

ACTIVITY REPORT

BHOOMITRASENA

2025-26

(JUNE-MAY)

COMMITTEE MEMBERS

SINo	Name	Designation and Departmnt	Position
1	Smt. SOUMYA K C	Assistant Professor of Zoology	Coordinator
	Prof. (Dr. Shaji E M)	Professor of Zoology	Member
	Smt. RAGA R	Assistant Professor of Botany	Member
	Smt. REMEENA K JAMAL	Assistant Professor of Botany	Member

World Environment Day Celebration

Date: 5 June 2025

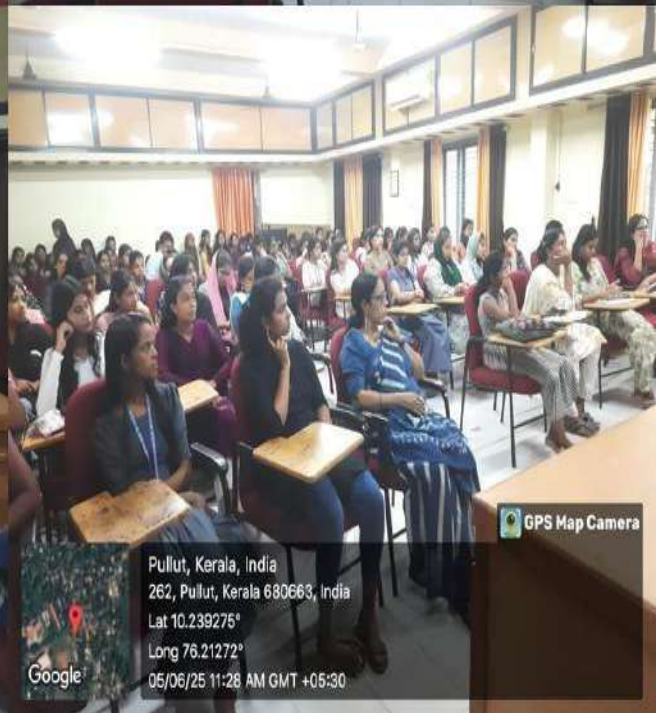
Venue: KKTm Government College, Pullut

The Department of Zoology actively participated in the observance of World Environment Day on 5 June 2025 at KKTm Government College, Pullut. The programme was jointly organized by the Science Forum, Bhoomitrasena, Nature Club, NSS, Department of Zoology, and IQAC. The event aimed to create awareness about the pressing environmental challenges facing the planet and to encourage students to adopt sustainable practices in their daily lives.

The programme commenced at 11:00 AM in the Audio Visual Room of the college with a warm welcome delivered by Dr. Soumya K. C., Bhoomitrasena Coordinator and Assistant Professor in the Department of Zoology. The formal inauguration was carried out by the Principal of the college, Prof. (Dr.) Bindu Sharmila T. K., who addressed the gathering and emphasized the urgent need to address environmental degradation. In her speech, she highlighted the increasing problem of plastic pollution and stressed the responsibility of educational institutions in promoting environmental awareness.

The event included a felicitation by Dr. Lovely George, IQAC Coordinator and Head of the Department of Physics. The highlight of the programme was an informative talk by Smt. Raga R., Assistant Professor of Botany and Nature Club Coordinator. Her presentation focused on the environmental and health impacts of microplastics, explaining how plastic waste enters ecosystems and ultimately affects human health and biodiversity.

Students from different departments actively participated in the session and engaged in discussions regarding environmental conservation and waste management. The programme concluded with a vote of thanks delivered by Dr. Krishnakumar K. A., NSS Programme Officer and Assistant Professor of Botany. The event successfully created awareness about the need for collective action to protect the environment and inspired students to adopt eco-friendly habits.



Extension Activity: Environment Awareness Programme

Date: 13 June 2025

Venue: Labour LP School, Chappara

The Department of Zoology, in collaboration with the Bhoomitrasena Club, organized an Environment Awareness Programme at Labour LP School, Chappara. The objective of the programme was to educate young students about the environmental challenges associated with plastic pollution and to encourage responsible waste management practices.

The programme began with an inaugural address by Prof. Dr. Shaji E. M., Head of the Department of Zoology. He emphasized the importance of environmental education at an early stage and highlighted the need for collective efforts to address environmental challenges.

The main session titled “End Plastic Pollution” was led by Ms. Soumya K. C., coordinator of the Bhoomitrasena Club, along with student members of the club. The session explained the advantages and disadvantages of plastic use and its harmful effects on ecosystems, wildlife, and human health. Students were also introduced to environmentally friendly alternatives to plastic products.

An interactive quiz competition was conducted as part of the programme to test the students’ knowledge about environmental issues and plastic pollution. The quiz generated enthusiasm among participants and encouraged them to think critically about environmental protection.

The programme concluded with prize distribution for the winners of the quiz competition. The school authorities expressed appreciation for the initiative and acknowledged the efforts of the Department of Zoology in promoting environmental awareness among school students.



Environment Awareness Programme at Govt. LP School, Pullut

Date: 18 June 2025

The Environment Awareness Programme was successfully organized by the Department of Zoology in collaboration with the **Bhoomitra** club at Govt. LP School, Pullut. The event aimed to raise awareness about the growing concerns of plastic pollution and the importance of responsible waste disposal among the students and staff of the school.

The programme commenced with an inauguration by Smt. Shefi Ancelin Mendez, Headmistress, GLPS Pullut. In her opening speech, she emphasized the significance of the initiative and highlighted the need for collective efforts to address environmental challenges, particularly the impact of plastics on the ecosystem.

The main session titled "End Plastic Pollution" was led by Ms. Soumya K.C., coordinator of Bhoomitrasena Club, and student members of Bhoomitrasena Club. They elaborated on the pros and cons of plastic usage and its adverse effects on the environment, wildlife, and human health. They also discussed sustainable alternatives to plastic and encouraged the students to reduce their plastic consumption. Prizes were distributed to the winners.

Following the informative talk, a quiz on plastic pollution was conducted to test the students' understanding and knowledge about the topic. The quiz served as an interactive and engaging way to reinforce the key points discussed during the talk and sparked enthusiasm among the participants. Dr. Muneer M, Member of Bhoomitrasena Club and Shri. Santhosh, faculty member of Govt. LP School Pullut facilitated the function.

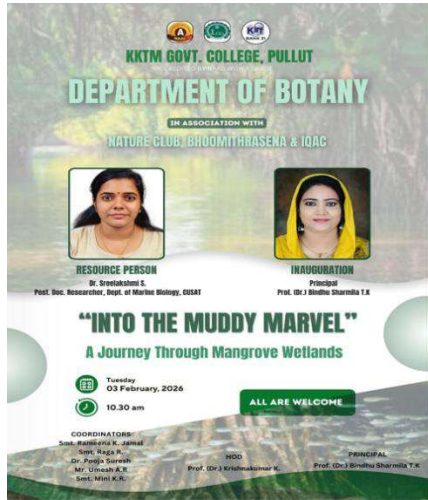
Overall, the programme was well-received by the students and staff of the Government LP School, Pullut. It successfully instilled a sense of responsibility towards the environment and promoted eco-friendly practices among the attendees.



Awareness Programme: "Into the Muddy Marvel – A Journey Through Mangrove Wetlands"

Date: 03 February 2026

The Department of Botany, KKTM Government College, Pullut, in association with the Nature Club, Bhoomithrasena and IQAC, organized an awareness programme titled "Into the Muddy Marvel – A Journey Through Mangrove Wetlands" on 03 February 2026 at 10.30 a.m. The programme was inaugurated by the Principal, Prof. (Dr.) Bindhu Sharmila T.K. The resource person, Dr. Sreelakshmi S., Postdoctoral Researcher, Department of Marine Biology, CUSAT, delivered an informative session highlighting the ecological importance of mangrove ecosystems, their biodiversity, and their role in coastal protection and climate resilience. Following the interactive session, the participants visited the mangrove ecosystem maintained by KKTM Government College at Chappara. During the field visit, Dr. Sreelakshmi guided the students in identifying different species of mangroves and explained their unique adaptations and ecological significance. The programme provided students with valuable hands-on learning experiences and strengthened their awareness of mangrove conservation and environmental sustainability.



Awareness Programme for Girls

Date: 14 January 2026

The Department of Zoology, KKTU Government College, Pullut, in association with the Women Cell *Bhoomitrasena* and IQAC, organized an awareness programme titled **“Empowering Girls Through Hygienic Choices”** on 14 January 2026 at the Seminar Hall. The programme was inaugurated by Prof. (Dr.) Bindu Sharmila T. K., Principal.

The faculty members of the Department of Zoology played a pivotal role in planning and executing the programme. Prof. (Dr.) Shaji E. M., Head of the Department, delivered an insightful talk on personal care and social hygiene, emphasizing scientific awareness and healthy practices among students. Dr. Soumya K. C., Assistant Professor, presented an informative session on menstrual cups as a sustainable and healthy alternative, highlighting environmental and health benefits.

The active involvement of the faculty ensured the academic relevance and effectiveness of the programme. Their guidance and commitment significantly contributed to promoting health awareness, scientific temper, and social responsibility among girl students. The programme concluded with a vote of thanks by Smt. Shany N. S., Women Cell Coordinator.



KKTM GOVT. COLLEGE, PULLUT, THRISSUR
 (NAAC Reaccredited with A Grade and KIRF Ranking of 31)

*Women Cell, Bhoomitrasena, Dept. of Zoology & IQAC
 Organizes awareness programme for girls*

Empowering Girls Through Hygienic Choices

Inauguration: Prof. (Dr.) Bindu Sharmila T. K. ((Principal)

Special Talks on
Personal Care and Social Hygiene
 Prof. (Dr.) Shaji E. M. (Head, Dept. of Zoology)
 &
Menstrual Cup: A Healthy Alternative
 Dr. Soumya K. C. (Asst. Professor, Dept. of Zoology)

Vote of Thanks: Smt. Shany N. S (Women Cell Coordinator)

Venue and Time : On 14-01-2026 Seminar Hall @ 10.00 am
All are Invited

Prof. Dr. Bindu Sharmila T. K. (Principal) Prof. (Dr.) Shaji E. M. (HoD, Zoology) Smt. Shany N. S. (Women Cell Coordinator) Dr. Soumya K. C. (Bhoomitrasena Coordinator)



Awareness Programme on Menstrual Cup Usage and Menstrual Health

An awareness programme on "Menstrual Cup Usage and Menstrual Health" was organized at KKTm Government College, Pullut on 11 February 2026 at 9:30 a.m. in the College Auditorium. The programme was jointly organized by the Women's Cell, Bhoomitrasena Club, IQAC, and Kodungallur Municipality with the objective of promoting menstrual hygiene, environmental sustainability, and women's health.

The programme was inaugurated by Smt. Honey Pithambaran, Chairperson of Kodungallur Municipality and Dr. Bindu Sharmila T. K., Principal of KKTm Government college presided over the function. The awareness session was led by Smt. Vinitha K M (Block coordinator), who provided detailed information on menstrual health and emphasized the importance of adopting safe, hygienic, and eco-friendly menstrual practices. She explained the correct method of using menstrual cups, their advantages over disposable sanitary products, and addressed common myths and misconceptions associated with their use.

As part of the programme, Smt. Vinitha K. M., Block Coordinator, demonstrated the proper use of menstrual cups and answered participants' queries. The interactive session encouraged students to openly discuss menstrual health issues and gain confidence in making informed choices.

The programme concluded with an engaging discussion, leaving the participants better informed about sustainable menstrual management and the environmental benefits of reducing plastic waste through the use of reusable menstrual cups. The municipality also arranged for the free distribution of 200 menstrual cups for the students. The event was coordinated by Smt. Shany N. S., Women's Cell Coordinator, and Dr. Soumya K. C., Bhoomitrasena Club Coordinator.


KKTU Govt. College, Pullut
 നവകേരളം കർമ്മപദ്ധതി
 ഹരിതകേരളം മിഷൻ
 വളരെ സജ്ജം, ദുർബ്ബല സേനയും IDAC യും
 കൊടുങ്ങല്ലൂർ നഗരസഭയുമായി ചേർന്നുകൊണ്ട്
 സംയുക്തമായി സംഘടിപ്പിക്കുന്ന
**മെൻസ്ട്രുവൽ ക്ലബ്ബ് വിതരണവും
 ബോധവൽക്കരണ ക്യാമ്പും**
 ഉദ്ഘാടനം


ശ്രീമതി. ഷാനി പിതാംബരൻ
 ചെയർപേഴ്സൺ, കൊടുങ്ങല്ലൂർ നഗരസഭ
ഡോ. സ്മിത (ബി.എ.) ബിന്ദു അർച്ചിട്ടി ടി. കെ.
 പ്രിൻസിപ്പാൾ
ബോധവൽക്കരണ ക്യാമ്പ് നയിക്കുന്നത്:
 ശ്രീമതി. വിനീത ടി. കെ. എം. (ഇന്റൽ കോർഡിനേറ്റർ)
 11 ഫെബ്രുവരി 2026, രാവിലെ 9:30 ന്
 കോളേജ് ഓഡിറ്റോറിയം
Smt. Shany N. S.
 (Women Cell Co Ordinator)
Dr. Soumya K. C.
 (Bhoomitra Sena Co Ordinator)

