff, and medical professionals resulted in 35 units of blood collected, potentially impacting numerous lives. The event not only met its objective of collecting blood but also succeeded in fostering a sense of community service and responsibility among the students.

This initiative stands as a testament to the college's commitment to social welfare and healthcare, reflecting positively on the institution's values and ethos.

Nature Camp Report

Unit Numbers: 52 & 158

Venue: Thekkady Periyar Tiger Reserve | Dates: December 5-7, 2023

The NSS units of K K T M Government College Pullut recently organized an enthralling nature camp at Thekkady Periyar Tiger Reserve, marked by engaging activities and a unique blend of adventure and environmental exploration.

Activities:

Trekking:

The students embarked on invigorating treks, navigating the picturesque trails of Thekkady. The challenging terrains provided not only physical exercise but also a deep connection with nature.

Bird Watching:

A highlight of the camp was the bird-watching activity, where participants immersed themselves in the diverse avian life of the reserve. The lush surroundings echoed with the melodic tunes of various bird species, creating a mesmerizing experience for the students.

**Wildlife Sanctuary Visit:**

The camp included a visit to the wildlife sanctuary, offering students an opportunity to witness the rich biodiversity of the region. the sanctuary provided a glimpse into the vibrant ecosystem thriving within the protected area.



Forest Exploration:

The unique aspect of this nature camp was the opportunity for students to travel through the heart of the forest and experience an overnight stay within its

confines. This immersive experience allowed them to witness the beauty and challenges of the wild.



Wildlife Encounters:

During the journey through the forest, students were treated to sightings of a myriad of wild animals and birds. The thrill of encountering these creatures in their natural habitat added a sense of awe and respect for the importance of wildlife conservation.



Conclusion:

The nature camp at Thekkady Periyar Tiger Reserve was a resounding success, fostering not only a love for nature but also a deep appreciation for the delicate balance of ecosystems. The students, through trekking, bird watching, and wildlife sanctuary visits, gained insights into the importance of preserving our natural heritage. The experience of traveling through the forest and staying within its confines left an indelible mark on each participant, instilling a sense of responsibility towards the environment. This nature camp stands as a testament to the NSS units' commitment to holistic education and fostering a connection between students and the environment.

Orientation Program for First-Year NSS Volunteers

Date: 10/1/24

Venue: K K T M Government College, Pullut

Organized By: NSS Unit, K K T M Government College, Pullut

Resource person: **Renjith Varghese**, Assistant Professor, St.Thomas college, Thrissur



Introduction:

The orientation program for first-year NSS volunteers of K K T M Government College, Pullut, was conducted with the aim of familiarizing the newcomers with the National Service Scheme (NSS) and its various aspects. The program included classes and discussions covering essential topics related to NSS.

Activities and Discussions:

NSS Clap and Song: The session commenced with an introduction to the NSS clap, followed by a rendition of the NSS song. Volunteers were encouraged to participate actively, fostering a sense of unity and enthusiasm among them.



Structure of NSS: A detailed overview of the organizational structure of NSS was provided, outlining the roles and responsibilities of various entities within the scheme. This segment aimed to clarify the hierarchical framework and operational dynamics of NSS.

Aim and Mission: Participants were briefed on the primary objectives and mission of NSS, emphasizing its role in community service, social development, and nation-building. Discussions highlighted the significance of active involvement in NSS activities to achieve these goals.

History of NSS: An informative session delved into the rich history of NSS, tracing its origins, evolution, and contributions over the years. Volunteers gained insights into the ideological underpinnings and historical context that shaped the formation of NSS.

Interactive Discussions: Throughout the program, interactive discussions were encouraged, allowing volunteers to raise questions, share experiences, and

exchange ideas. This interactive format facilitated a deeper understanding of NSS principles and encouraged active participation.

Conclusion:

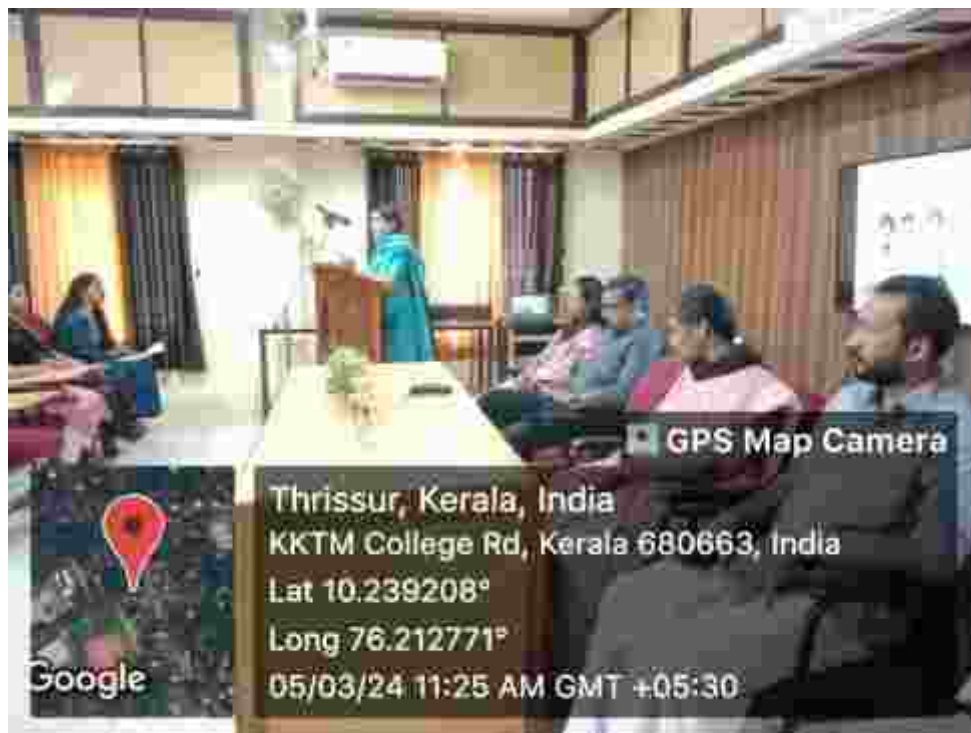
The orientation program proved to be an enriching experience for the first-year NSS volunteers of K K T M Government College, Pullut. By providing comprehensive insights into various aspects of NSS, the program successfully laid the foundation for their active involvement and meaningful participation in NSS activities. It is hoped that the knowledge and enthusiasm gained during the orientation will inspire volunteers to contribute positively to society through their NSS endeavors.

‘Mera Pahla Vot Desh Ke Liye’ Campaign

The campaign "Mera Pahla Vot Desh Ke Liye," initiated by the Ministry of Education (MoE) in collaboration with the Ministry of Youth Affairs, was launched in Thrissur, Pullut, KKT M Government College. The campaign aims to promote electoral literacy among the youth of India and was organized under the auspices of the NSS units of the college. Running from February 28, 2024, to March 6, 2024, the campaign seeks to empower young voters with the necessary knowledge and understanding to participate effectively in the democratic process.

Inaugural Event

The inaugural event took place on March 5, 2024, with College Principal Dr. Bindu Sharmila T.K. and Kodungallur Deputy Tehsildar Bindu Jabbar presiding over the function. Principal Dr. Bindu Sharmila T.K. highlighted the campaign's purpose, emphasizing the importance of voting and its impact on the nation. In her speech, she stressed that raising awareness about the democratic process among the youth is crucial for the future of the country.



Elector's Pledge

As part of the event, Principal Dr. Bindu Sharmila T.K. recited the elector's pledge to the college students, underscoring the significance of their participation in elections and their responsibility as voters. This symbolic gesture aimed to instill a sense of duty and patriotism among the young attendees.



Speeches and Acknowledgments

NSS Program Officers Balaji M.N. and Dr. Dhanya P.D. expressed their gratitude and provided insights into the campaign's objectives. They spoke about the importance of educating young voters and ensuring their active participation in the electoral process.



Voters Helpline App

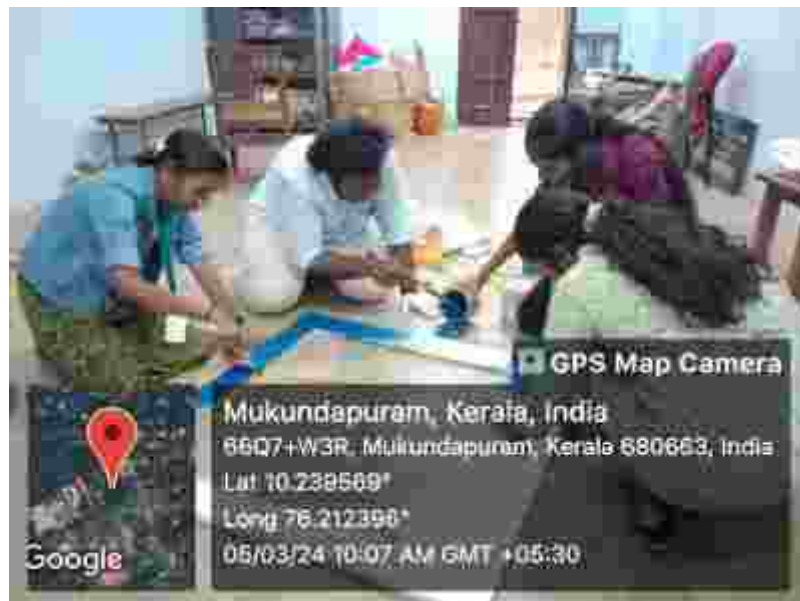
To facilitate the learning process, students downloaded the Voters Helpline app, designed to educate youth about the election process. The app includes information on voter registration, polling procedures, and the importance of each vote. NSS Program Officer Balaji M.N. provided the necessary instructions on using the app effectively, ensuring that the students could access and utilize this valuable resource.



Awareness Classes

Assembly Level Master Trainee Dileef M. conducted awareness classes aimed at encouraging first-time voters to exercise their democratic rights responsibly. These sessions covered various aspects of the electoral process, from the significance of each vote to the practical steps involved in casting a ballot.

Vote Selfie Point



An innovative 'Vote Selfie Point' was set up as part of the program to engage students and create a buzz around voting. College Principal Dr. Bindu Sharmila T.K. inaugurated this unique feature, which served as an interactive and fun way to promote the campaign's message. Students enthusiastically participated, taking selfies and sharing them on social media to spread awareness about the importance of voting.





Conclusion

The "Mera Pahla Vot Desh Ke Liye" campaign at KKTm Government College was a resounding success. Through a combination of speeches, interactive sessions, and the use of digital tools, the campaign effectively educated and

empowered young voters. The active involvement of the college administration, NSS units, and students demonstrated a collective commitment to strengthening democratic participation among the youth.

This campaign not only provided students with valuable knowledge about the electoral process but also inspired them to take an active role in shaping the future of their nation. As the campaign continues to run until March 6, 2024, it is expected to further deepen the understanding and engagement of young voters in the democratic process, ensuring a more informed and active electorate in the years to come.

'Jaivam' Vegetable Farming Initiative

On July 21, 2023, KKTm Government College embarked on an innovative and sustainable agricultural project titled 'Jaivam' under the leadership of its NSS units. The initiative was launched with the aim of promoting the cultivation of non-toxic, organically grown vegetables, fostering a healthier lifestyle, and providing a practical example of sustainable agriculture to the college community.



Inauguration Ceremony

The 'Jaivam' vegetable farming program was inaugurated by Principal Dr. Shaji E. M., who marked the commencement of this green initiative by planting vegetable seedlings. The inauguration ceremony highlighted the college's commitment to sustainable practices and its role in educating students about the importance of organic farming and non-toxic food.



NSS Volunteers' Involvement

The success of the 'Jaivam' initiative was driven by the dedicated efforts of NSS volunteers. These students took responsibility for the ongoing care and maintenance of the vegetable seedlings. Their activities included regular watering, weeding, and ensuring the plants received adequate nutrients through organic methods. This hands-on experience provided the volunteers with valuable insights into agricultural practices and the benefits of organic farming.

Harvest and Utilization

The first harvest from the 'Jaivam' initiative was a significant milestone. The organically grown vegetables were supplied directly to the college canteen, ensuring that students had access to non-toxic, healthy food options. This initiative not only promoted better health but also reinforced the college's commitment to providing safe and nutritious food to its students.

Impact on the College Community

The 'Jaivam' project had a profound impact on the KKTm College community. By integrating organic farming into the daily lives of students, the initiative raised awareness about the importance of non-toxic food and sustainable agricultural practices. The project also served as an educational tool, illustrating the benefits of organic farming and encouraging students to consider the environmental and health implications of their food choices.

Future Prospects

Building on the success of the initial phase, KKTm Government College plans to expand the 'Jaivam' vegetable farming initiative. Future plans include increasing the variety and quantity of vegetables grown, involving more students and staff in the farming activities, and organizing workshops and seminars on organic farming techniques. The college aims to establish a self-sustaining model of organic agriculture that can serve as an example for other educational institutions.

Conclusion

The 'Jaivam' vegetable farming initiative at KKTm Government College is a testament to the institution's commitment to sustainability, health, and education. By promoting the cultivation and consumption of non-toxic food, the project not only benefits the immediate college community but also contributes to broader

environmental and public health goals. The NSS units' leadership and the active participation of students have been crucial to the project's success, demonstrating the power of community involvement in achieving sustainable development objectives.

NSS Volunteers' Participation in "Swachhta Hi Seva" Mission

1. Introduction

The "Swachhta Hi Seva" (SHS) mission is a nationwide campaign initiated by the Government of India to promote cleanliness and hygiene. It encourages citizens to actively participate in various cleanliness activities and contribute to the broader goal of a cleaner India. As part of this mission, a citizen portal has been developed where individuals can capture and share their "Swachhta moments" by taking selfies during their participation in cleanliness drives and upload these images to receive a certificate of appreciation.

2. Objective

This report highlights the participation of NSS (National Service Scheme) volunteers from KKTU Government College in the "Swachhta Hi Seva" mission. The report details the process of capturing and uploading selfies and obtaining certificates of contribution.

3. Methodology

The methodology followed by the NSS volunteers included the following steps:

Participation in Swachhta Activities: Volunteers engaged in various cleanliness activities such as cleaning public places, planting trees, and conducting awareness campaigns.

Capturing Selfies: Volunteers took selfies while participating in these activities to document their contribution.

Uploading Selfies to the Portal: The selfies were uploaded to the official "Swachhta Hi Seva" website.

Downloading Certificates: Upon successful upload, the volunteers downloaded their certificates of participation from the portal.

4. Participation Details

The NSS unit of KKTU Government College actively participated in the Swachhta activities organized as part of the "Swachhta Hi Seva" mission.

Number of Participants: A total of 50 NSS volunteers participated in the Swachhta activities.

Number of Selfies Uploaded: Each volunteer captured and uploaded at least one selfie, resulting in 50 selfies uploaded to the portal.

Certificates Downloaded: All participating volunteers successfully downloaded their certificates of contribution.

6. Results

The participation of NSS volunteers in the "Swachhta Hi Seva" mission was highly successful. The volunteers were enthusiastic about contributing to the cleanliness drive and demonstrated a strong commitment to the cause. The process of capturing and uploading selfies was seamless, and all participants received certificates recognizing their efforts.



Impact on Volunteers: The initiative instilled a sense of pride and responsibility among the volunteers towards maintaining cleanliness in their surroundings.

Community Impact: The cleanliness activities carried out by the volunteers had a positive impact on the local community, promoting awareness and encouraging others to participate in such initiatives.

7. Conclusion

The involvement of NSS volunteers from KKTU Government College in the "Swachhta Hi Seva" mission was commendable. The use of the citizen portal to capture, upload selfies, and download certificates provided a structured way to recognize and motivate the participants. Such initiatives are crucial in building a cleaner and more hygienic society. The NSS unit plans to continue its participation in future Swachhta activities and encourage more students to join the mission.

8. Recommendations

Increase Awareness: Conduct more awareness sessions in the college and surrounding areas to encourage more students and community members to participate.

Regular Participation: Schedule regular cleanliness drives and tree plantation activities to maintain ongoing efforts towards cleanliness.

Enhance Portal Features: Suggest improvements to the citizen portal, such as providing a feature for group photos and multiple certificate downloads.

NSS Day Celebration

Date: 24th September 2023

Venue: KKTM College

The NSS units of KKTM College celebrated NSS Day with great enthusiasm and a sense of dedication on 24th September 2023. The event was meticulously organized, reflecting the values and spirit of the National Service Scheme.



Inauguration and Welcome

The celebrations commenced with an inaugural address by the Principal of KKTM College, who highlighted the importance of NSS in shaping socially responsible and proactive individuals. The Principal commended the volunteers for their unwavering commitment to community service and encouraged them to continue their noble work.

Singing of the NSS Song

One of the highlights of the event was the singing of the NSS song by the volunteers. The song, which embodies the ethos and values of NSS, was performed with great zeal. The melodious rendition set a positive tone for the day, fostering a sense of unity and purpose among the participants.

Oath Taking Ceremony: Following the singing of the NSS song, the volunteers participated in a solemn oath-taking ceremony. The oath was administered by the NSS Program Officer, emphasizing the core values of the scheme, such as selfless service, unity, and integrity. The volunteers pledged to uphold these values in

their future endeavors, committing to the cause of community development and nation-building.

Activities and Workshops

Throughout the day, various activities and workshops were conducted to engage the volunteers and enhance their skills. These included:

Community Service Projects: Volunteers participated in local community service projects, such as cleanliness drives, tree planting, and awareness campaigns on health and hygiene.

Workshops: Interactive workshops on leadership, teamwork, and effective communication were held, providing the volunteers with valuable skills to excel in their roles.

Cultural Programs: Cultural performances by the students added a festive touch to the celebrations, showcasing the diverse talents within the NSS units.

Conclusion

The NSS Day celebrations at KKTM College concluded with a vote of thanks from the NSS Program Officer, who expressed gratitude to all the volunteers, faculty members, and participants for making the event a success. The day served as a reminder of the pivotal role that NSS plays in fostering a spirit of service and community among young individuals.

The NSS units of KKTM College are committed to continuing their efforts towards community development and social welfare, inspired by the values celebrated on this day. The event was a testament to the dedication and hard work of the volunteers, who are the true ambassadors of the National Service Scheme.

Gandhi Jayanti Celebration

Date: October 2, 2023

Venue: KKTm College Campus

On October 2, 2023, the NSS (National Service Scheme) Units of KKTm College celebrated Gandhi Jayanti with great enthusiasm and reverence. The celebration was designed to honor the birth anniversary of Mahatma Gandhi, the Father of the Nation, and to spread his message of peace, non-violence, and simplicity.

Program Schedule

1. Inaugural Ceremony:

The event began at 9:00 AM with an inaugural ceremony. The Principal of KKTm College welcomed everyone and highlighted the significance of Gandhi Jayanti. In his speech, he emphasized the importance of following Gandhi's principles in today's world.



2. Prayer and Tribute:

The inaugural ceremony was followed by a prayer session. The NSS volunteers sang Gandhi's favourite bhajan, "Raghupati Raghav Raja Ram," creating a serene and reflective atmosphere. A floral tribute was then paid to Mahatma Gandhi's portrait by the Principal, faculty members, and students.

3. Guest Lecture:

A guest lecture was delivered by Dr. Remani K K, Assistant Professor of History. The lecture focused on Gandhi's philosophy of non-violence (Ahimsa) and its relevance in contemporary society. Dr. Remani K K engaged the audience with inspiring anecdotes from Gandhi's life and encouraged students to adopt his values in their daily lives.

4. Cleanliness Drive:

In line with Gandhi's vision of a clean India, a cleanliness drive was organized within the college campus. NSS volunteers, along with other students and faculty members, participated actively in cleaning the campus. The drive aimed to instill the importance of cleanliness and hygiene among the students.

5. Quiz Competition:

A quiz competition based on the life and teachings of Mahatma Gandhi was conducted to test and enhance the students' knowledge. The quiz saw enthusiastic participation, and winners were awarded certificates and prizes.

6. Skit on Gandhi's Life:

The NSS volunteers performed a skit depicting significant events from Gandhi's life. The performance was both educational and entertaining, effectively conveying Gandhi's messages of truth and non-violence.

7. Plantation Drive:

As a tribute to Gandhi's love for nature, a tree plantation drive was held in the college premises. Various saplings were planted by the NSS volunteers, symbolizing the growth of Gandhi's ideals.

8. Concluding Remarks:

The celebration concluded with a vote of thanks by the NSS Program Officer, Mr. Balaji M N. He expressed gratitude to everyone who contributed to making the event a success and urged the students to keep Gandhi's teachings alive in their hearts and actions.

Impact and Feedback

The Gandhi Jayanti celebration was a resounding success, with active participation from students, faculty, and staff. The activities organized not only paid homage to Mahatma Gandhi but also served to educate and inspire the students about the relevance of his principles in today's world. Feedback from participants was overwhelmingly positive, with many appreciating the blend of educational and practical activities.

Conclusion

The NSS Units of KKTU College successfully celebrated Gandhi Jayanti, reflecting the spirit of Mahatma Gandhi through various meaningful activities. The event not only honored his legacy but also motivated the students to incorporate his teachings into their lives, promoting a culture of peace, cleanliness, and non-violence.

Kerala Birth Day Celebrations

Date: November 1, 2023

Venue: KKTm College, Thrissur, Kerala

Organized by: National Service Scheme (NSS) Units of KKTm College

Introduction

On November 1, 2023, the NSS Units of KKTm College celebrated Kerala Birth Day, also known as Kerala Piravi, with great enthusiasm and cultural fervor. This day marks the formation of the state of Kerala in 1956, and it is a significant event for all Keralites. The celebrations at KKTm College were designed to honor Kerala's rich cultural heritage, history, and traditions.



Objectives

To celebrate the formation of the state of Kerala.

To educate students about the history and culture of Kerala.

To promote unity and pride among students for their state.

To engage students in various cultural and educational activities.

Preparations

The preparations for the Kerala Birth Day celebration began a week in advance.

The NSS volunteers, along with faculty members, coordinated various activities and decorations.



Event Summary

The event comprised several segments, each highlighting different aspects of Kerala's culture and history:



Cultural Programs:

Traditional Dance Performances: Students performed classical dance forms such as ottan thullal, Mohiniyattam and Thiruvathira.

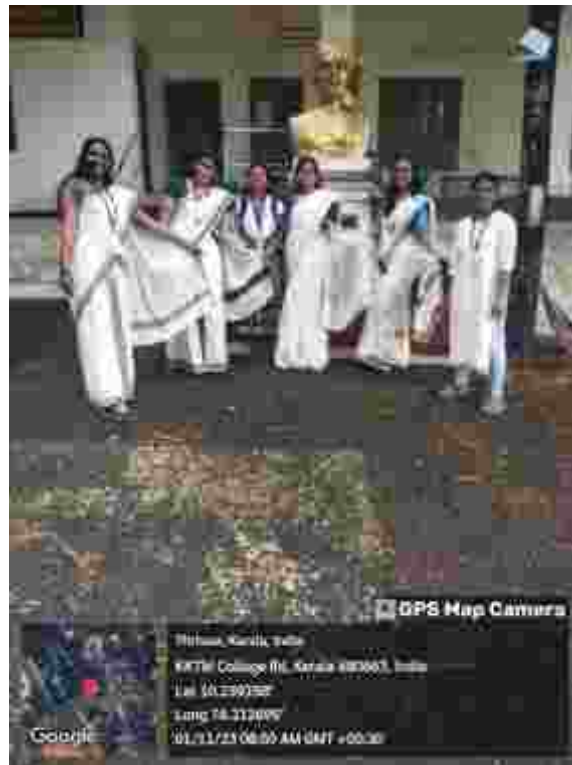
Music: A group of students presented traditional Kerala music, including folk songs and classical pieces.

Drama: A short play depicting the historical formation of Kerala was enacted by the drama club of the college.

Historical Talk: A lecture on the history of Kerala and its significance was delivered by Dr. Harikrishnan G., Assistant Professor of History.

Exhibition:

A cultural exhibition was set up showcasing traditional Kerala artifacts, clothing, tools, and handicrafts. It also featured posters and charts detailing Kerala's history, geography, and notable personalities.



Competitions:

Various competitions were held for students, including:

Essay Writing: Topics related to Kerala's history and culture.

Painting: Themes centered around Kerala's landscapes and festivals.

Quiz: Questions focused on Kerala's heritage and historical events.

Food Festival:

A traditional Kerala food festival was organized where students and staff could savor authentic Kerala cuisine, including dishes like "sadhya," "appam," and "payasam."

Participation and Impact

Participants: Over 100 students participated in the event, along with faculty members and invited guests.

Impact: The celebration fostered a sense of unity and pride among the students. It provided them with a deeper understanding and appreciation of their cultural roots and heritage.

Feedback

The event received positive feedback from all attendees. Many appreciated the effort put into organizing such a comprehensive celebration. Students expressed their joy in participating and learning more about their state's culture and history.

Conclusion

The Kerala Birth Day celebration at KKTm College was a grand success. The NSS Units effectively brought together students and faculty to celebrate and honor the formation of Kerala. The event not only commemorated the historical significance of the day but also promoted cultural awareness and pride among the younger generation.

Registration on My Bharat Yuva Portal

KKTM Government College recently undertook the registration process for NSS volunteers on the My Bharat Yuva Portal. This initiative is part of a broader effort to streamline the registration and management of NSS volunteers across the country, making it easier for students to participate in NSS activities and for organizers to coordinate these efforts.





Participation Details

The registration drive at KKTG Government College saw an enthusiastic response from students. More than 100 students successfully registered as NSS volunteers through the My Bharat Yuva Portal. This significant number reflects the college's commitment to promoting social responsibility and active citizenship among its students.

The registration of over 100 NSS volunteers from KKTG Government College on the My Bharat Yuva Portal marks a significant milestone in the college's NSS program. The enthusiastic participation of the students demonstrates their willingness to engage in community service and their commitment to making a positive difference in society.

Constitutional Literacy Program in Vellankallur Block Panchayat

Date: November 26, 2023

Venue: Vellankallur Block Panchayat, Thrissur District



Objective:

The primary objective of the program was to achieve full constitutional literacy in Vellankallur Block Panchayat, making it the first Block Panchayat in India to achieve this milestone.



Program Overview:

A massive program was organized on Sunday, November 26, 2023, from 8 am to 12 pm across five panchayats within Vellankallur Block Panchayat. The program aimed to deliver a summary of the constitution to approximately 42,000 homes in the region.



Participants:

Volunteers: Around 2,000 dedicated volunteers participated in the event, demonstrating a strong community commitment to constitutional literacy.

NSS Volunteers: Notably, 100 National Service Scheme (NSS) volunteers from KKTM College actively contributed to the program, showcasing the involvement of educational institutions in social initiatives.



Program Execution:

The program involved a well-coordinated effort, with volunteers divided into teams to cover designated areas within the five panchayats. Each team was responsible for delivering the constitution summary to households, ensuring comprehensive coverage across the entire Block Panchayat.



Content Delivery:

The content delivery was designed to be accessible and informative, providing households with a concise yet comprehensive understanding of key constitutional principles and rights. Special emphasis was placed on ensuring clarity and relevance to the everyday lives of community members.



Community Engagement:

The program fostered significant community engagement, with volunteers actively interacting with residents to address any queries and clarify concepts related to the constitution. This direct engagement facilitated meaningful discussions and enhanced awareness among participants.



Impact:

The program's impact was evident in the enthusiastic participation of volunteers and the positive reception from community members. By reaching approximately 42,000 homes, the program significantly contributed to enhancing constitutional literacy within Vellankallur Block Panchayat.



Recognition and Future Initiatives:

The successful execution of the program positions Vellankallur Block Panchayat as a trailblazer in constitutional literacy initiatives. Recognition of this achievement is expected to inspire similar efforts in other regions, contributing to a broader national agenda of promoting constitutional awareness and civic engagement.

Conclusion:

The Constitutional Literacy Program in Vellankallur Block Panchayat stands as a testament to the power of community-driven initiatives in fostering civic awareness and participation. With robust volunteer involvement and widespread community engagement, the program sets a commendable example for promoting constitutional literacy across India.

This report highlights the collaborative efforts of volunteers, educational institutions, and community stakeholders in achieving the shared goal of enhancing constitutional awareness and empowering citizens with knowledge of their rights and responsibilities.

AIDS Awareness Activities

Date: 1st December 2023

Venue: K KTM Government College and V K Rajan Memorial School

Organizers: NSS Units of K KTM Government College

Objective:

The National Service Scheme (NSS) units of K KTM Government College organized a series of events on 1st December 2023 in observance of World AIDS Day. The primary goal was to raise awareness about AIDS, promote HIV/AIDS prevention, and eliminate stigma associated with the disease.

Activities:

Morning Flash Mob at College Auditorium:

The day commenced with an impactful flash mob performance by NSS volunteers at the college auditorium. The flash mob served as a creative medium to capture the attention of the college community and deliver key messages about AIDS prevention and the importance of HIV testing and treatment.





Pledge Taking Ceremony:

Following the flash mob, all attendees, including students, faculty, and staff, participated in a pledge-taking ceremony. The pledge emphasized solidarity in the fight against AIDS, commitment to spreading awareness, and fostering a supportive environment for individuals affected by the disease.



Afternoon Rally to VK Rajan Memorial School:

In the afternoon, a spirited rally was organized from K KTM Government College to VK Rajan Memorial School. The rally served as a vibrant demonstration of unity and determination in combating AIDS. NSS volunteers, along with students and faculty members from the institution, marched through the streets, carrying banners, placards, and posters with messages promoting AIDS awareness and prevention.



Pamphlet Distribution:

Upon reaching VK Rajan Memorial School, NSS volunteers engaged in the distribution of informative pamphlets and brochures on AIDS prevention, treatment, and support services available in the community. The pamphlets contained essential information about safe practices, the importance of regular testing, and dispelling common myths and misconceptions surrounding HIV/AIDS.



Flash Mob at VK Rajan Memorial School:

To further amplify the message of AIDS awareness, a second flash mob was organized at VK Rajan Memorial School. This interactive performance aimed to educate and inspire students, teachers, and staff members about the significance of taking proactive measures to prevent the spread of HIV/AIDS.



Conclusion:

The AIDS awareness activities organized by the NSS units of K KTM Government College on World AIDS Day were met with enthusiastic participation and positive feedback from the college and VK Rajan Memorial School communities. Through creative initiatives such as flash mobs, rallies, and pamphlet distribution, the event succeeded in fostering a culture of awareness, compassion, and solidarity in the ongoing global fight against HIV/AIDS. Moving forward, the NSS units remain committed to sustaining these efforts and continuing to promote health education and advocacy initiatives within the college and beyond.

Constitution Day Celebration

Date: January 26, 2024

Venue: KKTm Government College

On January 26, 2024, KKTm Government College celebrated Constitution Day with great enthusiasm and patriotic fervor. This event, organized by the NSS volunteers and faculty members, aimed to honor the spirit of the Indian Constitution and reinforce the values enshrined within it.

Participants

The event saw active participation from:

NSS Volunteers

Faculty Members

Students of KKTm Government College

Reading of the Preamble

The highlight of the event was the collective reading of the Preamble of the Indian Constitution. This solemn activity was led by the Principal of KKTU Government College, with all attendees joining in unison. The reading was a profound moment, underscoring the commitment to uphold the principles of justice, liberty, equality, and fraternity.

Uploading the Preamble

Following the reading, participants were encouraged to visit the official website www.mygov.in/read-the-preamble-india. Here, they uploaded their reading of the Preamble, marking their participation in this nationwide initiative.

Certificate Distribution

Upon successful uploading, participants received digital certificates of participation. These certificates were a token of appreciation for their involvement and a reminder of their pledge to the Constitution.



Significance of the Event

The celebration of Constitution Day at KKTU Government College was not just a ceremonial activity but a powerful reminder of the foundational values of the Indian Republic. By engaging in the reading and sharing of the Preamble, the participants reaffirmed their commitment to the democratic ideals and principles that guide the nation.

Feedback from Participants

NSS Volunteers: The volunteers expressed a deep sense of pride and responsibility. They appreciated the opportunity to participate in such a meaningful event and felt inspired to continue their service with renewed dedication.

Faculty Members: Teachers highlighted the educational importance of the event. They noted that reading the Preamble collectively was an excellent way to instill constitutional values in students and reinforce their importance in daily life.

Students: Many students shared that the experience was enlightening and strengthened their understanding of their rights and duties as citizens of India.



Conclusion

The Constitution Day celebration at KKTm Government College was a resounding success. It served as a poignant reminder of the significance of the Indian Constitution and the enduring values it upholds. The event not only fostered a sense of national pride and unity among the participants but also emphasized the importance of staying true to the principles that form the bedrock of Indian democracy.

The college plans to continue such initiatives in the future to ensure that the spirit of the Constitution remains alive and vibrant among the younger generations

Seven-Day Cohabitation Camp by NSS Units of KKTm Government College

The National Service Scheme (NSS) units of KKTm Government College organized a seven-day cohabitation camp at Puthanchira Government VHSS from the 22nd to the 28th of December 2023. The camp aimed to foster community engagement, personal development, and social responsibility among students.



Day 1: Registration and Inaugural Ceremony



The camp commenced on the 22nd of December 2023 with the registration process starting at 9:30 AM. Enthusiastic NSS volunteers and participants began arriving early to register for the camp, setting a positive tone for the event. By 10:00 AM, the flag hoisting ceremony took place, symbolizing the formal commencement of the camp.



Following the flag hoisting, the inaugural session began. The NSS volunteers sang the NSS anthem, instilling a sense of unity and purpose among the attendees. The College Principal, Dr. Bindu Sharmila T.K., presided over the program, bringing her inspiring leadership to the forefront of the event.



NSS Program Officer Dr. Dhanya P.D. delivered the welcome speech, highlighting the objectives and significance of the camp. Her words set the stage for an enriching week ahead, emphasizing the importance of service and learning.



The inaugural ceremony was graced by the presence of several distinguished guests. The Chairperson of Kodungallur Municipality, Mrs. T.K. Geetha, inaugurated the ceremony with a motivating speech that encouraged the volunteers to actively participate and make a meaningful impact during the camp. Her address underscored the role of youth in community development and the importance of such initiatives.



Other notable speakers included the Headmaster of Government VHSS Puthanchira, Mr. Suresh K.K., who welcomed the participants to the school and extended his support for the camp activities. Kodungallur Municipal Councilor, Mr. Vinayachandran, Puthanchira Ward Member, Mr. Rajesh V.N., and College IQAC Coordinator, Dr. Lovely George, also spoke on the occasion, sharing their insights and encouraging the volunteers. Additionally, Government VHSS Puthanchira PTA President, Mr. Rafi V.K., addressed the gathering, expressing his enthusiasm for the collaboration between the school and the NSS units.



NSS Program Officer Balaji M.N. concluded the inaugural session with a vote of thanks, expressing gratitude to all the dignitaries, volunteers, and participants for their contributions to the program. His appreciation extended to the organizing committee, whose efforts ensured the smooth execution of the inaugural ceremony.

Conclusion

The first day of the seven-day cohabitation camp set a strong foundation for the week ahead. The inspiring speeches, enthusiastic participation, and sense of community marked the beginning of a meaningful journey for the NSS volunteers. The camp promised to be an enriching experience, fostering personal growth and community service, aligning with the core values of the National Service Scheme.

Second Day of the Seven-Day Cohabitation Camp (23/12/2023)

The second day of the seven-day cohabitation camp, held on December 23, 2023, was marked by a series of well-organized and engaging activities. The day began with a morning assembly at 9:00 AM, setting a positive and energetic tone for the participants.





Morning Activities

At 9:30 AM, the announcement march commenced, leading the participants through the premises of the school hosting the camp. This activity served not only to familiarize the campers with their surroundings but also to instill a sense of community and purpose.



By 10:30 AM, the participants were engaged in a thorough cleaning of the camp area. This task was designed to instill a sense of responsibility and teamwork among the campers, promoting a clean and organized environment.



Afternoon Sessions

After a well-deserved lunch break, the afternoon sessions kicked off with a paper bag making workshop at 1:45 PM. This hands-on activity encouraged creativity and practical skills, providing the campers with a tangible takeaway from their efforts.

Following this, at 4:00 PM, a Christmas star making session was conducted. This festive craft activity not only embraced the holiday spirit but also allowed participants to express their artistic abilities and fostered a sense of togetherness.

Ice Breaking Session

A significant highlight of the day was the 'ice breaking' session conducted by Christ College Assistant Professor Jebin K. Davis. This session aimed to ease the discomfort of being away from home and build confidence among the students. Professor Jebin K. Davis employed various interactive techniques to engage the participants, helping them to relax and connect with one another. The success of this session was evident in the increased camaraderie and reduced homesickness among the campers.

Evening Activities

The evening was filled with excitement as the cultural program began at 8:00 PM. NSS volunteers showcased a variety of performances, reflecting the diverse talents and cultural heritage of the participants. This vibrant display of music, dance, and drama provided entertainment and strengthened the bonds among the campers.

At 9:30 PM, a camp review was conducted. This session provided an opportunity for reflection and feedback, allowing participants to share their experiences and thoughts about the day's activities. The feedback was overwhelmingly positive, with many campers expressing appreciation for the well-structured schedule and engaging activities.

Conclusion of the Day: The day concluded at 10:00 PM when the camp activities officially ended, and everyone retired for the night. The sense of achievement and satisfaction was palpable as the campers prepared for the next day, looking forward to more enriching experiences.

Overall, the second day of the camp was a resounding success, filled with productive and enjoyable activities that fostered learning, creativity, and community spirit among the participants.

Day Three of the Seven-Day Sahavasa Camp

Date: 24th December 2023

Highlights of the Day:

Early Morning Yoga Session

The day began with an invigorating yoga class led by Alumni Devprayag of KKTM Government College. The session started at 6 am and saw enthusiastic participation from all camp attendees. Devprayag, an experienced yoga instructor, guided the volunteers through a series of exercises aimed at promoting physical health and mental well-being. The session set a positive tone for the rest of the day.



Morning Assembly and Activities

Following the yoga class, the assembly resumed at 8:30 am. This gathering served as an opportunity to outline the day's schedule and distribute responsibilities among the NSS volunteers. The morning assembly was marked by a strong sense of camaraderie and commitment to the day's activities.



At 9 o'clock, the NSS volunteers embarked on a community outreach mission. They visited the houses in the premises of the school where the camp was being held to distribute vegetable seedlings. This initiative was part of a broader effort to encourage local households to engage in sustainable gardening practices.

Community Cleanliness and Education Efforts

In addition to distributing seedlings, the volunteers conducted educational sessions in the nearby houses. They emphasized the importance of cleanliness and hygiene, providing practical tips and strategies for maintaining a clean living environment. The interaction was well-received by the community, highlighting the volunteers' role in promoting public health.

School Premises Cleaning

By 11:30 am, the volunteers turned their attention to the school and its surrounding premises. They undertook a thorough cleaning operation, ensuring that the environment was tidy and conducive to learning. This activity not only benefited the school but also instilled a sense of responsibility and teamwork among the volunteers.

Anti-Drug Awareness Session

The afternoon session at 2 pm featured a crucial anti-drug awareness class conducted by Kodungallur Excise Officer M. Shamnad. Officer Shamnad provided insightful information on the dangers of drug abuse and the importance of staying drug-free. His engaging presentation included real-life examples and interactive discussions, making it a highly impactful session for the volunteers.



Establishing a Vegetable Garden

In the spirit of sustainability and self-sufficiency, the NSS volunteers set up a vegetable garden in the school yard. This project aimed at providing the school with a source of fresh produce and teaching students the basics of gardening and

agriculture. The volunteers worked diligently, preparing the soil, planting seeds, and setting up a watering system.

Evening Interaction and Cultural Program

At 6 pm, the volunteers had the opportunity to interact with members of the KKTM - NSS Old Volunteers Association. This interaction was enriching, as the alumni shared their experiences and offered valuable advice to the current volunteers.



The day concluded with a vibrant cultural program starting at 8 pm. Various artistic performances were presented by the NSS volunteers, showcasing their talents in music, dance, and drama. The cultural program was a highlight of the day, providing entertainment and fostering a sense of community.



Camp Review and Conclusion

After the cultural activities, a camp review session was held at 9:30 pm. This review provided a platform for the volunteers to reflect on the day's activities, share their experiences, and offer feedback for future improvements. The day ended on a positive note, with everyone retiring for the night after a fulfilling and productive day.

Conclusion:

The third day of the Sahavasa camp was marked by a blend of physical activity, community service, educational initiatives, and cultural exchange. The volunteers demonstrated dedication and teamwork, contributing to the camp's success and leaving a positive impact on the local community.

Sahavasa Camp Day Four Report - 25th December 2023

The fourth day of the Sahavasa Camp, organized by the NSS units of KKTm Government College, was filled with a variety of enriching and community-focused activities. The day began early and concluded with a festive spirit, reflecting the dedication and enthusiasm of the volunteers.

Morning Activities

The day commenced at 6:00 AM with a yoga session led by Devprayag, an esteemed alumnus of KKTm Government College. This session was designed to invigorate the participants and prepare them for the activities ahead. Following the yoga session, the assembly resumed at 8:30 AM, providing a platform for the volunteers to gather, reflect on the previous day's activities, and outline the plans for the day.

Community Service and Environmental Awareness

At 9:00 AM, the NSS volunteers engaged in a cleanliness drive, focusing on the school and its premises where the camp was being held. This activity not only helped in maintaining a clean environment but also instilled a sense of responsibility and teamwork among the volunteers.





Following the cleanliness drive, at 11:30 AM, the volunteers undertook the construction of a grass shed. This task involved collaborative efforts and practical skills, contributing to the infrastructure of the camp site and enhancing the living conditions for the duration of the camp.



Visit to the Old Age Home

In the afternoon, at 2:00 PM, the volunteers visited an old age home named Sweet Home. This visit was a heartwarming experience, as the NSS volunteers distributed necessary food items to the inmates, demonstrating compassion and social responsibility. The volunteers also shared a meal with the residents, fostering a sense of community and care. Before departing, the volunteers

presented various cultural programs, bringing joy and entertainment to the elderly residents.



Evening Celebrations

The evening activities began at 5:00 PM with Christmas carols. The NSS volunteers formed carol groups and visited nearby houses, spreading festive cheer and goodwill. This activity not only celebrated the spirit of Christmas but also strengthened the bond between the camp participants and the local community.

At 6:00 PM, a cultural program was organized under the leadership of the NSS volunteers. This event featured a range of artistic performances, showcasing the talents of the volunteers and providing a platform for creative expression. The cultural program was a highlight of the day, reflecting the vibrant spirit and unity of the camp participants.

Conclusion of the Day

The day concluded with a camp review at 9:30 PM, where the activities of the day were discussed, and feedback was shared. This session provided an

opportunity for reflection and planning for the remaining days of the camp. After the review, the volunteers retired for the night, marking the end of a fulfilling and eventful day.

The fourth day of the Sahavasa Camp was a blend of physical activity, community service, cultural expression, and festive celebration, embodying the core values of the NSS and fostering a spirit of camaraderie and service among the participants.

Fifth Day of the Sahavasa Camp

Date: 26th December 2023

The fifth day of the Sahavasa camp was packed with a series of enriching and engaging activities for the NSS volunteers. Here's a detailed report of the day's events:

Morning Activities:

Yoga Class: The day commenced at 6:00 AM with an invigorating yoga session. The early morning yoga class aimed to promote physical well-being and mental calmness among the volunteers. Under the guidance of an experienced instructor, the participants engaged in various asanas and breathing exercises, setting a positive tone for the rest of the day.

Assembly: Following the yoga class, the assembly resumed at 8:30 AM. This assembly served as a platform for the volunteers to gather, share experiences from the previous day, and outline the plans for the day ahead.

Community Service – Road Clearing: At 9:00 AM, the volunteers took to the road in front of the school where the camp was held. Armed with tools and a strong sense of community service, they cleared the road, ensuring it was free

from debris and safe for use. This activity not only contributed to the community but also fostered a sense of responsibility and teamwork among the volunteers.

Afternoon Activities:

Mural Painting: In a bid to beautify the school premises, the volunteers engaged in painting murals on the walls of the school. This creative endeavor transformed the school environment, adding vibrant colors and inspiring images that uplifted the spirit of the entire camp. The murals, depicting various themes, showcased the artistic talents of the volunteers and left a lasting impression on everyone.

First Aid Class: At 2:00 PM, a crucial first aid class was conducted by the officer from the Mala Fire and Rescue Station. The session was highly informative, providing the volunteers with essential first aid skills and knowledge. This training included practical demonstrations and interactive discussions, equipping the participants with the ability to respond effectively in emergency situations.

Evening Activities:

Cultural Program: The day culminated in a cultural program that began at 6:00 PM. Organized and led by the NSS volunteers, the evening was filled with various artistic performances, including music, dance, and drama. These performances not only entertained the audience but also highlighted the diverse talents of the volunteers. The cultural program fostered a sense of camaraderie and provided a platform for self-expression.

Conclusion of the Day:

Camp Review: At 9:30 PM, a camp review session was held. This reflective meeting allowed the volunteers to discuss the day's activities, share feedback, and plan for the remaining days of the camp. It was an opportunity to acknowledge the hard work and contributions of everyone involved and to ensure that the camp objectives were being met.

After the camp review, the volunteers retired for the night, ready to rest and rejuvenate for the activities planned for the remaining days of the camp.

The fifth day of the Sahavasa camp was a testament to the spirit of service, creativity, and learning that defines the NSS volunteers. Each activity contributed to the personal growth of the participants and the betterment of the community, making it a memorable and impactful day.

Sixth Day of the Seven-Day Sahavasa Camp

Date: 27th December 2023

The sixth day of the Sahavasa Camp, organized by the NSS volunteers, was a bustling day filled with various activities, health camps, educational sessions, and cultural events. The day commenced early and was meticulously planned to ensure maximum engagement and benefit for the participants and the local community.

Morning Yoga Session

The day began at 6:00 AM with a rejuvenating yoga class. This session aimed to enhance the physical and mental well-being of the participants, setting a positive tone for the rest of the day. The early morning yoga helped in refreshing the minds and energizing the bodies of the NSS volunteers and other participants.

Assembly and Community Service

Following the yoga session, the camp assembly resumed at 8:30 AM. During this assembly, the day's schedule was outlined, and volunteers were briefed about their roles and responsibilities.

At 9:00 AM, the volunteers undertook a community service task by clearing the road in front of the school where the camp was held. This initiative was part of the camp's broader objective of promoting cleanliness and civic responsibility among the volunteers and the local residents.

Eye Examination Camp

A significant highlight of the day was the eye examination camp organized in collaboration with Thrissur Arya Eye Care Hospital. This camp, aimed at providing free eye check-ups, received overwhelming support and cooperation from the local community. A large number of locals turned up to get their eyes examined, reflecting the success and impact of the initiative.

Educational Session

In the afternoon, at 2:00 PM, an educational session was conducted by Assistant Professor Hallelurahman from Tripunithura RLV College of Music and Fine Arts. This class provided valuable insights and knowledge, enriching the educational experience of the participants. The session was well-received, highlighting the diverse learning opportunities offered during the camp.

Magazine Preparation

Throughout the day, NSS volunteers were actively involved in preparing a camp magazine. This magazine served as a creative outlet for the volunteers to document their experiences, reflections, and learnings from the camp. It also showcased the talents and contributions of the participants, fostering a sense of achievement and camaraderie among them.

Debate on 'Garbage-free New Kerala'

At 6:00 PM, a debate on the theme 'Garbage-free New Kerala' was organized. This debate saw enthusiastic participation from the NSS volunteers, who actively engaged in discussing the importance of cleanliness and sustainable waste management practices. The debate not only enhanced their public speaking and critical thinking skills but also raised awareness about environmental issues.

Cultural Program: The day culminated with a cultural program at 8:00 PM, led by the NSS volunteers. This program featured a variety of artistic performances,

showcasing the talents and creativity of the participants. The cultural evening was a vibrant and joyous affair, fostering a sense of unity and cultural appreciation among the volunteers.

Camp Review

At 9:30 PM, a camp review session was held where the day's activities were reviewed, and feedback was shared. This session provided an opportunity for reflection and planning for the remaining days of the camp. After the review, the participants retired for the night, looking forward to the final day of the camp.

The sixth day of the Sahavasa Camp was a testament to the dedication and enthusiasm of the NSS volunteers. The day's activities not only contributed to the personal growth of the participants but also made a significant positive impact on the local community.

Sahavasa Camp Concluded Successfully

Date: 28th December 2023

The seventh and final day of the Sahavasa Camp, organized by the NSS units of KKTM Government College, commenced with the usual morning routine of exercise and yoga class at 6:00 am, fostering physical and mental wellness among the participants.

At 8:30 am, an assembly was convened under the guidance of NSS Program Officers, setting the tone for the day's activities.

Following the assembly, at 9:00 am, the eagerly awaited magazine, meticulously prepared by the NSS volunteers, was published, showcasing their creativity and dedication.

The highlight of the day commenced at 10:00 am with the commencement of the concluding session of the seven-day cohabitation camp. The atmosphere was charged with enthusiasm as NSS volunteers gathered to mark the successful

culmination of the event. The session commenced with the rendition of the NSS anthem, echoing the spirit of service and unity among the participants.

Dr. Dhanya P.D., NSS Program Officer, extended a warm welcome to all present, setting the stage for the proceedings. Dr. Bindu Sharmila T.K., the esteemed Principal of KKTM Government College, graced the occasion and presided over the closing session, underscoring the significance of the event.

The NSS Volunteer Secretary presented a comprehensive camp report, reflecting on the achievements and challenges encountered during the seven-day endeavor. The report shed light on the various activities undertaken and their impact on the participants and the community at large.

Adding to the significance of the event, the Headmaster of Govt. VHSS Puthanchira extended greetings and shared insightful remarks, emphasizing the importance of youth participation in community development initiatives.



NSS volunteers took center stage as they passionately shared their camp experiences, highlighting moments of learning, growth, and camaraderie.



The closing session culminated with a heartfelt vote of thanks by NSS Program Officer Balaji MN, expressing gratitude to all individuals and institutions involved in making the Sahavasa Camp a resounding success.



In conclusion, the Sahavasa Camp concluded on a high note, leaving an indelible impact on the participants, fostering a spirit of service, leadership, and social responsibility. The event served as a testament to the power of collective action in effecting positive change in society.

Orientation Program - 7th February 2024

Introduction:

An orientation program for newly enrolled NSS (National Service Scheme) volunteers was conducted by senior NSS volunteers on 7th February 2024. The program aimed to acquaint the new members with their roles, responsibilities, and commitments towards society.



Program Agenda:

Duties of NSS Volunteers:

Emphasized the significance of community service and the role of NSS volunteers in societal development.

Discussed various activities and initiatives undertaken by NSS volunteers to address social issues such as education, health, and environmental sustainability.



Duties Towards Society:

Explored the ethical and moral obligations of individuals towards society.

Encouraged participants to actively engage in community development projects and contribute positively to the welfare of society.

Teaching NSS Geetham and NSS Clap:

Introduced NSS Geetham, the anthem of the National Service Scheme, fostering a sense of unity and dedication among volunteers.

Demonstrated NSS Clap, a symbolic gesture representing solidarity and commitment towards social service.



Highlights:

Interactive Sessions: Engaging discussions and interactive sessions were conducted to encourage participation and foster a sense of camaraderie among the volunteers.

Practical Demonstrations: Practical demonstrations of NSS Geetham and NSS Clap were provided to ensure active involvement and understanding among the participants.

Inspirational Talks: Senior NSS volunteers shared their experiences and insights, inspiring the new members to take up leadership roles and make a positive impact on society.



Conclusion:

The orientation program served as a platform for the new NSS volunteers to familiarize themselves with the core principles and values of the National Service Scheme. It instilled a sense of purpose and responsibility, motivating them to actively contribute to the betterment of society. The participants left the program with a renewed commitment to serve their communities and uphold the ethos of the NSS.

LED Christmas Star Making Workshop

Date: December 14, 2023

Venue: KKTm Government College

Organized By: History and Physics Departments

In Collaboration With: IQAC, NSS, and Science Forum



Overview:

As part of the National Energy Conservation Day, the History and Physics Departments of KKTm Government College organized a workshop on LED Christmas Star Making. The event aimed to promote energy conservation while fostering creativity and skill development among students. The workshop was conducted in collaboration with the Internal Quality Assurance Cell (IQAC), National Service Scheme (NSS), and the Science Forum.

Speakers:

Distinguished speakers including Dr. Bindu Sharmila TK, Dr. KK Ramani, Dr. Lovely George and Balaji M N graced the event with their valuable insights. They

highlighted the importance of energy conservation and encouraged students to actively participate in such initiatives.



Workshop Objective:

The primary objective of the workshop was to provide students with vocational training opportunities alongside their academic pursuits. By learning the art of making LED Christmas stars, students were not only able to enhance their creative skills but also potentially generate income through the sale of their creations.



Activities:

The workshop commenced with an introduction to the significance of National Energy Conservation Day and the importance of sustainable practices in today's world. Participants were then guided through the process of making LED Christmas stars using eco-friendly materials. Practical demonstrations and hands-on sessions were conducted to ensure that students gained a comprehensive understanding of the techniques involved.

Outcome:

The workshop proved to be a resounding success, with enthusiastic participation from students and staff alike. The LED stars crafted by NSS volunteers were not

only aesthetically pleasing but also served as a testament to the talent and dedication of the participants. The distribution of these stars among the college community further spread the message of energy conservation and sustainability.



Conclusion:

The LED Christmas Star Making Workshop served as a platform for students to harness their creativity while contributing to the cause of energy conservation. The event not only imparted valuable skills but also fostered a sense of

environmental responsibility among the participants. Such initiatives underscore the college's commitment to holistic education and community engagement.

Acknowledgments:

The organizers extend their heartfelt gratitude to all the speakers, volunteers, and participants who contributed to the success of the workshop. Special thanks are also due to the departments involved, as well as IQAC, NSS, and the Science Forum, for their support and collaboration.



Future Directions:

Building on the success of this workshop, the college intends to organize similar events in the future to promote sustainable practices and empower students with vocational skills. By continuing to integrate such initiatives into the academic curriculum, the college aims to nurture socially responsible citizens capable of making meaningful contributions to society.

Participation of NSS Volunteers in Nava Kerala Sadas

Introduction

The Nava Kerala Sadas, an initiative organized by the Kerala Government, aims to address the grievances of the people across all districts of the state. This program has garnered significant attention and witnessed a massive turnout, highlighting the public's enthusiasm to voice their concerns and seek redressal. Given the high attendance, managing the event became a challenging task, necessitating additional support to ensure its smooth conduct.

Request for Volunteer Support

In response to the anticipated crowd and the need for effective crowd management, the authorities sought assistance from the National Service Scheme (NSS) volunteers. The Thrissur Mala Police Station requested the services of NSS volunteers from KKTU Government College. A total of 36 dedicated volunteers from the college were selected to assist in managing the event.

The List of N S S Volunteers who participated in Nava Kerala Sadas is given below:

Sl.no	Name	class	Gender	Contact no.
1	Mariya Dona	I B A MALAYALAM	Female	8606247383
2	Aswathy	I B A MALAYALAM	Female	9605015831
3	Devika	I B A MALAYALAM	Female	8156912890
4	Nandana	I B A MALAYALAM	Female	8136891601
5	Athulya	I B A MALAYALAM	Female	9995224041
6	Rithunandh	I B A MALAYALAM	Male	9745136850
7	Sheethal	I B A MALAYALAM	Female	9895956623
8	Athul Krishna	I B A MALAYALAM	Male	8075741302
9	Anarga	I B A MALAYALAM	Female	7902976890
10	Akhil	I B A MALAYALAM	male	9048453662
11	Ramees	I B A MALAYALAM	male	7510913497
12	Sreerag	I B A MALAYALAM	male	9562390267
13	Rehna	III B A MALAYALAM	Female	9496171974
14	Vishnu	III B A MALAYALAM	male	94465 30364
15	Jomith	III B A MALAYALAM	Male	8078407510
16	Abhiram	III B A MALAYALAM	Male	8078988407
17	Akshara	III B A BTM	Female	9539174725

18	Parthiv	I B.Sc Botany	Male	6238358977
19	Siddharth	I B A BTM	Male	8590573812
20	Sanjay	I B.Sc.AppliedPhysics	Male	6282292256
21	Lal Kishore	I B.Sc Zoology	Male	8590674445
22	Arun V P	I B.Sc Zoology	Male	9746956950
23	Muhammad Afsal	I B A MALAYALAM	Male	9846540750
24	Adithya K S	II B A MALAYALAM	Female	9846198156
25	Sriya	III B A MALAYALAM	Female	8304805297
26	Minnu Krishna	III B A MALAYALAM	Female	9656169715
27	Afsana	III B A MALAYALAM	Female	8891988932
28	Krishna Priya	III B A MALAYALAM	Female	8075921571
29	Nandana	III B A MALAYALAM	Female	8848813879
30	Rubiyan	III B A MALAYALAM	Male	7902212701
31	Noorjahan	III B A History	Female	9778363551
32	Akshay	III B A BTM	male	9497325732
33	Sai	III B A BTM	Male	75106656638
34	Badhra Abhilash	III B A MALAYALAM	Female	9846198156
35	Avanthika P	II B A History	Female	9037685837
36	Safa c	II B A History	Female	7012622370

Event Details

The Nava Kerala Sadas was held on December 6th at Mala Carmel College. The responsibilities assigned to the NSS volunteers included:

Providing Food and Water: Ensuring that all attendees had access to necessary refreshments.

Traffic Control: Managing the flow of vehicles to prevent congestion and ensure smooth movement.

Crowd Control: Handling the large turnout to maintain order and prevent overcrowding.

Volunteer Contributions: The NSS volunteers from KKTU Government College executed their duties with commendable efficiency and dedication. Their efforts in providing food and water ensured that attendees were comfortable throughout the event. The volunteers' role in traffic control was crucial in

maintaining a steady flow of vehicles, which prevented any major traffic jams or disruptions.

Moreover, their crowd control measures were instrumental in managing the large number of participants, thereby preventing any potential mishaps or uncontrollable situations. The volunteers' ability to handle the crowd with patience and tact contributed significantly to the success of the Nava Kerala Sadas.

Acknowledgements

The exceptional service rendered by the NSS volunteers did not go unnoticed. The authorities and event organizers expressed their gratitude and appreciation for the volunteers' hard work and commitment. Their efforts were pivotal in ensuring the smooth execution of the program, demonstrating the positive impact of community service and volunteerism.

Conclusion

The participation of NSS volunteers from KKTm Government College in the Nava Kerala Sadas was a testament to the spirit of service and dedication prevalent among young volunteers. Their contribution played a crucial role in addressing the logistical challenges of the event, thereby supporting the Kerala Government's initiative to engage with and address the grievances of its citizens. The volunteers' performance has set a commendable example for future events, emphasizing the importance of youth involvement in community service.

In recognition of their efforts, the NSS volunteers have been rightfully appreciated, reflecting the positive outcomes that can be achieved through collaborative community efforts.

Blood Donators' list

Introduction

Under the auspices of the National Service Scheme (NSS) units of KKTU Government College, a comprehensive list of students willing to donate blood has been compiled. This initiative aims to support the various blood banks in the Thrissur district by providing them with a ready list of potential donors. By doing so, we intend to facilitate the timely availability of blood, thereby saving lives in emergencies.

Objective

The primary objective of this program is to create a database of blood donors that includes the name, blood group, location, and mobile number of the volunteers. This database will be shared with blood banks across Thrissur to ensure that blood requirements can be met promptly through the services of NSS volunteers.

Data Collection

The NSS units conducted a thorough campaign within the college to raise awareness about the importance of blood donation. Volunteers were encouraged to register their details, resulting in a significant number of students coming forward to participate. The data collected includes:

Name: Full name of the volunteer.

Blood Group: The blood group of the volunteer, essential for matching donor and recipient.

Location: The current residential address or locality of the volunteer to facilitate easy reach.

Mobile Number: Contact number for immediate communication in case of urgent blood requirements.

Volunteer List



Impact and Benefits

The establishment of this volunteer list has multiple benefits:

Enhanced Accessibility: Blood banks in Thrissur will have immediate access to potential donors, reducing the time required to locate suitable donors in emergencies.

Organized Database: The structured database allows for easy and efficient management of donor information.

Community Engagement: Encourages student participation in community service and fosters a sense of social responsibility.

Life-saving Potential: Timely availability of blood can save numerous lives, particularly in critical situations like accidents, surgeries, and medical conditions requiring transfusions.

Future Plans

To ensure the sustainability and expansion of this initiative, the following steps are planned:

Regular Updates: Periodic updates to the volunteer list to include new donors and remove those who are no longer available.

Awareness Campaigns: Continuous awareness programs to encourage more students to join the cause.

Collaborations: Partnering with more blood banks and healthcare institutions to expand the reach and impact of the program.

Training: Providing basic training to volunteers on the importance of blood donation and the procedures involved.

Conclusion

The NSS units of KKTm Govt College have taken a commendable step in creating a database of blood donors. This initiative not only supports the blood banks in Thrissur but also promotes a culture of community service among students. The positive response from the volunteers indicates a strong willingness to contribute to society and make a difference. Moving forward, continuous efforts will be made to maintain and expand this noble initiative.

This report highlights the critical aspects of the blood donation volunteer program and its significance in ensuring the availability of blood to those in need. The cooperation and enthusiasm of the students reflect the success and potential of this initiative in saving lives.

3-Day NSS Residential Camp

Venue: Government Law College, Kozhikode

Theme: Constitution and Constitutional Society

Date: January 5-7, 2024

Participants from KKTm Government College: Rithu Nandh, Ayesha Risha, Shifana, Rinshida

Introduction

The National Service Scheme (NSS) organized a three-day residential camp at Government Law College, Kozhikode from January 5th to 7th, 2024. The theme for this camp was "Constitution and Constitutional Society," aiming to educate

and inspire students about the significance of the Indian Constitution and their role in upholding constitutional values. Participants from various NSS units across the region, including Rithu Nanth, Ayesha Risha, Shifana, and Rinshida from KKTm Government College, actively took part in the camp.

Day 1: January 5, 2024

Inauguration Ceremony:

The camp commenced with an inauguration ceremony graced by prominent figures, including the Principal of Government Law College and esteemed guests from the legal and academic fields. The ceremony began with a welcome address, followed by speeches highlighting the importance of the Constitution in contemporary society.



Ice-breaking Sessions:

Post the inauguration, participants engaged in ice-breaking activities designed to foster camaraderie and teamwork. These sessions included group discussions, interactive games, and role-playing exercises centered around the principles of the Constitution.

Workshop on Constitutional Rights:

A workshop was conducted in the afternoon, focusing on fundamental rights and duties enshrined in the Constitution. Eminent speakers, including law professors and constitutional experts, provided insights into the significance of these rights in everyday life. The session was interactive, with students posing questions and sharing their perspectives.

Day 2: January 6, 2024

Seminar on Constitutional Amendments: The second day began with a seminar discussing various constitutional amendments and their impact on Indian society. Participants learned about landmark amendments and the procedures involved in making constitutional changes. This session emphasized the dynamic nature of the Constitution and its ability to adapt to changing societal needs.

Group Activities and Presentations:

In the afternoon, participants were divided into groups to work on presentations related to different aspects of the Constitution, such as the Preamble, Directive Principles of State Policy, and the structure of the Indian government. Each group presented their findings, fostering a deeper understanding of constitutional provisions.

Interactive Session with Legal Experts:

An interactive session with practicing lawyers and judges was organized, allowing students to discuss real-life applications of constitutional law. This session provided a practical perspective on how constitutional provisions are interpreted and applied in the judicial system.

Day 3: January 7, 2024

Panel Discussion on Contemporary Constitutional Issues:

The final day featured a panel discussion on contemporary issues such as freedom of speech, right to privacy, and the role of the judiciary in maintaining

constitutional balance. Panelists included law professors, social activists, and senior students specializing in constitutional law.

Cultural Program:

A cultural program was organized in the evening, where students showcased their talents through skits, songs, and dances related to the theme of the Constitution. This program highlighted the cultural diversity and unity in India, aligning with constitutional values of equality and justice.

Valedictory Ceremony:

The camp concluded with a valedictory ceremony. Certificates of participation were distributed to all attendees. Speeches by student representatives, including Rithu Nanth and Ayesha Risha from KKTU Government College, expressed gratitude for the enriching experience and the knowledge gained during the camp.

Conclusion

The three-day NSS residential camp at Government Law College, Kozhikode was a resounding success. It provided participants with an in-depth understanding of the Constitution and its relevance in today's society. The interactive sessions, workshops, and cultural activities not only educated but also inspired students to be proactive citizens upholding constitutional values. Participants from KKTU Government College, namely Rithu Nanth, Ayesha Risha, Shifana, and Rinshida, actively contributed to the camp's success, demonstrating enthusiasm and commitment throughout the event.

This camp reinforced the importance of constitutional awareness among youth, preparing them to contribute positively to society by embracing and promoting constitutional principles in their daily lives.

'Blood Donors Kerala - Campus Meet

Event Overview

The 'Blood Donors Kerala – Thrissur' campus meet was successfully organized on January 13, 2024, at 4:30 PM. The event took place at the historic and culturally significant premises of the Vadakkunatha Temple in Thrissur. This initiative was designed to engage campus students in the life-saving activities of Blood Donors Kerala (BDK), with a particular focus on establishing blood donation cells in colleges as part of the National Service Scheme (NSS).

Objectives

The primary objective of the program was to foster a culture of regular blood donation among college students. By integrating blood donation cells within college campuses, the program aims to ensure a steady supply of blood for medical emergencies and create a community of responsible young donors.

Participants

The event witnessed enthusiastic participation from NSS volunteers of KKTM Government College. These volunteers played a crucial role in promoting the importance of blood donation and encouraging their peers to join the initiative.



Program Details

The program commenced with an introductory speech by the chief organizer, who highlighted the significance of blood donation and the vital role that young donors play in saving lives. This was followed by an inspiring keynote address from a renowned medical professional, emphasizing the medical and humanitarian aspects of blood donation.



Key Activities:

Awareness Session: A detailed session on the importance of blood donation, eligibility criteria, and the process of blood donation was conducted. This session aimed to dispel myths and fears associated with blood donation.

Testimonies: Several donors shared their personal experiences, which motivated the attendees to consider becoming regular donors.

Interactive Q&A: An interactive session allowed participants to ask questions and clear any doubts they had about blood donation.

Registration Drive: A registration booth was set up for students to enroll as potential donors and volunteers for future BDK activities.

Outcomes

The campus meet achieved its goal of raising awareness and enthusiasm about blood donation among college students. Several students registered as donors, and many expressed their willingness to be actively involved in setting up blood cells within their respective colleges.

Conclusion

The 'Blood Donors Kerala – Thrissur' campus meet was a resounding success, marked by high levels of student engagement and commitment. The event not only educated students about the importance of blood donation but also laid the foundation for ongoing participation in BDK activities through the establishment of college-based blood cells. This initiative is expected to significantly enhance the availability of blood for medical needs and foster a culture of altruism and community service among the youth.

Future Plans

Moving forward, Blood Donors Kerala plans to:

Follow-up Sessions: Conduct regular follow-up sessions and workshops in colleges to sustain interest and involvement in blood donation.

Collaboration with NSS: Work closely with NSS units across various colleges to streamline the process of setting up blood donation cells.

Regular Donation Camps: Organize regular blood donation camps in collaboration with local hospitals and medical centers.

By continuing these efforts, Blood Donors Kerala aims to ensure a reliable supply of blood for those in need and cultivate a generation of dedicated blood donors.

Two-Day Residential Camp at Palakkad Yuvakshtra Institute of Management Studies

Introduction

A two-day residential camp aimed at developing leadership skills and enhancing the understanding of the duties of National Service Scheme (NSS) volunteers was organized at the Palakkad Yuvakshtra Institute of Management Studies. The camp, held on January 13 and 14, 2024, saw enthusiastic participation from NSS volunteers across various institutions, including Mariya Dona and Arsha from KKTM Government College.

Objectives

The primary objectives of the camp were:

To cultivate leadership qualities among NSS volunteers.

To deepen the understanding of the responsibilities and duties of NSS volunteers.

To provide a platform for volunteers to interact, share experiences, and learn from each other.

To engage in activities that promote teamwork, problem-solving, and community service.



Day 1: January 13, 2024

Inauguration Ceremony:

The camp commenced with an inauguration ceremony at 9:00 AM. The Chief Guest delivered an inspiring keynote address highlighting the importance of leadership in community service.



Ice-breaking Session:

Post the inauguration, an ice-breaking session was conducted to help the volunteers get acquainted. Various interactive activities and games facilitated bonding among the participants.



Workshop on Leadership:

The first workshop of the day was on "Effective Leadership Skills," conducted by a renowned leadership coach. The session covered key leadership traits, decision-making processes, and strategies for effective team management. Dona and Arsha actively participated in group discussions and role-playing activities, demonstrating their enthusiasm and keen interest in learning.



Lunch Break:

A lunch break provided an opportunity for informal interactions and networking among the volunteers.

Interactive Session on NSS Duties:

The afternoon session focused on the duties and responsibilities of NSS volunteers. An experienced NSS coordinator, led the session. She emphasized the core values of NSS and the impact volunteers can make in their communities. The session included case studies and real-life examples, which resonated well with the participants.

Team Building Activities:

In the evening, various team-building activities were organized. These activities were designed to foster cooperation, trust, and effective communication among the volunteers. Dona and Arsha exhibited excellent teamwork and leadership during these activities, contributing positively to their respective teams.

Cultural Program:

The day concluded with a cultural program where volunteers showcased their talents in music, dance, and drama. It was a vibrant and enjoyable evening, reflecting the diverse cultural heritage of the participants.

Day 2: January 14, 2024

Morning Yoga Session:

The second day began with a refreshing yoga session at 6:30 AM, led by a professional yoga instructor. The session aimed at promoting physical and mental well-being, essential attributes for effective leadership.

Workshop on Problem-Solving and Decision Making:

A workshop on "Problem-Solving and Decision Making" was conducted by an expert in organizational behavior. The interactive session included practical exercises and simulations, helping volunteers to develop critical thinking and problem-solving skills.

Field Visit:

Post-breakfast, the volunteers went on a field visit to a nearby village where they engaged in community service activities. They participated in a cleanliness drive, conducted an awareness campaign on health and hygiene, and interacted with the villagers to understand their issues. Dona and Arsha played pivotal roles in organizing and executing the activities, demonstrating their leadership and commitment to service.

Reflection and Feedback Session:

In the afternoon, a reflection session was held where volunteers shared their experiences and insights gained from the camp. The feedback was overwhelmingly positive, with many participants, including Dona and Arsha, expressing how the camp had significantly impacted their perspective on leadership and service.

Valedictory Ceremony:

The camp concluded with a valedictory ceremony. Certificates of participation were distributed, and outstanding volunteers were recognized for their contributions.

Conclusion

The two-day residential camp at Palakkad Yuvakshtra Institute of Management Studies was a resounding success. It effectively met its objectives of developing leadership skills and instilling a sense of duty among NSS volunteers. Dona and Arsha from KKTU Government College actively participated and benefited immensely from the camp, gaining valuable insights and experiences that will aid them in their future endeavors as NSS volunteers.

This camp not only strengthened the volunteers' leadership capabilities but also fostered a spirit of camaraderie and collective responsibility towards societal betterment.



Nature Conservation Awareness and Cleaning Camp

Date: February 9-11, 2024

Venue: Chathamangalam MES College of Arts and Science, Kozhikode

Participants: Anjana P S, Aaysha Amna M M, Ashwin Krishna, Nourin V A (NSS Volunteers)

Introduction

A three-day nature conservation awareness and cleaning camp was organized at Chathamangalam MES College of Arts and Science, Kozhikode from February 9 to 11, 2024. The event aimed to promote environmental consciousness among students and the local community, as well as to undertake practical activities to clean and restore the local environment. The camp saw enthusiastic participation from NSS volunteers of the college, including Anjana P S, Aaysha Amna M M, Ashwin Krishna, and Nourin V A.

Day 1: Inauguration and Awareness Sessions (February 9, 2024)

The camp commenced with an inauguration ceremony presided over by the Principal of Chathamangalam MES College of Arts and Science. The event was graced by environmentalists and local government representatives who emphasized the importance of nature conservation and sustainable living.



Key Activities:

Inaugural Speech: The Principal addressed the gathering, highlighting the role of youth in environmental conservation.

Guest Lectures: Eminent environmentalists delivered lectures on topics such as biodiversity conservation, waste management, and the impact of pollution on ecosystems.

Awareness Campaign: The volunteers conducted an awareness campaign in the college premises, distributing pamphlets and engaging students in discussions about environmental issues.

Day 2: Clean-up Drive (February 10, 2024)

The second day was dedicated to a hands-on clean-up drive in and around the college campus. The volunteers, along with other students and faculty members, participated actively in this initiative.

**Key Activities:**

Campus Clean-up: The volunteers split into teams and undertook the cleaning of different sections of the college campus, including gardens, playgrounds, and common areas.

Waste Segregation Workshop: A workshop was conducted on waste segregation and management. Participants learned how to categorize waste into recyclable, non-recyclable, and compostable materials.

Tree Plantation: The day concluded with a tree plantation drive. Native species were planted in various parts of the campus to enhance green cover and biodiversity.

Day 3: Field Trip and Closing Ceremony (February 11, 2024)

The final day featured a field trip to a nearby nature reserve, followed by a closing ceremony to reflect on the experiences and learnings from the camp.

Key Activities:

Field Trip: Volunteers visited a nearby nature reserve, where they observed various conservation practices in action. They were guided by a local forest officer who explained the importance of protecting natural habitats and wildlife.

Reflection Session: On returning to the college, a reflection session was held where volunteers shared their experiences and insights gained from the camp.

Closing Ceremony: The event concluded with a closing ceremony. Certificates of participation were distributed to the volunteers, and special awards were given to those who showed exemplary commitment to the cause.

Conclusion

The three-day nature conservation awareness and cleaning camp at Chathamangalam MES College of Arts and Science was a resounding success. It fostered a sense of environmental responsibility among participants and contributed to the cleanliness and greening of the college campus. The NSS volunteers, Anjana P S, Aaysha Amna M M, Ashwin Krishna, and Nourin V A, played a pivotal role in organizing and executing the activities, showcasing their dedication to the cause of nature conservation. The event underscored the importance of community participation in environmental initiatives and set a positive precedent for future endeavors.

NSS Fest Participation by NSS Volunteers of KKTm Government College

Event: NSS Fest 2024

Venue: Majilis College, Malappuram

Dates: 17th and 18th February 2024

The NSS volunteers of KKTm Government College made a significant mark at the NSS Fest held at Majilis College, Malappuram on the 17th and 18th of February, 2024. This event brought together NSS units from various colleges to participate in a wide array of cultural and social activities aimed at promoting community service, leadership, and teamwork among the youth.



Achievements:

Theme Dance - 1st Prize:

The highlight of our participation was the stellar performance in the Theme Dance competition. Our team, under the guidance of their dance choreographer, showcased a thought-provoking and visually stunning piece that resonated deeply with the audience and judges alike. The theme chosen was "Unity in Diversity," reflecting the essence of India's cultural plurality. The meticulous choreography, combined with expressive movements and a compelling narrative, earned the

team the first prize. This victory is a testament to the hard work, creativity, and dedication of the participants.



Patriotic Group Song - 3rd Prize:

Another notable achievement was in the Patriotic Group Song category, where our team secured the third prize. Their harmonious blend of voices and emotive delivery captivated the audience and demonstrated their musical talent and teamwork.



Preparation and Participation:

The preparation for the NSS Fest began weeks in advance, with volunteers dedicating numerous hours to rehearsals and planning. The dance team, led by their enthusiastic choreographer, focused on perfecting every move and expression to convey their message effectively. Similarly, the group song participants worked tirelessly under the guidance of their music mentor to ensure their performance was pitch-perfect and impactful.

The volunteers also engaged in various preparatory workshops and mock performances to hone their skills. The support and encouragement from the college faculty, particularly the NSS coordinators, played a crucial role in boosting the morale and confidence of the participants.

Experience and Impact:

Participating in the NSS Fest provided our volunteers with an invaluable experience. It was an opportunity to interact with peers from different institutions, exchange ideas, and learn from each other. The event fostered a sense of camaraderie and collective responsibility among the participants, aligning with the core objectives of the NSS.

Winning accolades at such a prestigious event has not only brought glory to KKTM Government College but also inspired other students to engage actively in extracurricular activities. It underscored the importance of hard work, dedication, and the spirit of teamwork.



Conclusion:

The success at the NSS Fest held at Majilis College, Malappuram, is a proud moment for KKTm Government College. The first prize in Theme Dance and the third prize in Patriotic Group Song are commendable achievements that highlight the talent and enthusiasm of our NSS volunteers. We congratulate all the participants and extend our heartfelt gratitude to the faculty and coordinators who supported them throughout this journey. This event has indeed strengthened the spirit of NSS and set a high standard for future endeavors.

Eye Camp Organized by NSS Units of KKTm Government College in Association with Arya Eye Care Hospital, Thrissur

Date: 16th February 2024

Venue: KKTm Government College, Thrissur

Introduction

On the 16th of February, 2024, the NSS units of KKTm Government College, in collaboration with Arya Eye Care Hospital, Thrissur, successfully organized an Eye Camp. This event was a testament to the unwavering commitment of the NSS volunteers towards serving the community. The camp aimed to provide

comprehensive eye care services to students, faculty, and the local community, emphasizing the importance of eye health and early detection of eye-related issues.



Objectives

Provision of Free Eye Check-ups: To offer free eye examinations to all participants.

Awareness Creation: To educate the community on the importance of eye care and prevention of eye diseases.



Early Detection: To identify and provide guidance on the treatment of common eye problems.

Support for Underprivileged: To ensure that underprivileged sections of the community receive the necessary eye care.



Preparations and Coordination

The preparations for the Eye Camp began a month prior to the event. The NSS units, under the guidance of the program officers, coordinated with Arya Eye Care Hospital for logistics and medical support. Volunteers were trained to assist in various activities, including patient registration, preliminary screening, and assisting medical staff. Publicity was done through posters, social media, and announcements in the college and surrounding areas to ensure maximum participation.



Activities on the Day of the Camp

1. Inauguration Ceremony:

The Eye Camp was inaugurated by the Principal of KKTU Government College, along with the chief ophthalmologist from Arya Eye Care Hospital. The ceremony highlighted the importance of community service and the role of students in societal development.

2. Registration and Preliminary Screening:

The event saw an overwhelming response with over 100 participants registering for the eye check-up. NSS volunteers managed the registration desk efficiently, ensuring a smooth process. Preliminary screening included checking visual acuity and collecting basic medical history.

3. Comprehensive Eye Examination:

A team of experienced ophthalmologists from Arya Eye Care Hospital conducted detailed eye examinations. Facilities for refraction tests, slit-lamp examinations, and intraocular pressure measurements were provided. Special attention was given to the elderly and those with known eye conditions.

4. Awareness Sessions:

Interactive sessions on eye health were conducted, focusing on common eye diseases like cataract, glaucoma, diabetic retinopathy, and the importance of regular eye check-ups. Educational pamphlets were distributed, and eye care tips were shared.

5. Distribution of Spectacles:

Free spectacles were distributed to those diagnosed with refractive errors. Arrangements were made for further consultations and treatments at Arya Eye Care Hospital for cases requiring advanced medical intervention.

Outcomes

The Eye Camp was highly successful, achieving its objectives of providing free eye care and raising awareness about eye health. Some notable outcomes include:

High Participation: Over 100 individuals, including students, faculty, and community members, benefitted from the camp.

Early Detection: Several cases of cataracts, glaucoma, and refractive errors were identified and referred for further treatment.



Increased Awareness: The awareness sessions had a significant impact on participants, many of whom committed to regular eye check-ups.

Community Engagement: The event strengthened the bond between the college and the local community, showcasing the college's dedication to social responsibility.

Conclusion

The Eye Camp organized by the NSS units of KKTm Government College in association with Arya Eye Care Hospital was a remarkable success. It highlighted the role of students in community service and the importance of collaborative efforts in addressing public health issues. The commitment of the NSS volunteers

and the support of Arya Eye Care Hospital were instrumental in making this event a milestone in the college's outreach programs.

The NSS units plan to continue such initiatives, aiming to make a lasting impact on community health and well-being. This event not only provided immediate health benefits but also instilled a sense of social responsibility among the volunteers and participants.

Second Anniversary Celebration of 'Karuthal Kootaima'

Thrissur, 11th February 2024

The second anniversary celebration of 'Karuthal Kootaima' was held with great enthusiasm and fervor at the Kottapuram Amphi theatre in Thrissur on 11th February 2024. The event was marked by the commendable participation of the NSS Volunteers from KKTG Government College, who presented a variety of programs that captivated the audience and received widespread appreciation.



Program Overview

The celebration commenced at 5:00 PM with a warm welcome address by the event organizers, highlighting the journey and achievements of 'Karuthal Kootaima' over the past two years. The amphitheater was adorned with vibrant decorations reflecting the spirit of community and solidarity that 'Karuthal Kootaima' stands for.

Performances by NSS Volunteers

The NSS Volunteers of KKTG Government College played a pivotal role in the success of the event, showcasing a range of cultural and social awareness programs. Their performances were well-coordinated and exemplified the values of teamwork, dedication, and community service.



The highlights of their contributions included:

Cultural Dance Performance:

The event opened with a traditional dance performance by the NSS students, featuring classical and folk dances from various parts of Kerala. The intricate choreography and the vibrant costumes added a festive charm to the evening.

Street Play:

A powerful street play was performed, focusing on social issues such as environmental conservation, gender equality, and the importance of education. The play, titled "Manushyathvam," portrayed real-life scenarios and was successful in delivering strong social messages in an engaging manner.



Musical Tribute:

A musical ensemble by the college's music club, composed of NSS Volunteers, paid tribute to the local traditions and heritage. Their rendition of popular Malayalam folk songs was particularly well-received, with the audience singing along and applauding the talent of the young musicians.



Mime Act:

The mime act, centered around the theme of 'Unity in Diversity,' depicted various cultural aspects of India. The performance, devoid of words, used expressive gestures and movements to convey its message, leaving a lasting impact on the audience.

Documentary Screening:

A short documentary created by the NSS Volunteers was screened, showcasing the various initiatives undertaken by 'Karuthal Kootaima' over the past two years. The documentary highlighted the efforts in areas such as healthcare, education, and environmental sustainability, inspiring the audience with stories of change and hope.

Audience Reception

The audience, comprising local dignitaries, residents, and students, responded with overwhelming enthusiasm. Each performance by the NSS Volunteers was met with loud applause and cheers, reflecting the appreciation and admiration for their hard work and creativity.

Conclusion

The second anniversary celebration of 'Karuthal Kootaima' was a resounding success, thanks in large part to the exceptional performances by the NSS Volunteers of KKTU Government College. Their contributions not only entertained but also educated and inspired the community, reinforcing the core values of 'Karuthal Kootaima.' The event concluded with a vote of thanks and a promise to continue the good work in the coming years, further strengthening the bond within the community.

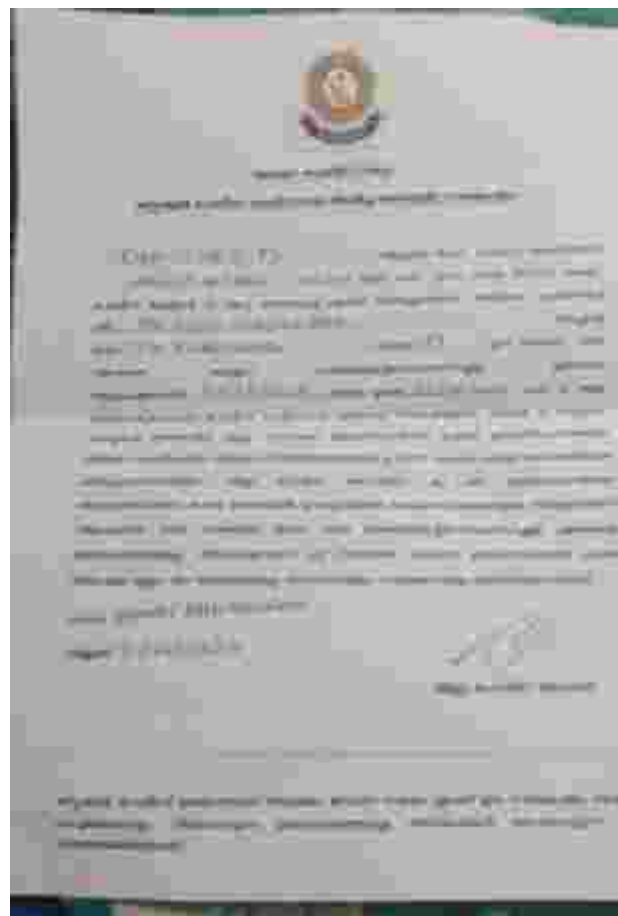
The evening was a testament to the power of youth in driving social change and the importance of cultural programs in fostering unity and awareness. The NSS

Volunteers have set a high standard for future events, and their efforts have undoubtedly left a lasting impression on all who attended.

Appointment of Special Police Officers for the 2024 Lok Sabha General Elections

Introduction

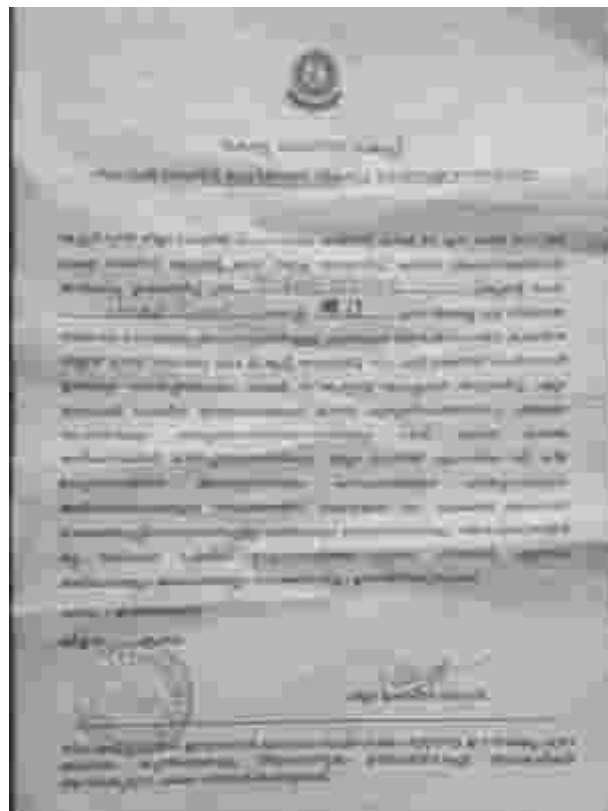
In anticipation of the 2024 Lok Sabha General Elections, the administration has taken significant steps to ensure a smooth and efficient electoral process. A key measure in this regard is the appointment of Special Police Officers (SPOs). Notably, NSS Volunteers from KKTm Government College have been appointed as SPOs, reflecting the government's commitment to involving the youth in maintaining law and order during the elections.



Role and Responsibilities of Special Police Officers

Special Police Officers are tasked with various critical responsibilities aimed at ensuring the elections are conducted in a peaceful and orderly manner. Their primary duties include:

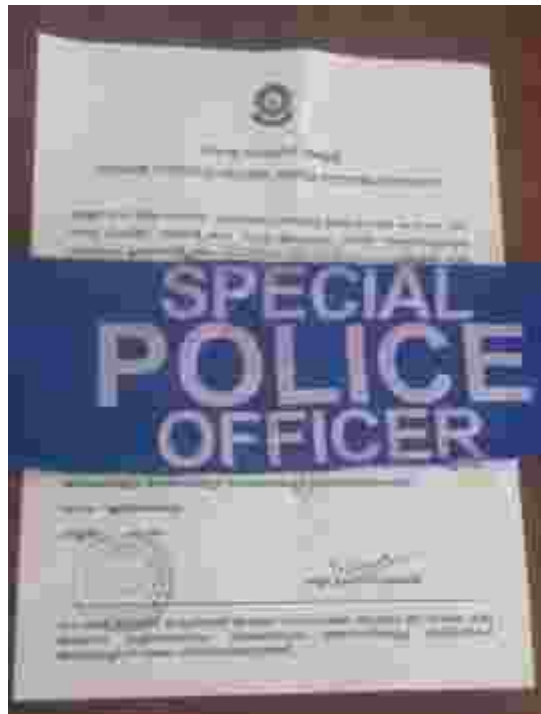
Maintaining Law and Order: SPOs assist in preventing and controlling any disturbances or violence at polling stations and surrounding areas.



Ensuring Voter Safety: They ensure that voters can exercise their right to vote without fear or intimidation.

Assisting the Election Commission: SPOs support the Election Commission of India by implementing its directives and ensuring compliance with election laws.

Monitoring Polling Stations: They oversee the polling stations to ensure that the voting process is conducted fairly and without any irregularities.



Involvement of NSS Volunteers from KKTM Government College

The decision to appoint NSS Volunteers from KKTM Government College as Special Police Officers is a strategic move. These volunteers are known for their discipline, dedication, and commitment to social causes. Their involvement brings several advantages:

Youth Engagement: Involving young volunteers promotes civic engagement and instills a sense of responsibility and patriotism among the youth.

Training and Preparedness: NSS Volunteers are trained in various aspects of community service, including first aid, disaster management, and crowd control, making them well-prepared for the responsibilities of an SPO.

Community Trust: As local volunteers, they share a rapport with the community, which can aid in resolving conflicts amicably and maintaining public trust in the electoral process.

Training and Deployment

Before their deployment, NSS Volunteers underwent rigorous training sessions focused on:

Election Laws and Regulations: Understanding the legal framework governing elections to ensure compliance and proper enforcement.

Conflict Resolution: Techniques for managing and de-escalating conflicts that may arise at polling stations.

Communication Skills: Effective communication strategies to interact with voters, election officials, and law enforcement agencies.

Post-training, these volunteers were strategically deployed across various polling stations identified as sensitive or prone to disturbances. Their presence is expected to act as a deterrent against electoral malpractices and violence.

Impact and Outcomes

The deployment of NSS Volunteers as Special Police Officers is expected to have several positive outcomes:

Enhanced Security: Increased security at polling stations, reducing the likelihood of disruptions.

Fair Voting Environment: Ensuring a free and fair voting environment where every citizen can vote without fear.

Youth Empowerment: Empowering the youth by involving them in significant national activities, thereby fostering a sense of responsibility and leadership.

Conclusion

The appointment of NSS Volunteers from KKTU Government College as Special Police Officers for the 2024 Lok Sabha General Elections represents a proactive approach by the administration to ensure the elections are conducted smoothly and efficiently. This initiative not only strengthens the electoral process but also promotes youth participation in governance and community service. With their training, dedication, and strategic deployment, these volunteers are poised to play a crucial role in upholding democracy and maintaining law and order during the elections.

Blood Donors' Data Collection Center at Thrissur Pooram Exhibition Boosts Blood Donation Drive

Introduction:

In a bid to bolster blood donation efforts and streamline the process of blood collection during the 2024 Thrissur Pooram, 'Blood Donors Kerala' (BDK) launched a pioneering initiative. The Blood Data Collection Center, set up at the Pooram Exhibition grounds, aimed to enlist potential blood donors and gather essential information for efficient blood bank operations across Thrissur district.

Objective:

The primary objective of this program was to compile a comprehensive database comprising the names, blood groups, locations, and contact details of individuals willing to donate blood. By engaging with visitors to the Pooram exhibition, the initiative sought to ensure a readily accessible pool of donors to meet the district's blood requirements promptly.

Implementation: BDK collaborated with NSS volunteers from KKTU Government College to execute the Blood Data Collection Center initiative

effectively. These volunteers played a pivotal role in engaging with attendees of the Pooram exhibition and facilitating the registration process. Utilizing both digital and manual methods, volunteers diligently recorded the pertinent information of interested donors.

Process:

Engagement and Education: NSS volunteers actively interacted with visitors, elucidating the significance of blood donation and the impact it can have on saving lives. Educational materials and awareness campaigns were employed to dispel myths and encourage participation.

Registration: Interested individuals were guided through the registration process, where they provided their name, blood group, location, and mobile number. This information was meticulously documented to ensure accuracy and accessibility.

Data Management: The collected data was organized systematically, leveraging technology to create a dynamic database. This database served as a valuable resource for blood banks in Thrissur district, facilitating swift and targeted donor mobilization when needed.

Impact:

The collaboration between BDK and NSS volunteers yielded significant results, garnering widespread appreciation for their commendable efforts. The following highlights underscore the success of the initiative:

Increased Donor Participation: The proactive engagement strategies employed by volunteers led to a surge in donor registrations, expanding the potential donor pool.

Enhanced Blood Bank Efficiency: The availability of a comprehensive donor database enabled blood banks to streamline their operations and respond promptly to blood requests, thereby saving critical time in emergencies.

Community Engagement: The initiative fostered a sense of community involvement and altruism, with individuals from diverse backgrounds coming forward to contribute to this noble cause.

Conclusion:

The establishment of the Blood Data Collection Center at the Thrissur Pooram Exhibition exemplifies a collaborative effort aimed at promoting voluntary blood donation and addressing the pressing need for blood supply in Thrissur district. The success of this initiative underscores the efficacy of partnerships between civic organizations and volunteer groups in advancing public health objectives. Moving forward, sustained efforts and continued engagement are essential to sustaining the momentum generated by this impactful endeavor.

Awareness Class on Voter Registration

Purpose:

The awareness class on voter registration, organized by the National Service Scheme (NSS) at KKTm Government College, aimed to educate and encourage students to participate in the democratic process by registering as voters. Under the slogan 'Be a voter and strengthen democracy,' the event sought to instill a sense of civic responsibility and empower the youth to engage actively in the electoral process.

Event Details:

The event took place on 27/10/2023 at KKTm Government College . The NSS team, in collaboration with election officials, orchestrated a comprehensive

program to enlighten the student body about the importance of voter registration and participation in elections.

Activities Included:

Educational Presentations: The event commenced with informative presentations highlighting the significance of voter registration in upholding democratic principles. Students were briefed on the electoral process, voting rights, and the impact of their participation on shaping the nation's future.

Interactive Sessions: Engaging discussions and Q&A sessions were conducted to address queries and misconceptions regarding voter registration and election procedures. Students actively participated, expressing their concerns and seeking clarification on various electoral matters.



Demonstration of Registration Process: Election officials facilitated a live demonstration of the voter registration process, guiding students through the steps required to register as voters. Practical demonstrations helped demystify the registration procedure, making it more accessible and comprehensible to the attendees.

Awareness Campaign: Posters, banners, and pamphlets adorned the college premises, promoting the message of voter registration and democratic participation. The campaign aimed to create a pervasive atmosphere of civic consciousness and motivate students to take proactive steps towards becoming responsible voters.



Impact:

The awareness class on voter registration garnered a positive response from the student community, fostering a sense of civic duty and encouraging active engagement in the electoral process. Students expressed newfound enthusiasm towards registering as voters and exercising their democratic rights responsibly. The event succeeded in dispelling misconceptions and equipping participants with the knowledge and resources necessary to become informed and empowered citizens.

Conclusion:

The awareness class on voter registration organized by KKTU Government College NSS, in collaboration with election officials, served as a pivotal initiative in promoting democratic values and fostering civic engagement among the youth.

By instilling a sense of responsibility and encouraging active participation in the electoral process, the event contributed towards nurturing a vibrant and inclusive democracy.

Recommendations:

To sustain the momentum generated by the event, it is recommended to conduct periodic follow-up sessions and outreach programs to ensure continuous voter education and registration drives. Additionally, collaboration with local authorities and civil society organizations can amplify the impact of future initiatives aimed at promoting electoral participation and strengthening democratic institutions.

NSS Camp "Dakshata" at Christ College, Irinjalakkuda

Date: December 9-10, 2023

Introduction:

The National Service Scheme (NSS) camp "Dakshata" was held at Christ College, Irinjalakkuda, on December 9th and 10th, 2023. The camp aimed to foster a sense of social responsibility, community engagement, and leadership among participants. This detailed report encapsulates the activities, participation, and outcomes of the camp.

Participants:

The camp saw active participation from the NSS units of KTM Government College, including:

Anvas, Vishnu Thilakan, Akhila Manoj, Shafna P P

Activities:

Inaugural Ceremony: The camp commenced with an inaugural ceremony marked by speeches from dignitaries, including college authorities and NSS coordinators. The significance of community service and the objectives of the camp were emphasized.



Community Outreach: Participants engaged in various community outreach activities aimed at addressing local issues and needs. This included:

Cleanliness drives in nearby areas.

Awareness campaigns on hygiene, sanitation, and environmental conservation.

Interaction with local residents to understand their challenges and concerns.

Skill Development Workshops: To empower participants with practical skills, workshops on topics such as first aid, sustainable development, and communication skills were conducted. These workshops were interactive and facilitated peer learning.

Cultural Exchange: Participants had the opportunity to interact with students from Christ College and other participating institutions, promoting cultural exchange and fostering friendships beyond boundaries.

Campfire and Cultural Night: An evening of camaraderie and cultural celebration was organized, featuring music, dance performances, and skits by participants. This provided a platform for participants to showcase their talents and unwind after a day of activities.



Reflection Sessions: Throughout the camp, reflection sessions were conducted to encourage participants to introspect on their experiences, learning, and personal growth. These sessions facilitated deeper insights and a sense of collective learning.

Outcomes:

Increased Awareness: Participants gained a deeper understanding of social issues and their role in addressing them, fostering a sense of empathy and responsibility towards the community.

Skill Enhancement: Workshops and hands-on activities equipped participants with practical skills, empowering them to contribute effectively to social causes and become agents of change.

Community Bonding: The camp provided a platform for participants to connect with each other and with the community, fostering bonds of friendship and solidarity.

Personal Growth: Through reflection and experiential learning, participants experienced personal growth in terms of confidence, leadership, and self-awareness.



Conclusion:

The NSS camp "Dakshata" at Christ College, Irinjalakkuda, was a resounding success, fostering a spirit of service, learning, and camaraderie among participants. It served as a testament to the power of youth engagement in driving positive change in society. We extend our gratitude to all participants, organizers, and supporters for their contributions to making the camp a memorable and impactful experience.

CAN THRISSUR- Cancer Diagnosis Camp

Date: Sunday, 4th February 2024

Time: 9:00 AM

Location: Kodungallur Taluk Headquarters Hospital

Introduction:

Under the auspices of the district Panchayat and in collaboration with local self-governing bodies across the district, the inaugural event of the cancer control program 'CAN THRISSUR' took place on Sunday, 4th February 2024. This initiative aimed to enhance cancer awareness and facilitate early diagnosis among the residents of Thrissur district.

Participants:

The program witnessed enthusiastic participation from various stakeholders. Notable attendees included VR Sunilkumar, MLA, who performed the inaugural function. The event was presided over by T K Geetha, Chairperson of Kodungallur Municipality. Additionally, NSS Volunteers from Government College actively engaged in the proceedings, demonstrating their commitment to community welfare.

Collaborators:

The success of CAN THRISSUR was made possible through the collaborative efforts of multiple entities. Kodungallur Municipal Corporation, Kodungallur Taluk Headquarters Hospital, and Anappuzha City Family Health Centre extended their support, reflecting a cohesive approach towards addressing public health challenges.

Program Highlights: The inauguration ceremony commenced with a welcome address, followed by an insightful keynote speech emphasizing the importance of

early detection in combating cancer. Various educational sessions were conducted to raise awareness about risk factors, preventive measures, and available treatment options.



Diagnostic Services:

Central to the program was the provision of cancer screening services, facilitated by the medical expertise of healthcare professionals. Attendees had the opportunity to undergo screenings for various types of cancer, with a focus on early detection to improve treatment outcomes.

Conclusion:

The inaugural event of CAN THRISSUR marked a significant milestone in the collective effort to combat cancer in Thrissur district. By fostering collaboration among government bodies, healthcare institutions, and community volunteers, the program underscored the importance of proactive measures in promoting public health. Moving forward, sustained efforts will be required to expand outreach, enhance accessibility, and continue raising awareness about cancer prevention and early detection.

NSS Volunteer Shafna P P Excels at National Level Adventure Camp in Himachal Pradesh on 2023 December

Introduction:

Shafna P P, an enthusiastic National Service Scheme (NSS) volunteer, recently participated in the NSS National Level Adventure Camp held in Himachal Pradesh. Throughout the camp, Shafna showcased exceptional skills, dedication, and perseverance, which enabled her to successfully complete various adventurous activities and contribute positively to the camp's objectives.



Camp Overview:

The NSS National Level Adventure Camp in Himachal Pradesh aimed to provide participants with an immersive experience in adventure sports while promoting teamwork, leadership, and environmental awareness. The camp featured a diverse range of activities tailored to challenge participants both physically and mentally, including trekking, rock climbing, rappelling, river crossing, and camping in the wilderness.

Conclusion:

In conclusion, Shafna P P's participation in the NSS National Level Adventure Camp in Himachal Pradesh was a resounding success. Her exemplary performance, coupled with her positive attitude and leadership qualities, made her a standout participant among her peers. Shafna's experiences during the camp not only enriched her personal growth but also exemplified the values of the NSS program, emphasizing the importance of community service, leadership, and adventure in shaping well-rounded individuals. As Shafna returns from the camp, her achievements serve as an inspiration to her fellow NSS volunteers and a testament to the transformative power of experiential learning and outdoor adventure.