

K K T M Government College, Pullut

National service scheme

Unit 52&158

Activity report 2024 June- 2025 May



NSS Units of K K T M Government College (2024-25)

Introduction

The National Service Scheme (NSS) at K K T M Government College functions actively through two units, Unit No. 52 and Unit No. 158. Both units play a crucial role in fostering social responsibility, leadership, and community service among students.

NSS Units and Program Officers

-Unit No. 52: Program Officer – Dr. Krishnakumar K.A.

- Unit No. 158: Program Officer – Dr. Dhanya P.D.

Volunteer Enrollment (2024-25)

For the academic year 2024-25, a total of 100 volunteers have been newly enrolled across both NSS units. Additionally, as per university guidelines, 20 volunteers have been placed on the waiting list. Thus, the total number of first-year volunteers associated with the NSS units amounts to 120.

Gender Distribution of Volunteers

Male Volunteers: 35

Female Volunteers: 85

The NSS units at KKT M Government College continue to provide students with an excellent platform for personal and social development. The dedication of the Program Officers and the enthusiastic participation of volunteers contribute significantly to the success of the NSS initiatives in the college. The balanced gender representation further reflects an inclusive approach towards community service and leadership development. The detailed report of the NSS units of K K T M Government College for the Academic year 2024-25 is given below:

Environment Day Celebration

On the occasion of Environment Day, KKTm Govt. College, Pullut, hosted a vibrant celebration to promote environmental awareness and sustainability. The event was jointly organized by the NSS units of KKTm Govt. College, the Science Forum, and KKTm Seeds, reflecting the collective effort of the college community towards a greener future.



The Environment Day program began with a symbolic and impactful inauguration by the College Principal, Dr. Bindu Sharmila T.K., who kick-started the celebrations by planting a sapling on the college campus. The act of planting a tree marked the beginning of a day dedicated to nurturing the environment and promoting green initiatives within the college.

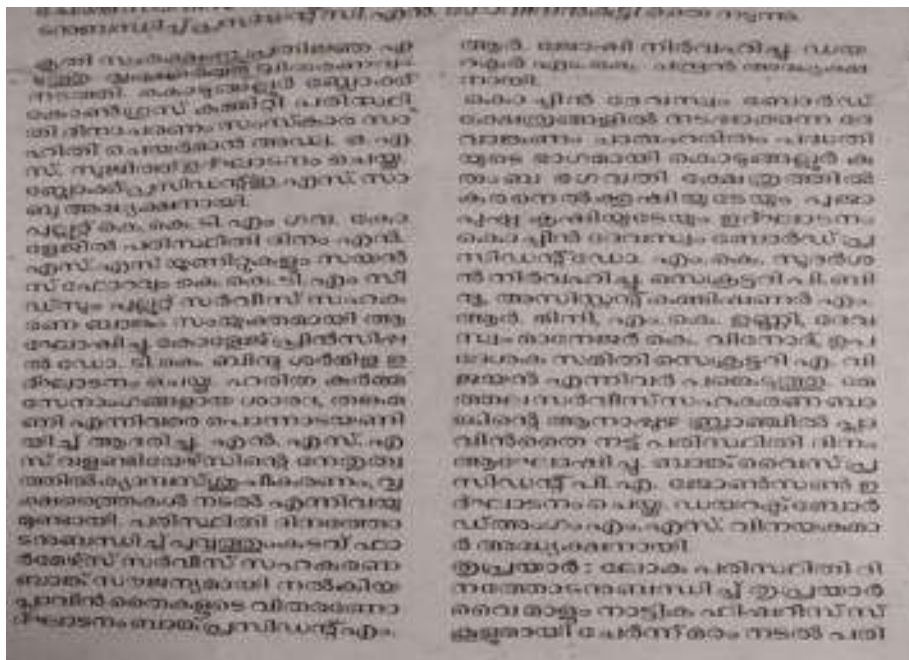
The NSS Program Officer, Dr. Dhanya P.D., took the stage to welcome the gathering, expressing gratitude to everyone for their participation in the event. She highlighted the significance of the day and urged the students and staff to be more mindful of their environmental responsibilities. Her welcoming address set the tone for the day, emphasizing that small individual actions can contribute to larger environmental changes.



Following the welcome speech, the College Principal, Dr. Bindu Sharmila T.K., delivered an inspiring message on Environment Day. She spoke passionately about the critical issues of environmental degradation and climate change, urging everyone to take responsibility for preserving the planet. Dr. Bindu Sharmila stressed the importance of both individual and collective action in making a positive impact on the environment. Her words resonated deeply with the students and faculty, reminding them of the urgency of environmental conservation.



In a significant initiative for sustainability, the KKTU Seeds organization provided fruit tree saplings, which were planted by students, faculty, and other members of the college. These saplings will not only contribute to the beautification of the campus but will also help in improving the ecological balance by enhancing air quality and fostering biodiversity. The saplings were planted with care and enthusiasm, making it a hands-on contribution to environmental stewardship.



One of the highlights of the event was the recognition of the members of the Haritha Karma Sena. These individuals were honoured for their outstanding contributions to environmental conservation efforts. As a token of appreciation, they were awarded Cash Awards for their dedication and tireless work towards creating a cleaner and greener community. The recognition ceremony served to inspire others to engage in environmental protection initiatives.



Following the award ceremony, KKTm Seeds Secretary Vinod and President Arya Ramachandran addressed the gathering. Both leaders expressed their gratitude to the college community for supporting environmental initiatives and shared insights into the importance of sustainability. They highlighted the role of old student organizations like KKTm Seeds in raising awareness about environmental issues and encouraging action through projects such as

tree planting and campus greening efforts. Their speeches were motivating, reinforcing the idea that every small effort counts towards a larger, collective goal of preserving the environment.



The event concluded with a vote of thanks delivered by Asst. Professor Preetha K. from the Chemistry Department. She expressed her appreciation to all those involved in organizing the event, including the NSS volunteers, the Haritha Karma Sena members, and the college administration. Her closing words reiterated the significance of Environment Day and encouraged everyone to continue their efforts towards sustainability beyond the celebrations.

In addition to the speeches and tree planting activities, NSS volunteers took part in a campus cleaning drive. This initiative was another example of the college's commitment to environmental care, with students and faculty coming together to ensure the campus remained clean and litter-free. The tree planting and campus cleaning programs conducted under the leadership of NSS volunteers were practical demonstrations of how each individual can play a role in maintaining a clean and green environment.



Overall, the Environment Day celebration at KKTm Govt. College was a resounding success. It not only provided a platform to raise awareness about the pressing environmental

challenges but also actively involved the college community in making a tangible difference. Through tree planting, campus cleaning, and recognition of those who have contributed significantly to environmental causes, the event inspired the entire college community to adopt more sustainable practices.



It was a day that reinforced the importance of preserving our planet for future generations and emphasized the need for collective action in addressing environmental issues.

Report on Blood Donation Camp

Event: Blood Donation Camp

Date: June 14, 2024

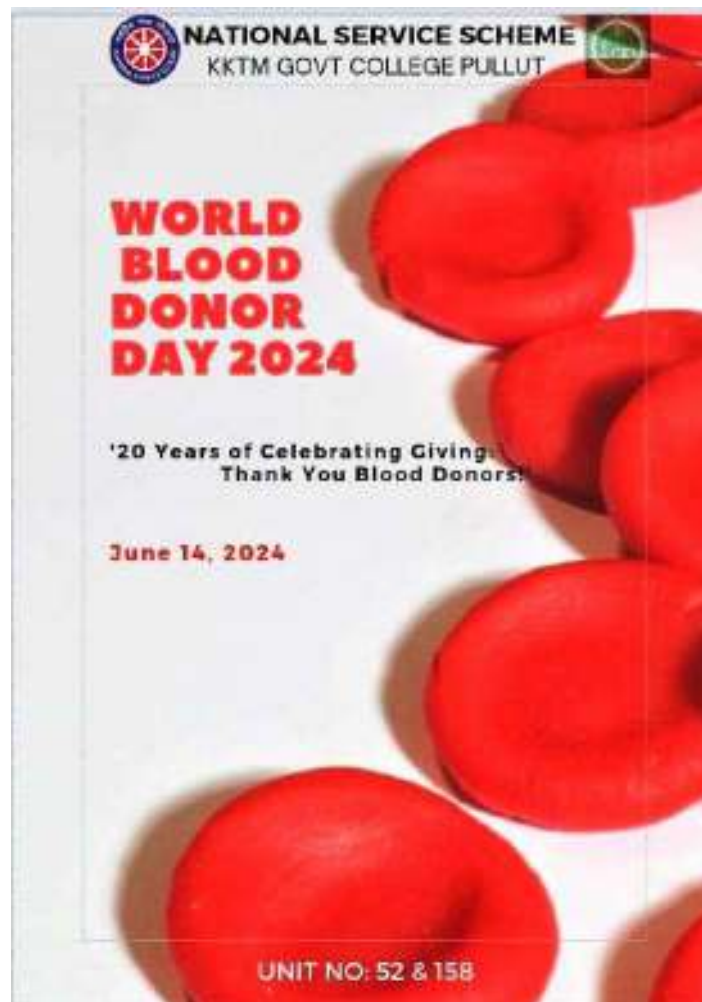
Occasion: World Blood Donation Day

Venue: Kodungallur Modern Hospital

Organized By: Kodungallur Taluk Legal Services Committee

Participants: NSS Volunteers of KKTm Government College

On June 14, 2024, in honour of World Blood Donation Day, NSS (National Service Scheme) volunteers from KKTm Government College, Kodungallur, actively participated in a noble initiative aimed at promoting the importance of blood donation. The event, organized by the Kodungallur Taluk Legal Services Committee, took place at the Kodungallur Modern Hospital, a renowned healthcare institution in the region.



Objective of the Event:

World Blood Donation Day, celebrated annually on June 14, serves as a global awareness campaign to encourage voluntary blood donations. The aim of this event was to raise awareness about the critical need for blood donations and to ensure that sufficient blood supplies are available for emergencies and routine medical treatments. The Kodungallur Taluk Legal Services Committee, recognizing the need to make a difference in the community, took the initiative to organize this event, with the NSS volunteers of KKTm Government College playing a pivotal role.

Activities and Participation:

The blood donation camp saw active participation from NSS volunteers of KKTm Government College, who arrived at the hospital early in the morning to engage in the cause. A total of 20 volunteers from the college registered to donate blood, all driven by the spirit of social responsibility and the desire to contribute to a greater cause.



The volunteers were first briefed by the medical staff about the importance of blood donation, the eligibility criteria, and the process involved. After completing the necessary formalities, the donors were guided to the donation stations, where they were given medical assessments to ensure they were fit to donate. This included checking haemoglobin levels, blood pressure, and general health conditions.

The blood donation process was conducted under the supervision of trained medical professionals from Kodungallur Modern Hospital, ensuring a safe and hygienic environment for the participants. Each volunteer donated approximately 350-450 ml of blood, a quantity sufficient to save lives and make a significant difference in the healthcare system.

Impact:

The event was a success in multiple ways. First and foremost, it contributed to the critical need for blood, especially in the face of ongoing healthcare demands. The collected blood would be made available for patients undergoing surgeries, trauma victims, and those with chronic conditions requiring regular transfusions.

Secondly, the participation of the NSS volunteers helped to raise awareness about the importance of voluntary blood donation, encouraging others in the community to also contribute to this life-saving cause. The event not only highlighted the importance of donating blood but also instilled a sense of social responsibility and community service among the students.

Conclusion:

The blood donation camp organized by the Kodungallur Taluk Legal Services Committee, with the active participation of the NSS volunteers of KKTm Government College, was a resounding success. It demonstrated the power of community engagement and the collective effort of individuals in saving lives. As the volunteers returned to their college after

the camp, they carried with them a sense of fulfilment, knowing that their small yet impactful contribution could make a world of difference to someone in need.

The event served as a reminder that acts of kindness, no matter how small, can lead to great change. The Kodungallur Taluk Legal Services Committee and NSS volunteers of KKTG Government College have set an inspiring example of how collaboration can lead to positive social impact.

International Yoga Day Celebrations

Event: International Yoga Day Celebration

Date: June 21, 2024

Venue: Special Yoga Room, KKTG Government College

Organized By: NSS Units, KKTG Government College

Guest Trainer: Devprayag U., CRC Certified Yoga and Martial Arts Trainer

Attendees: College Vice Principal, NSS Program Officers, NSS Volunteer Secretaries, and NSS Volunteers



On June 21, 2024, KKTm Government College, Kodungallur, celebrated International Yoga Day with great enthusiasm and commitment, under the auspices of the NSS (National Service Scheme) units. The celebration took place in a specially set-up yoga room within the college, where NSS volunteers actively participated in a series of yoga sessions aimed at promoting physical and mental well-being.



Objective of the Event:

International Yoga Day, observed globally on June 21 every year, is dedicated to promoting the importance of yoga as a holistic approach to health and wellness. This year's theme focused on the role of yoga in fostering a balanced and healthy lifestyle, especially in today's fast-paced and stress-laden world. KKTm Government College, with the support of its NSS units, took the initiative to celebrate this day by offering students and volunteers the opportunity to practice yoga, under the guidance of an expert trainer, to experience firsthand its physical, mental, and spiritual benefits.



Yoga Training Session:

The event was graced by Devprayag U., a CRC certified Yoga and Martial Arts trainer, who conducted a comprehensive yoga session for the NSS volunteers. Devprayag's training covered various aspects of yoga, including asanas (yoga postures), pranayama (breathing techniques), and meditation. His instructions were carefully crafted to suit participants of all levels, from beginners to those with prior experience in yoga. Volunteers were guided through a series of stretches and relaxation techniques, designed to enhance flexibility, improve concentration, and reduce stress.

The dedicated yoga room, equipped with all necessary facilities, provided the perfect environment for the participants to practice yoga in a peaceful and focused setting. The serene atmosphere helped the volunteers connect more deeply with the practice, highlighting yoga's power to bring both physical vitality and mental tranquillity.



പുല്ലാറ് കെ.കെ.ടി.എം ഗവ. കോളജിലെ എൻഎസ്എസ് യൂണിറ്റുകളുടെ ആഭിമുഖ്യത്തിൽ നടത്തിയ അന്താരാഷ്ട്ര യോഗ ദിനാചരണത്തിൽ ട്രെയിനർ യു. ദേവപ്രയാഗ് യോഗ പരിശീലനം നൽകുന്നു

കെ.കെ.ടി.എം ഗവ. കോളജിൽ അന്താരാഷ്ട്ര യോഗ ദിനാചരണം

പുല്ലാറ് കെ.കെ.ടി.എം ഗവ. കോളജിലെ എൻഎസ്എസ് യൂണിറ്റുകളുടെ ആഭിമുഖ്യത്തിൽ അന്താരാഷ്ട്ര യോഗ ദിനം ആചരിച്ചു. കോളജിൽ സംഘടിപ്പിച്ചിട്ടുള്ള പ്രത്യേക യോഗ മുറിയിൽ നടത്തിയ പരിപാടിയിൽ എൻഎസ്എസ് വളങ്ങളുമേഴ്സിന് സി ആർ സി സർട്ടിഫിക്കറ്റ് യോഗ ആൻഡ് മാർഷ്യൽ ആർട്ട്സ് ട്രെയിനർ യു. ദേവപ്രയാഗ് യോഗ പരിശീലനം നൽകി.

കോളജ് വൈസ് പ്രിൻസിപ്പാൾ ഡോ. ജി ഉഷാകുമാരി , എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർമാരായ ബാലാജി എം എൻ, ഡോ.ധനു പി.ഡി., എൻഎസ്എസ് വളങ്ങളിൽ സെക്രട്ടറിമാരായ ജയനന്ദ് ആർ എസ്, ഷിഫാന പി കെ എന്നിവർ സംസാരിച്ചു.

Inaugural Speech and Greetings:

The event was inaugurated by Dr. G. Ushakumari, the Vice Principal of KKT Government College, who extended her warm greetings to all participants. In her speech, Dr. Ushakumari emphasized the importance of incorporating yoga into daily life for maintaining a balanced and healthy lifestyle. She also acknowledged the role of the NSS units in organizing such events, encouraging students to adopt yoga as a means to combat stress and improve overall well-being.



The program was further enriched by the presence of the NSS Program Officers, Balaji M.N. and Dr. Dhanya P.D., who expressed their gratitude to the volunteers for their participation and their commitment to personal and social well-being. Both officers highlighted the significance of yoga as a tool for personal development, community service, and the overall health of individuals.



NSS Volunteer Secretaries' Remarks:

The NSS Volunteer Secretaries, Ritunandh R.S. and Shifana P.K., also addressed the gathering, encouraging their fellow volunteers to make yoga an integral part of their lives. They spoke about the mental and emotional benefits of yoga, stressing how it can aid in improving focus and resilience, both of which are essential qualities for a successful academic and personal life.



Conclusion:

The International Yoga Day celebration at K K T M Government College was a resounding success, with enthusiastic participation from the NSS volunteers and guidance from an expert yoga trainer. Through this event, the college not only promoted the importance of physical fitness and mental clarity but also created a platform for students to embrace a healthier lifestyle.



The event served as a reminder of the transformative power of yoga in addressing the challenges of modern life. The active participation of the volunteers demonstrated their commitment to adopting yoga as a tool for personal growth and community well-being.

The college looks forward to organizing more such events to continue fostering a culture of wellness and self-care among students, while also engaging with the broader community to promote the benefits of yoga for a better, healthier world.

Anti-Narcotics Day Observance

KKT M GOVT COLLEGE PULLUT, KODUNGALLUR, THIRUVARUR-606003, KERALA, INDIA
(Affiliated to the University of Calicut, He-accredited by NAAC with 'A' grade (3,10/COPIA))
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Phone: +91-480-2802213

**International Day
Against Drug Abuse and Illicit Trafficking
26-06-2024**

**JOINTLY ORGANIZED BY
ANTI-NARCOTICS COMMITTEE AND NSS UNITS (52, 156)**

26th June
Say No To DRUGS!
World Anti Drug Day

Message by

Dr. Bindu Shamila T.K.
Principal
K K T M Government
College, Pullut

FLASH MOB
ONLINE QUIZ COMPETITION
POSTER MAKING COMPETITION

Date: 26-06-2024
Time: 10.30 am

Megha P M
Anti-Narcotics Committee
Coordinator

Dr. Dhanya P D
NSS Programme Officer
BALAJI M N
NSS Programme Officer

Event: Anti-Narcotics Day Celebration

Date: June 26, 2024

Venue: KKT M Government College, Pullut

Organized By: NSS Units, Anti-Narcotics committee, KKT M Government College

Participants: NSS Volunteers, Students, Faculty



On June 26, 2024, KKTU Government College, Pullut, observed Anti-Narcotics Day with a series of impactful activities designed to raise awareness about the dangers of substance abuse and promote a drug-free society. The event, organized by the NSS (National Service Scheme) units and Anti-Narcotics committee of the college, aimed at educating students and the local community about the harmful effects of narcotic substances and the importance of staying away from them.





Message from the College Principal:

The event commenced with a powerful message from the College Principal, Dr. Bindu Sharmila T.K., who addressed the students and participants. In her speech, Dr. Bindu Sharmila emphasized the importance of education and awareness in combating drug abuse. She spoke about how narcotics not only affect individual health but also have a devastating impact on families and society as a whole.

She urged the students to be proactive in spreading awareness about the ill effects of narcotic substances and to contribute positively to society by making responsible choices. Dr. Bindu Sharmila's message was a reminder of the crucial role that youth play in building a healthy, drug-free nation.



Flashmob by NSS Volunteers:

One of the major highlights of the event was the flashmob performed by NSS volunteers, which brought much excitement and energy to the celebration. The flashmob, which was carefully choreographed, conveyed a strong anti-narcotics message through dance and music. The vibrant performance was not only an entertaining spectacle but also a creative and effective way to communicate the harmful consequences of drug abuse to the audience. The students used this innovative platform to engage their peers and raise awareness in a fun and energetic manner, making the message memorable.



Online Quiz Competition:

To further engage the students and deepen their understanding of the issue, an online quiz competition was held as part of the event. The quiz tested the participants' knowledge on the detrimental effects of narcotics, the statistics surrounding drug abuse, and the importance

of prevention. It served as an informative yet competitive platform, encouraging students to learn more about the topic while also testing their awareness. The quiz also fostered a sense of responsibility among the participants to act as change agents in the fight against drug abuse.

Poster Making Competition:

Another important activity that took place was a poster-making competition in which students showcased their creativity and artistic talent while sending out powerful anti-narcotics messages. The posters, which were displayed in prominent areas around the college, featured compelling visuals and slogans that urged viewers to stay away from drugs and live a healthy life. This activity not only allowed students to express themselves artistically but also helped to spread the anti-narcotics message in a visually impactful way. The posters highlighted the harmful effects of drug addiction and the importance of making healthy life choices.

Impact and Conclusion:

The Anti-Narcotics Day celebration at KKTm Government College successfully conveyed a critical message to the students and faculty about the dangers of substance abuse. The combination of informative speeches, interactive competitions, and creative performances ensured that the awareness message was both engaging and effective.

The involvement of NSS volunteers in organizing and participating in these activities highlighted the role of students in advocating for social change. The college community came together to reflect on the severe consequences of drug abuse and reaffirmed their commitment to promoting a drug-free lifestyle.

Through events like these, KKTm Government College continues to play an active role in shaping the minds of students and empowering them to make informed decisions. The observance of Anti-Narcotics Day not only raised awareness but also inspired a collective effort to prevent the spread of narcotic substances and create a healthier, more responsible society.

Reading Day Celebration

Event: Reading Day Celebration

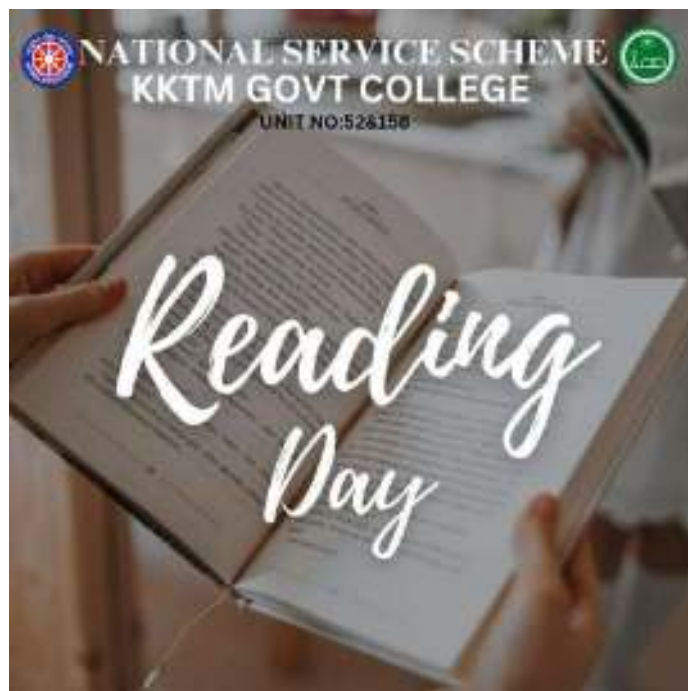
Date: June 19, 2024

Venue: KKTM Government College, Pullut

Organized By: KKTM Government College NSS Units

Participants: Students, Faculty, NSS Volunteers

On June 19, 2024, KKTM Government College, Pullut, celebrated Reading Day to mark the importance of reading and its role in the intellectual and personal growth of students. The event was organized by the KKTM Government College NSS Units, underlining the value of cultivating a habit of reading and encouraging a culture of knowledge-sharing among students and faculty.



Objective of the Event:

Reading Day is celebrated annually to honor the legacy of P.N. Panicker, a prominent educator and social reformer, who is credited with initiating the Kerala State Library Movement. His vision to promote literacy and knowledge through libraries and reading was celebrated through various activities on this day. The celebration at KKTG Government College aimed to inspire students to engage with literature, enhance their academic pursuits, and develop critical thinking skills. It was also an opportunity to reflect on the role of libraries and books in shaping an enlightened society.



Activities Conducted:

The Reading Day celebration at KKTG Government College featured a variety of engaging activities that encouraged students to recognize the importance of reading. These activities included:

Inaugural Address:

The event commenced with an inaugural speech by Dr. G. Ushakumari, the Vice Principal of KKTG Government College. In her speech, Dr. Ushakumari emphasized the importance of reading in today's digital age. She spoke about how reading books helps build

knowledge, fosters creativity, and sharpens the mind. Dr. Ushakumari encouraged students to read not just textbooks but also novels, biographies, and other works that help broaden perspectives and cultivate empathy.

Book Reading Session:

A major highlight of the celebration was a book reading session in which students, faculty, and NSS volunteers participated. The session featured a selection of books covering various genres, from literature to self-help, encouraging participants to read aloud and engage with different types of literature. The reading was aimed at demonstrating the pleasure of reading and how it can serve as an enjoyable and transformative activity for students.



Interactive Discussion:

Following the reading session, an interactive discussion was held, where participants shared their thoughts on the books they had read and discussed the impact of literature on their lives. This allowed students to reflect on how reading has shaped their thinking and how they can incorporate it into their daily lives to enhance their knowledge. The discussion also

highlighted the role of reading in developing strong communication skills and analytical abilities.



Book Exhibition:

A book exhibition was organized in the college library, where a diverse collection of books from various genres was displayed. The exhibition gave students the opportunity to explore different books, many of which were available for borrowing. The event also featured books related to P.N. Panicker's life and his contributions to the library movement. Students were encouraged to make use of the college library's resources and discover books that could benefit both their academic and personal growth.

NSS Volunteer Participation:

The NSS Volunteers played a vital role in organizing and promoting the event. They were actively involved in the book reading sessions, the interactive discussions, and the book exhibition. The volunteers also helped in setting up the event space and encouraging students

to participate. Their efforts contributed significantly to the success of the event and showcased the power of student leadership in promoting educational initiatives.

Conclusion:

The Reading Day celebration at KKTm Government College was a resounding success, with enthusiastic participation from both students and faculty. The event not only honored the legacy of P.N. Panicker but also reinforced the critical role of reading in the academic and personal development of students. Through the diverse activities organized, the celebration inspired a renewed interest in reading and highlighted the value of books in shaping a knowledgeable and thoughtful society.

The event successfully emphasized that reading is not merely an academic exercise, but an essential activity for self-improvement, empathy, and social awareness. KKTm Government College remains committed to fostering a culture of reading and education, and through such initiatives, it continues to encourage students to embrace the lifelong habit of reading.

As the day concluded, participants left with a deeper appreciation of the power of books and the lasting impact they have on shaping individuals and society. The celebration of Reading Day reminded everyone that the act of reading is not just an educational pursuit, but also a powerful tool for personal empowerment and societal transformation.

NSS Volunteers' Participation in the DIGI Keralam

Program at Thrissur Municipality

Organized By: Government of Kerala

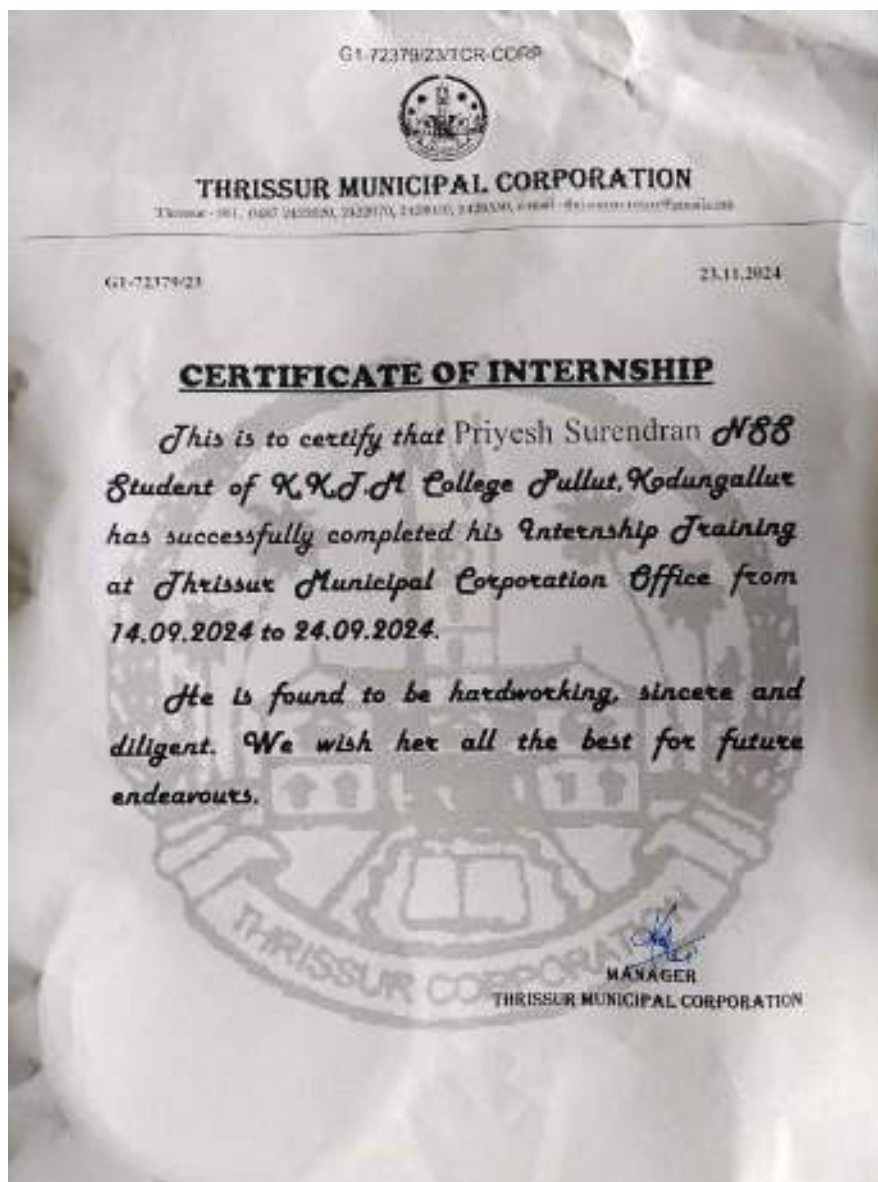
Participants: NSS Volunteers, K K T M Government College, Thrissur Municipality, Local Community

NSS Volunteers from KKT M Government College participated in the DIGI Keralam Program, held in Thrissur Municipality. This initiative, organized by the Government of Kerala, is part of a larger effort to promote digital literacy and empower citizens with essential digital skills. The program aims to bridge the digital divide by providing citizens, especially in rural and underserved areas, with access to digital tools and platforms, thus enabling them to leverage the benefits of technology for personal, academic, and professional growth.



Objective of the DIGI Keralam Program:

The DIGI Keralam Program is an initiative by the Kerala Government to equip individuals with essential digital literacy skills. Its goal is to ensure that every citizen can effectively use digital technology for a variety of purposes, such as accessing government services online, participating in digital banking, using educational resources, and improving communication and information access.



The program in Thrissur Municipality specifically targeted local communities, especially those who had limited exposure to digital technologies. The role of NSS volunteers

was to assist in the smooth execution of the program, promote digital inclusion, and help citizens become comfortable using digital tools.

Role of NSS Volunteers:

The NSS volunteers from KKTU Government College played an active and crucial role in ensuring the success of the DIGI Keralam program in Thrissur Municipality. Their involvement spanned various aspects of the program, from promoting digital literacy to assisting with registrations, guiding participants through practical training sessions, and providing technical support. Below are the key contributions of the NSS volunteers:

1. Promoting Digital Literacy:

One of the primary responsibilities of the NSS volunteers was to promote digital literacy within the local community. Volunteers visited different areas of the Thrissur Municipality to create awareness about the program and its objectives. They distributed pamphlets, made announcements, and spoke directly to local residents, encouraging them to participate in the training sessions and take advantage of the digital literacy programs being offered. Their efforts in spreading awareness were instrumental in ensuring that a wide range of people, including older adults and those with limited digital experience, participated in the program.

2. Conducting Digital Literacy Workshops:

The NSS volunteers assisted in conducting digital literacy workshops for the local community members. These workshops were designed to teach participants how to use smartphones, access online government services, and understand the basics of internet navigation, email communication, and digital banking. Volunteers were actively involved in guiding participants through the steps of setting up and using digital platforms, making the

learning experience accessible and user-friendly. By providing hands-on support, volunteers helped individuals develop skills that are crucial for participating in today's digital society.

3. Assisting in Online Registration and Accessing E-Services:

The DIGI Keralam Program required participants to register online for various services and workshops. NSS volunteers helped the participants in the registration process, ensuring that they understood how to fill out online forms, create necessary accounts, and access the services available to them. Additionally, volunteers helped participants navigate through government e-services, such as online application for certificates, accessing healthcare services, and utilizing digital payment methods. Their support ensured that even those who were unfamiliar with digital tools could easily participate in the program and access the services.

4. Supporting Digital Banking and Financial Literacy:

A key component of the DIGI Keralam Program was promoting digital financial literacy, teaching participants how to use online banking systems, mobile wallets, and digital payment platforms like UPI, Paytm, Google Pay, and others. Volunteers helped participants learn how to safely conduct transactions, check balances, and pay bills online. They also educated people about the security measures to adopt when handling financial transactions online, which is crucial in preventing fraud.

5. Providing Technical Assistance:

Throughout the event, NSS volunteers acted as technical assistants to help participants resolve any issues related to the digital tools and platforms they were using. Whether it was helping someone troubleshoot a technical problem with a smartphone or assisting with online registration glitches, volunteers ensured that the experience was seamless for every participant.

Their prompt technical assistance helped avoid any disruptions and kept the learning process on track.

Conclusion and Impact:

The participation of NSS volunteers in the DIGI Keralam Program in Thrissur Municipality was a resounding success. The volunteers' enthusiasm, hard work, and dedication significantly contributed to the program's effectiveness in promoting digital literacy among the local population. Their hands-on involvement helped ensure that people, regardless of their previous exposure to digital tools, were able to learn and benefit from the program.

The DIGI Keralam Program has empowered local residents with the skills they need to engage with technology and access a wide range of digital services. By assisting in the smooth delivery of digital literacy workshops and providing technical support, the NSS volunteers helped bridge the digital divide and foster greater inclusivity within the community.

The program has not only helped participants improve their digital skills but has also reinforced the importance of community service and the role of youth in shaping a more digitally inclusive society. Going forward, KKTU Government College's NSS volunteers are committed to continuing their involvement in such impactful initiatives and contributing to the digital empowerment of citizens.

The success of this initiative stands as a testament to the power of community-driven efforts and the role of education in fostering social change through technology.

Report on Lunch Box Distribution

Event: Lunch Box Distribution for the Poor

Date: July 24, 2024

Venue: Kodungallur Municipality

Organized By: NSS Units of KKTG Government College, Pullut

Participants: NSS Volunteers, Local Community Members



On July 24, 2024, the NSS volunteers of KKTG Government College, Pullut, organized a lunch box distribution event aimed at providing meals to the underprivileged residents of Kodungallur Municipality. The initiative was part of the college's ongoing commitment to social service and its effort to support marginalized communities in need. This charitable

activity was carried out to alleviate hunger and support those who are struggling to meet their daily food needs.



Objective of the Event:

The main objective of the lunch box distribution event was to provide nutritious meals to individuals and families from economically disadvantaged sections of the community in Kodungallur Municipality. The NSS volunteers wanted to ensure that these individuals did not have to go without food, especially in the wake of economic hardships and the challenges many face in accessing basic necessities. The event aimed to spread the message of compassion, community support, and social responsibility, which are core values of the NSS.



Preparation and Organization:

The event was meticulously organized by the NSS volunteers of KKTm Government College, Pullut, with the active support of the college faculty and administration. Several days before the event, the volunteers coordinated the collection of funds, sourcing of ingredients, and preparation of the meals. Local donors and sponsors also contributed to the cause, providing financial support as well as in-kind donations for the event.

On the day of the event, volunteers gathered at the college early in the morning to ensure that the lunch boxes were properly packed with balanced, nutritious meals. These meals were

designed to cater to a variety of dietary preferences, ensuring that everyone, including children, elders, and individuals with special dietary needs, had access to nourishing food.

The lunch boxes contained a variety of items, including rice, curries, vegetables, salads, and fruits, ensuring a wholesome and well-rounded meal. Volunteers worked together to pack these meals efficiently, ensuring that each lunch box was sealed and ready for distribution. The focus was on cleanliness, hygiene, and quality, ensuring that all meals were prepared and delivered in the most professional manner possible.

Distribution Process:

By midday, the NSS volunteers made their way to Kodungallur Municipality, where they set up a distribution point in a central location, easily accessible to the local community. The distribution site was chosen based on its proximity to areas with high foot traffic, such as bus stations, markets, and community centers, ensuring that those in need could access the meals easily.

As the lunch boxes were distributed, volunteers worked efficiently, maintaining an organized queue to ensure that everyone received a meal. The local residents, who were largely from low-income backgrounds, expressed deep gratitude for the support they received. The volunteers engaged with the community, speaking with individuals, listening to their stories, and offering words of encouragement and solidarity.

In addition to distributing the lunch boxes, the volunteers also distributed informational pamphlets about health and hygiene, along with details on available community resources. This helped the participants not only receive immediate aid but also empowered them with information that could assist them in the long term.

Involvement of NSS Volunteers:

The event was a collaborative effort by the NSS volunteers, who took on various roles, including organizing, coordinating, packing, and distributing the meals. The volunteers showed tremendous dedication and compassion throughout the event, working tirelessly to ensure that the distribution process ran smoothly. Many of the volunteers also took the opportunity to engage in conversations with the recipients, learning about their struggles and providing emotional support.

Addressing the Community's Needs:

The event not only provided a much-needed meal to the poor but also reinforced the significance of community support and humanitarian service. By coming together to help those in need, the NSS volunteers demonstrated the values of selfless service, compassion, and solidarity, which are at the heart of the NSS mission.

The Kodungallur Municipality expressed their appreciation for the initiative, noting that it was a welcome gesture that would go a long way in helping the underprivileged. Local authorities also recognized the event as an example of how youth involvement can make a significant difference in addressing community challenges and improving the quality of life for disadvantaged groups.

Conclusion and Impact:

The lunch box distribution event was an overwhelming success, thanks to the tireless efforts of the NSS volunteers from KKTU Government College, Pullut, and the support of the local community. It provided an opportunity for students to directly contribute to the well-being of those in need, while also fostering a sense of social responsibility and empathy.

The event also had a lasting impact on both the volunteers and the recipients. Volunteers gained a deeper understanding of the challenges faced by marginalized communities and developed a greater sense of civic responsibility. The recipients, on the other hand, felt a sense of hope and gratitude, knowing that their struggles were acknowledged by the broader community.

The success of the lunch box distribution serves as a reminder that small acts of kindness and social service can have a profound impact on the lives of others. KKTm Government College's NSS units remain committed to continuing their efforts to serve the community and make a positive difference in the lives of those in need. Through initiatives like these, they continue to uphold the values of service, empathy, and community-building, which are essential for creating a more compassionate and inclusive society.

KKTm Government College NSS Units' Relief Effort for Wayanad Disaster Victims

On August 6, 2024, the NSS (National Service Scheme) units of KKTm Government College, along with the active participation of teachers, students, and non-teaching staff, extended a helping hand to those affected by the natural disaster in Wayanad. The region had suffered extensive damage due to the calamity, which left many residents struggling with a lack of basic necessities. In response to this crisis, the college community came together to collect food and other essential items, which were then delivered to the collection point initiated by the Calicut University NSS for further distribution to the affected populations.



Mobilization of the College Community

Upon learning of the devastation in Wayanad, the NSS units of KKTM Government College quickly swung into action. The NSS volunteers, under the guidance of their program officers, coordinated with the college administration to initiate a large-scale relief operation. Teachers, students, and non-teaching staff members joined hands, showcasing the collective spirit of compassion and service that the NSS promotes.



The relief drive was set in motion immediately, and the college community was called upon to donate non-perishable food items, clean drinking water, clothing, medical supplies, and other essential goods. The college campus became a hub of activity, with volunteers working tirelessly to organize the donations, ensuring that the collection process was systematic and efficient.

Collection of Essential Supplies

On August 6, 2024, the college campus saw an overwhelming response, with individuals from all walks of life contributing to the relief effort. A wide range of essential items were collected, which included:

Non-perishable food items: Rice, pulses, canned foods, biscuits, and packaged snacks

Clean drinking water: Bottled water and energy drinks

Medical supplies: Basic medicines, bandages, antiseptics, and first-aid kits

Clothing and bedding: Clothes, blankets, bed linens, and other necessities

Hygiene kits: Soaps, toothbrushes, toothpaste, sanitary pads, and other hygiene products

Emergency supplies: Flashlights, candles, and portable chargers

These donated goods were sorted, packed, and organized in a manner that made it easy to transport them to the central collection point at Calicut University.



The relief operation was not limited to KKTU Government College alone. The NSS units of Calicut University had already set up a central collection point to streamline the distribution of relief materials to the affected areas. To ensure that the collected supplies reached the most vulnerable individuals in Wayanad, KKTU Government College collaborated with the Calicut University NSS units.



On the same day, August 6, 2024, the items collected at KKTm Government College were transported to the central collection point. The well-established logistics network of Calicut University's NSS units facilitated the proper distribution of the goods to the disaster-affected areas of Wayanad.

This collaboration demonstrated the power of unity and the importance of coordinated efforts between educational institutions when responding to a crisis. It also highlighted how shared resources and collective responsibility can make a substantial impact in times of urgent need.

Impact of the Relief Effort

The response from KKTm Government College was both swift and heartwarming, with the college community's collective action making a significant difference in the lives of many in Wayanad. The supplies delivered to the affected regions provided critical relief, particularly for those who had lost their homes, food, and access to basic services.

Many families in Wayanad were left without basic necessities due to the disaster, and the timely distribution of food, water, medical supplies, and hygiene kits helped alleviate some of their suffering. Volunteers from both KKTm Government College and Calicut University worked tirelessly to ensure that the distribution process was smooth, reaching those most in need.

Moreover, the relief operation brought the community closer together, fostering a spirit of solidarity and compassion. It also reinforced the role of educational institutions like KKTm Government College in shaping responsible citizens who are not only academically oriented but also socially conscious and ready to support their communities in times of crisis.

Conclusion

The relief effort organized by the NSS units of KKTm Government College on August 6, 2024, exemplifies the spirit of volunteerism, compassion, and social responsibility. The college community's collective response to the natural disaster in Wayanad, through the collection of essential supplies and the collaboration with the Calicut University NSS, ensured that the affected people received timely help.

This initiative is a testament to the impact that organized relief efforts, driven by the dedication and unity of volunteers, can have in a crisis. The successful mobilization of the KKTm Government College community demonstrates how education, combined with social service, plays a crucial role in building a resilient and compassionate society.

In conclusion, the NSS units of KKTm Government College have once again shown how small acts of kindness, when done collectively, can have a profound effect on the lives of those in need. This effort highlights the importance of fostering a spirit of volunteerism, empathy, and service among students, ensuring that they are equipped to face the challenges of the world and contribute meaningfully to society.

Campus and Surroundings Cleanliness Drive

NSS (National Service Scheme) units of KKTU Government College organized a comprehensive cleanliness drive aimed at maintaining a clean and hygienic environment on the college campus and its surrounding areas. Under the leadership and guidance of the NSS program officers, the volunteers, along with faculty members, students, and non-teaching staff, joined hands to carry out this important initiative. The cleanliness drive aimed not only at keeping the college environment clean but also at promoting the importance of sanitation and environmental responsibility among the college community.



Objectives of the Cleanliness Drive

The primary objectives of the cleanliness drive were:

Maintaining a Clean and Healthy Campus: Ensuring that the college campus, including classrooms, corridors, playgrounds, and outdoor spaces, remained free from litter and waste.

Raising Awareness About Hygiene and Sanitation: Encouraging the college community to be more mindful of cleanliness, fostering a sense of responsibility toward maintaining a hygienic environment.



Promoting Environmental Consciousness: Creating awareness about environmental conservation, waste management, and the importance of keeping public spaces clean.

Involving Students in Social Service: Engaging NSS volunteers in community service by allowing them to actively participate in a project that benefits not only the college but also the local community.



Preparation and Planning

The cleanliness drive was meticulously planned to cover both the college campus and its nearby surroundings. The NSS units made a detailed checklist of tasks to be accomplished, which included:

Waste Collection: Collecting both biodegradable and non-biodegradable waste from various locations within the campus and surrounding areas.



Waste Segregation: Ensuring proper segregation of waste to promote recycling and the disposal of non-recyclable waste in an environmentally safe manner.

Clearing of Blocked Drains and Water Channels: Ensuring that the drainage systems were free from obstructions, which could lead to waterlogging and potential health hazards.

Weeding and Landscaping: Taking care of the greenery around the campus, trimming overgrown bushes, and removing unwanted weeds from flowerbeds, walkways, and garden spaces.



Cleaning of Public Spaces: Ensuring that public areas such as restrooms, the college canteen, and the open spaces around the campus were thoroughly cleaned and sanitized.

Execution of the Cleanliness Drive

The cleanliness drive began early in the morning, with NSS volunteers reporting to their designated areas for action. With a strong sense of commitment, volunteers were divided into teams, each assigned specific tasks across the campus and its surroundings.

Waste Collection and Segregation:

Volunteers spread out across the campus, carrying bags and containers for waste collection. Special attention was paid to areas prone to littering, such as the college parking lot, entrance pathways, and common areas. A team was designated to pick up plastic waste, wrappers, paper, and other litter scattered across the campus. In a separate area, volunteers

worked on segregating the waste into biodegradable and non-biodegradable categories, ensuring that recyclable materials were set aside for proper disposal.

Clearing Drains and Water Channels:

A team of volunteers worked with the local maintenance staff to clear blocked drains around the campus. This task was critical in preventing waterlogging, especially during the monsoon season. The volunteers used basic tools and gloves to remove debris, leaves, and plastic waste from drainage systems to maintain a smooth flow of water.

Landscaping and Garden Maintenance:

Several NSS volunteers focused on maintaining the greenery around the college. Weeds were removed from flowerbeds, and plants that needed attention were pruned. Additionally, trash and plastic waste that had accumulated in the garden areas were picked up to enhance the aesthetic value of the campus. Volunteers also watered the plants and ensured that the environment remained vibrant.

Cleaning of Public Spaces:

Volunteers dedicated efforts to ensure that the public spaces, including classrooms, corridors, the canteen, and restrooms, were cleaned thoroughly. Dusting, mopping, and sanitizing surfaces were carried out in high-traffic areas, and trash bins were emptied regularly to maintain hygiene. The cleanliness of shared spaces like the canteen was particularly emphasized to ensure the health and safety of everyone using these facilities.

Awareness Campaign and Sensitization:

Apart from physical cleaning activities, NSS volunteers also conducted brief awareness campaigns on the importance of maintaining cleanliness. Placards, posters, and banners were placed in various spots across the campus to remind students, faculty, and staff about their

responsibility toward keeping the campus clean. Volunteers also interacted with students to encourage them to dispose of waste properly and to adopt sustainable practices, such as using reusable water bottles and minimizing the use of single-use plastics.

Participation and Community Involvement

The drive witnessed an enthusiastic response from the entire college community. NSS volunteers participated actively in the initiative. Faculty members also joined in, setting an example for students by participating in cleaning tasks and promoting the cause of environmental conservation.

The involvement of non-teaching staff was also crucial in ensuring the cleanliness of areas that were difficult to access or maintain regularly, such as the college maintenance facilities and waste collection points. The combined effort from all members of the college community made the cleanliness drive a success.

Outcome and Impact

The cleanliness drive was a resounding success, achieving the following outcomes:

Cleaner and Healthier Campus: The college campus was visibly cleaner, with waste collected, drainage systems cleared, and gardens maintained. The drive helped prevent potential health hazards related to waste and stagnant water, creating a safer and healthier environment for students and staff.

Increased Awareness: Through the campaign, the importance of cleanliness and hygiene was effectively communicated to the college community. Many students expressed a renewed commitment to maintaining cleanliness on the campus on a daily basis.

Enhanced Environmental Consciousness: The initiative fostered a greater understanding of environmental sustainability. Students and staff became more conscious of the need to reduce waste, segregate trash, and adopt eco-friendly habits.

Community Spirit: The drive brought together students, faculty, and non-teaching staff for a common cause, strengthening the sense of community and shared responsibility within the college.

Conclusion

The cleanliness drive organized by the NSS units at KKTM Government College was a significant step toward maintaining a hygienic and eco-friendly campus. By actively engaging students, faculty, and staff, the drive not only improved the physical environment of the college but also raised awareness about the importance of cleanliness, hygiene, and environmental responsibility. The initiative reinforced the core values of the NSS program: social responsibility, community service, and the promotion of sustainable practices.

Such efforts are critical in fostering a culture of cleanliness and environmental consciousness among the younger generation. The success of this cleanliness drive serves as a reminder that small actions, when performed collectively, can have a lasting impact on the environment and the community.

Anti-Drug Campaign

Date of Event: August 12, 2024

Venue: KKTM Government College

Organized by: NSS Units of KKTM Government College

Objective: To combat drug abuse and raise awareness about the harmful effects of drugs as part of the Nashamukth Bharat Abhiyan



Drug abuse has become one of the most pressing social issues affecting various segments of society, especially the youth. The detrimental impact of drugs on physical health, mental well-being, family structures, and communities is profound. In response to this grave concern, the Government of India launched the Nashamukth Bharat Abhiyan to encourage a drug-free society. The initiative aims to raise awareness about the dangers of drug abuse, promote healthy lifestyles, and assist those struggling with addiction to lead a better life.

In alignment with this mission, the NSS units of KKTm Government College organized an anti-drug awareness event on August 12, 2024. The event, which was part of the nationwide Nashamukt Bharat Abhiyan, aimed to inspire students and faculty to join the fight against drug abuse and build a drug-free campus and community.



Event Highlights

Anti-Drug Pledge Ceremony

The event began with an Anti-Drug Pledge Ceremony. Students, faculty members, and NSS volunteers gathered in the college to take a solemn pledge to oppose the use of drugs in any form.

The pledge emphasized the commitment to:

Say "no" to drugs

Encourage others to avoid substance abuse

Foster a healthy and drug-free environment within the campus and community

Support those suffering from addiction and help them recover through various means of support and rehabilitation

The pledge was administered by the NSS Program Officer, who highlighted the significance of collective responsibility in tackling the issue of drug abuse.

Awareness Programs and Campaigns

In order to reach a broader audience, the NSS units organized a series of awareness programs throughout the day. The events included:



Poster Making and Slogan Writing Competition: A poster-making and slogan-writing competition was conducted where students expressed their creative ideas on the dangers of drug use. The students used their artwork to convey powerful messages about the harms of substance abuse, and some of the best posters were displayed in prominent areas around the college.

Interactive Sessions and Lectures: JEEVANI counsellor Vaseela K M invited to address the students. The lectures focused on:

The root causes of drug abuse and addiction

The physical, emotional, and social impact of drugs on individuals and their families

Practical solutions and available resources to help those affected by addiction

The importance of community involvement and rehabilitation services

The interactive session allowed students to ask questions, share personal experiences, and discuss ways to overcome addiction and its stigma.

NSS Volunteers' Participation

The NSS volunteers played a significant role in the success of this event. Apart from participating in the pledge ceremony, they were actively involved in organizing and coordinating the various programs throughout the day. They were also responsible for creating awareness within the college campus by distributing pamphlets, posters, and informational brochures about drug abuse prevention and rehabilitation options. The volunteers also served as role models, inspiring others to take part in the campaign.

Nashamukth Bharat Abhiyan Video Screening

As part of the initiative, a short documentary video was screened, showcasing the Nashamukth Bharat Abhiyan's nationwide efforts. The video featured testimonials of individuals who had overcome addiction, their struggles, and the rehabilitation process. This served as a source of motivation and a reminder of the importance of not only avoiding drugs but also providing support to those in need of help.

Impact and Outcome

The event was met with enthusiastic participation from students and faculty members. The anti-drug pledge was signed by a large number of students, symbolizing their commitment to creating a drug-free environment in their community and future professional lives. Through the interactive sessions and competitions, the NSS units succeeded in spreading awareness about the importance of staying away from drugs and leading a healthy, fulfilling life.

Additionally, the event had a lasting impact on the students as they not only learned about the harmful effects of drugs but also understood the significance of emotional well-being and the role they play in supporting others who might be at risk of addiction.

Conclusion

The Nashamukt Bharat Abhiyan event organized by the NSS units of KKTM Government College was an important step in raising awareness about the dangers of drug abuse and promoting a drug-free society. The various programs conducted on August 12, 2024, contributed significantly to sensitizing students and faculty about the perils of substance abuse. It also provided valuable insights into the ways in which communities can combat drug abuse through awareness, education, and collective action.

The event concluded with a renewed commitment from everyone present to contribute toward the vision of a Nashamukt Bharat (Drug-Free India), reinforcing the importance of individual responsibility, empathy, and social cohesion in the fight against drug abuse.

This event marks the beginning of a greater movement towards a drug-free, healthy society that will continue to grow with the active participation of students, faculty, and the wider community.

Report on Independence Day Celebration

Date of Event: August 15, 2024

Venue: KKTM Government College

Objective: To celebrate India's 77th Independence Day and honor the spirit of freedom, unity, and patriotism.



Independence Day is one of the most significant days in the history of India. It commemorates the day when India gained freedom from British colonial rule on August 15, 1947. Every year, this day is celebrated with great enthusiasm and pride across the country. This year, on August 15, 2024, KKTm Government College celebrated the 77th Independence Day under the leadership of the NSS units of the college. The event was a grand occasion for students, faculty, and staff to come together in the spirit of patriotism, national pride, and unity.

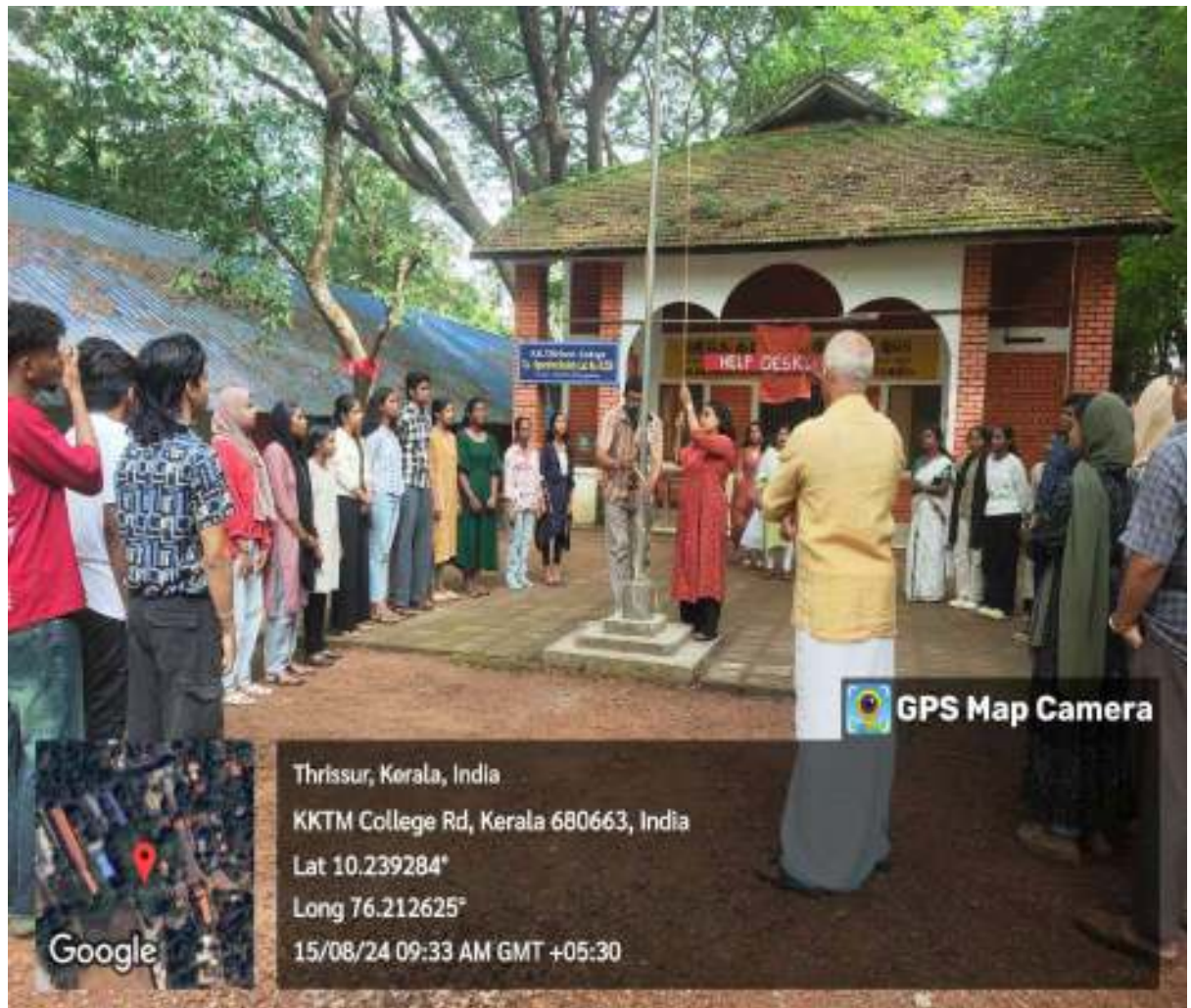
Event Highlights

1. Flag Hoisting Ceremony



The celebration began with a solemn flag hoisting ceremony at the college grounds. Vice- Principal of KKTm Government College, hoisted the national flag to the sound of the

national anthem. Students, faculty, and NSS volunteers stood in reverence, paying tribute to the country's freedom struggle and its heroes. The flag was hoisted with great respect, symbolizing the pride and dignity of the nation.



The flag hoisting was followed by the singing of the National Anthem, which further strengthened the collective sense of national pride and unity among the participants.

2. Speeches and Messages



After the flag hoisting, the Vice-Principal of KKTm Government College addressed the gathering. In her speech, she paid tribute to the sacrifices made by the freedom fighters and emphasized the importance of independence in shaping the present and future of the nation. She spoke about the progress India has made over the years and highlighted the role of education and youth in building a strong and prosperous nation.

The Vice-Principal also acknowledged the efforts of the NSS units for their active involvement in various social causes, urging the students to take inspiration from the sacrifices of the past and work toward the welfare of the nation in their daily lives.



Additionally, a short patriotic speech was delivered by an NSS volunteer, who spoke about the significance of Independence Day and the importance of upholding the values of freedom, democracy, and equality. The volunteer encouraged students to contribute to the nation-building process through their education, compassion, and dedication.

3. Cultural Programmes

To celebrate the diverse cultural heritage of India, the NSS units organized various cultural programs. These included:

Patriotic Songs and Dance Performances: A group of students performed traditional and modern patriotic songs, stirring emotions of national pride in the audience. The performances included iconic songs like "Vande Mataram" and "Maa Tujhe Salaam," which resonated deeply with the spirit of independence.

Patriotic Quiz Competition

A patriotic quiz competition was also organized, where students participated enthusiastically to test their knowledge about India's history, freedom struggle, and national symbols. The competition was an engaging and informative way to celebrate the day, with winners receiving certificates and prizes. The quiz emphasized the importance of understanding India's journey to freedom and the key events that shaped the nation.

Community Outreach and Social Responsibility Activities

In the spirit of independence, the NSS units took the opportunity to launch a community outreach program on this significant day. Volunteers visited nearby localities and engaged in activities like:

Cleaning drives to promote cleanliness and hygiene in the community.





Impact and Outcome

The Independence Day celebration at KKTm Government College was a grand success, bringing together students, faculty, and staff in a unified display of patriotism and national pride. The various activities conducted throughout the day inspired a sense of belonging and responsibility among the participants, reinforcing the values of freedom, unity, and social welfare. The cultural programs and speeches were highly appreciated, fostering a deeper understanding of India's rich history and the sacrifices made by the freedom fighters.

The community outreach initiatives were an excellent demonstration of the NSS units' commitment to serving the society in meaningful ways. By combining celebration with social responsibility, the event helped instill the spirit of national service and duty in the students.

The Independence Day celebration at KKTm Government College was a memorable event that reflected the college's commitment to nurturing the values of patriotism, social responsibility, and unity among its students. Under the leadership of the NSS units, the event

successfully blended the joy of celebration with meaningful discussions and activities that emphasized the importance of independence and nation-building.

The celebration not only honored the history of India's independence but also inspired the students to contribute actively to the welfare of the nation in their future endeavors. This event served as a reminder to all that freedom is a collective responsibility, and it is through education, service, and unity that we can truly honor the sacrifices made by our freedom fighters and work toward a stronger India.

The Independence Day at KKTm Government College will remain a significant event in the college's calendar, inspiring students to be more patriotic and socially responsible.

Distribution of UDID Cards

Date of Event: September 3, 2024

Venue: Mathilakam Block Panchayat

Organized by: NSS Units of KKTm Government College in collaboration with Mathilakam Block Panchayat

Objective: To distribute UDID cards to differently-abled individuals and provide training to NSS volunteers for assisting in the distribution process.



The UDID (Unique Disability ID) project is a government initiative aimed at creating a comprehensive database of individuals with disabilities in India. It aims to provide a unique identity to differently-abled people, ensuring that they can avail of various government schemes, benefits, and services designed to support their needs. The distribution of UDID cards is an essential step in empowering differently-abled individuals and ensuring their access to the resources they require for a better quality of life.



In this context, the NSS Units of KKTU Government College, in collaboration with the Mathilakam Block Panchayat, took an active role in the successful distribution of UDID cards to the differently-abled community. The event included both training for NSS volunteers and the subsequent distribution of the cards. The efforts made by the volunteers were crucial in assisting the differently-abled individuals in receiving their UDID cards and ensuring a smooth and organized process.



Training Program for NSS Volunteers



On September 3, 2024, a dedicated training program was conducted for the NSS volunteers of KKTU Government College. The session aimed to familiarize the volunteers with the processes involved in the distribution of UDID cards and to help them understand the various disabilities covered under the UDID scheme.

The training was organized by the Mathilakam Block Panchayat in collaboration with the local government officials responsible for the implementation of the UDID card distribution program. The training covered:



Understanding the UDID Scheme: Volunteers were briefed about the UDID project, which is designed to provide a unique identity to differently-abled individuals and to simplify the process of accessing government schemes and benefits.

The Types of Disabilities Covered: The volunteers were educated about the various types of disabilities that the UDID card covers, including visual impairment, hearing impairment, locomotor disabilities, mental health issues, intellectual disabilities, and multiple disabilities.



Documentation Process: The volunteers were trained on how to verify the documentation submitted by differently-abled individuals. They were informed about the medical certificates, disability assessment reports, and identity proofs required to issue the UDID cards.

Assisting Differently-Abled Individuals: Special emphasis was placed on ensuring that volunteers were sensitive to the needs of differently-abled individuals, particularly those with severe disabilities, and that they would provide necessary support throughout the process.

The training was conducted through interactive discussions, demonstrations, and role-playing exercises to ensure the volunteers were well-prepared to assist the beneficiaries effectively.

Distribution of UDID Cards

After the training, the UDID card distribution ceremony took place, where the NSS volunteers actively participated in assisting with the process. The event was held at the Mathilakam Block Panchayat office and nearby locations, where eligible differently-abled individuals gathered to receive their UDID cards.

Key steps involved in the distribution process included:

Registration and Verification: The volunteers were assigned to assist in the registration of differently-abled individuals who were present for the card distribution. They ensured that all necessary documents were submitted and verified, including medical certificates and proof of identity.

Assisting with the Forms: Some of the differently-abled individuals faced challenges in filling out forms, so the volunteers provided one-on-one support to ensure that all fields were completed correctly and that the forms were submitted on time.

Issuance of UDID Cards: Once the registration was complete, the UDID cards were issued to the beneficiaries. Volunteers played an important role in handing over the cards to the recipients and ensuring that each individual received the correct card.

Providing Information on Utilization: Volunteers also briefed the recipients about how to use the UDID card, explaining the benefits available to them through government schemes, including financial assistance, healthcare, education, and access to social welfare programs.

Emotional Support: For many of the recipients, receiving the UDID card was an emotional moment, as it represented recognition and empowerment. The volunteers were empathetic and provided much-needed emotional support to the beneficiaries and their families during the process.

Inclusive Environment and Community Engagement

The event was designed to create an inclusive and accessible environment for all participants. Efforts were made to ensure that the venue was easily accessible for people with different types of disabilities. Volunteers worked diligently to assist those with mobility challenges and ensure their participation in the event was seamless.

In addition to the practical aspects of the distribution, the event served as a platform for raising awareness about the needs and rights of differently-abled individuals. By being part of such a significant initiative, the NSS volunteers actively contributed to the community's understanding of inclusivity and social responsibility.

Impact and Outcome

The UDID card distribution program was a significant success, with a large number of differently-abled individuals receiving their cards on the day. The event not only benefited the recipients but also highlighted the important role that volunteers and the community play in ensuring that vulnerable populations have access to the support and resources they need.

The NSS volunteers gained invaluable experience in community service, social inclusion, and government welfare programs. Their active participation helped ensure the smooth and efficient distribution process and also empowered them with a deeper understanding of the challenges faced by differently-abled individuals.

The Mathilakam Block Panchayath also played a key role in facilitating the event, providing logistical support, and ensuring that the process was conducted in an organized manner. The collaboration between the NSS units and the Panchayat was instrumental in the success of the initiative.

The UDID card distribution initiative, conducted by the NSS Units of KKTm Government College in collaboration with the Mathilakam Block Panchayat, was a remarkable success in promoting social inclusion and empowering the differently-abled community. The event not only provided essential support to those who need it but also allowed the NSS volunteers to contribute meaningfully to the welfare of society.

This initiative also underscores the importance of collaboration between educational institutions, local governments, and community organizations in addressing the needs of marginalized groups. By participating in this event, the NSS volunteers of KKTm Government College played a crucial role in making a positive difference in the lives of differently-abled individuals. This successful collaboration serves as a model for future projects aimed at promoting inclusivity and welfare for all segments of society.

Teachers' Day Celebration

Date: 5th September 2025

Venue: KKTm Government College

Organized by: NSS Units of KKTm Government College

Teachers' Day is a special occasion to honor and recognize the invaluable contributions of educators in shaping the future of students. At KKTU Government College, this day was celebrated with great enthusiasm and reverence under the guidance and leadership of the college's National Service Scheme (NSS) units. The event was marked by a series of well-planned activities that reflected the deep respect and appreciation the students have for their teachers.



The Role of NSS in Organizing the Event

The NSS units of the college took the initiative to ensure that the Teachers' Day celebration was memorable for both the teachers and students. The NSS volunteers worked tirelessly to prepare for the event, coordinating various segments of the celebration, including decoration, program management, and ensuring that the day ran smoothly. Their dedication and hard work were evident in every detail, from the setup of the venue to the successful execution of the event.

The event commenced with a warm welcome address by the Principal, who emphasized the importance of teachers in shaping not only academic knowledge but also the

values and character of students. The Principal expressed gratitude to all teachers for their constant support and commitment to the growth of the students.

Honoring the Teachers

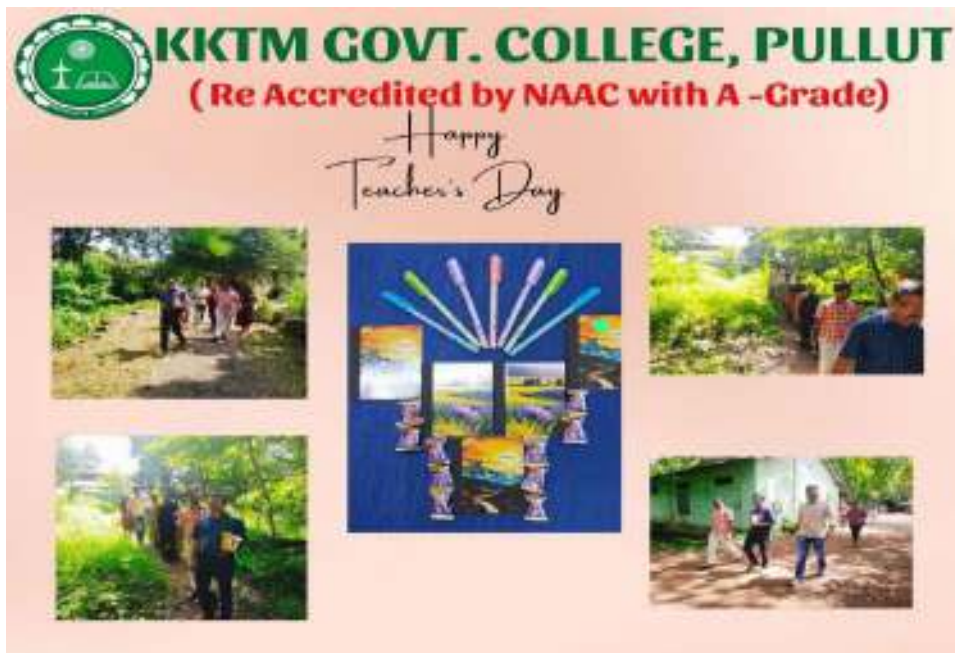


A key highlight of the day was the recognition and honoring of the teachers for their tireless efforts and dedication to the academic and personal growth of their students. The NSS units organized a small felicitation ceremony in which students presented teachers with flowers and cards. The teachers were also presented with tokens of appreciation as a gesture of gratitude for their selfless commitment to the education sector.

The ceremony was deeply touching, as many teachers shared their thoughts and experiences, expressing how rewarding it is to see their students succeed. The heartfelt speeches were a testament to the strong bond between the educators and their pupils.

Interactive Session with Students

In keeping with the spirit of the day, an interactive session was held where students were encouraged to share their thoughts and experiences about their teachers. Many students shared personal anecdotes and stories about how their teachers had positively influenced their lives.



Some recounted instances where teachers had gone beyond their teaching duties to offer emotional and moral support. This segment allowed for an open exchange of emotions, creating a more personal and meaningful celebration.

The event concluded with a vote of thanks, delivered by one of the NSS volunteers. The vote of thanks expressed gratitude to the Principal, teachers, NSS volunteers, and students for their contributions to the success of the celebration. The volunteer also acknowledged the hard work of the organizing team, noting that it was through collective efforts that the event became a resounding success.

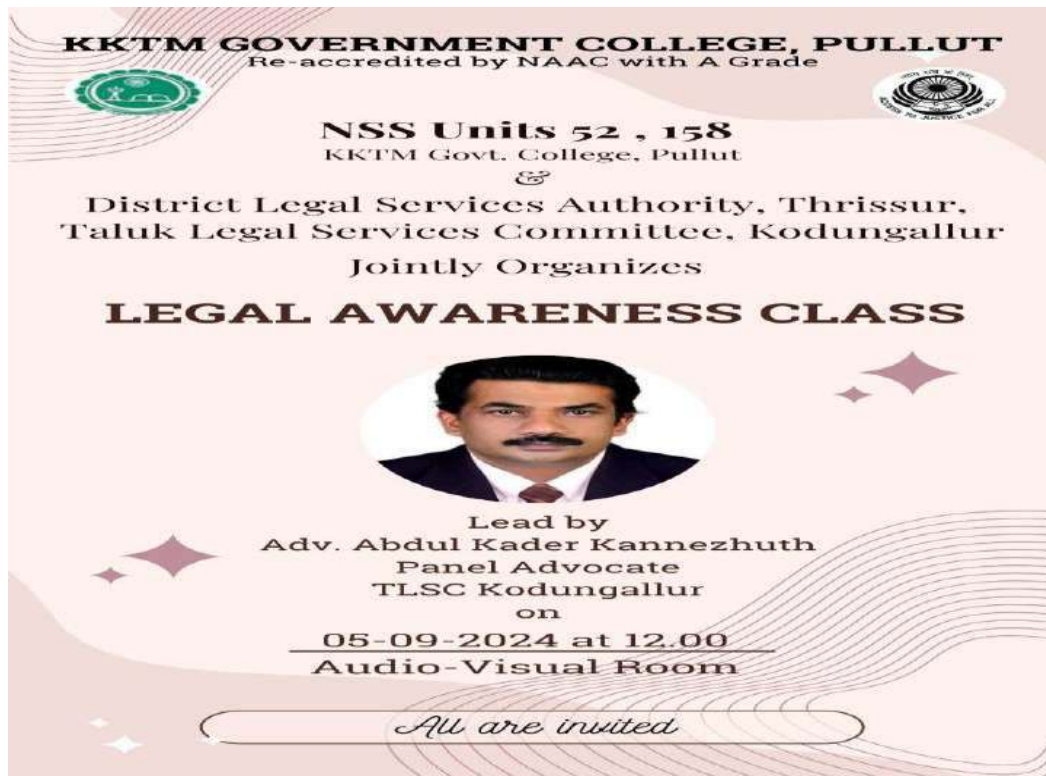
The Teachers' Day celebration at KKTm Government College, organized by the NSS units, was a huge success. It was a day of joy, gratitude, and reflection, where students and teachers came together to celebrate the impact of education. Through heartfelt performances, speeches, and personal exchanges, the event highlighted the profound influence that teachers have in shaping the lives of their students. The NSS units' meticulous planning and dedication ensured that the celebration was a memorable and meaningful experience for all.



In the words of the Principal, “Teachers are the architects of the future, and today we celebrate their immense contributions with heartfelt gratitude.” This Teachers' Day will surely be remembered as a day of respect, joy, and recognition at KKTm Government College.

LEGAL AWARENESS CLASS

The Legal Awareness Class was conducted on September 5, 2024, at KKTm Government College, Pullut. The event was organized jointly by NSS Units 52 and 158, District Legal Services Authority, Thrissur, and Taluk Legal Services Committee, Kodungallur. The session aimed to educate students on essential legal rights and responsibilities, emphasizing the significance of legal literacy in daily life.



Objectives of the Legal Awareness Class

To educate students and faculty members about basic legal rights.

To spread awareness about the legal support available through district and taluk legal services committees.

To empower participants with knowledge regarding key laws and regulations affecting their lives.

To promote the importance of seeking legal help in times of need.

To enhance critical thinking and legal reasoning skills among attendees.



Event Details

The session commenced at 12:00 PM in the Audio-Visual Room of KKTm Government College. The event was presided over by key faculty members and legal experts who played a crucial role in guiding the discussions.

Speakers and Their Contributions

Dr. Krishnakumar K. A. (NSS Programme Officer) – Delivered the welcome speech and set the tone for the session by highlighting the significance of legal awareness among students.

Dr. Bindu Sharmila T. K. (Principal) – Addressed the gathering and emphasized the importance of understanding laws in everyday life.



Adv. Abdul Kader Kannezhuth (Panel Advocate, TLSC Kodungallur) – Led the main session, providing insights into various legal rights, the functioning of legal aid services, and the steps individuals can take when facing legal issues.

Dr. Dhanya P. D. (NSS Programme Officer) – Concluded the event with a vote of thanks, appreciating the contributions of all speakers and participants.

Key Topics Covered

Fundamental Rights and Duties – Understanding the basic rights granted by the Indian Constitution.

Consumer Protection Laws – Awareness about consumer rights and grievance redressal mechanisms.



Cyber Laws and Digital Safety – Protecting oneself in the digital space and understanding cybercrimes.

Legal Aid and Support Services – How and where to seek legal assistance when needed.

Women's Rights and Protection Laws – Addressing key laws related to women's safety and gender justice.

delivering a well-structured and informative session. Such initiatives are essential in creating a legally informed society where individuals can make informed decisions and seek justice effectively.

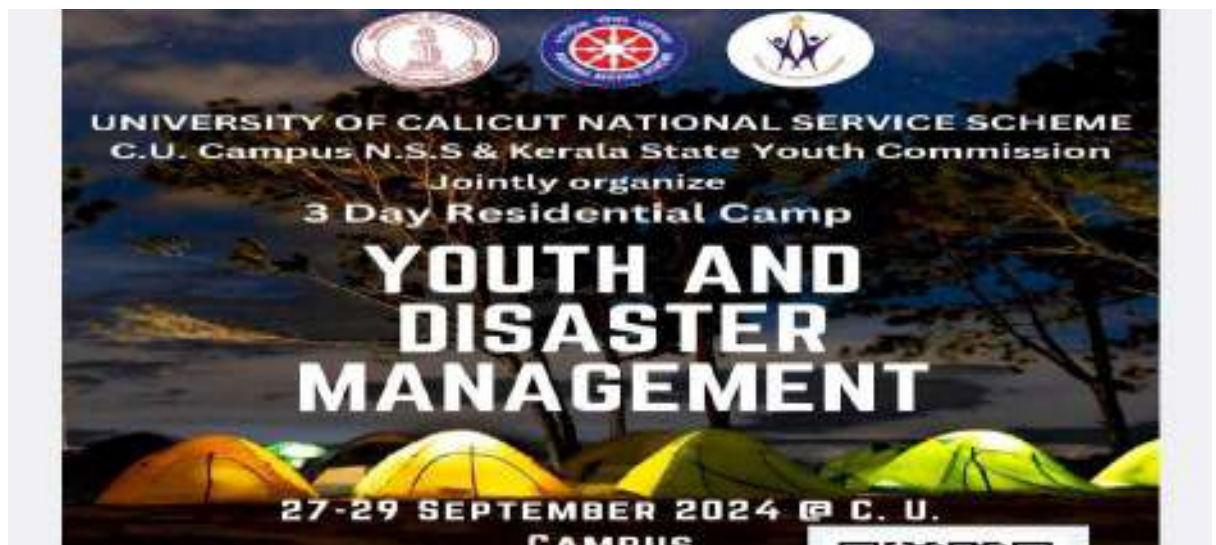
This event marked a significant step towards spreading legal awareness and empowering students with knowledge that will help them navigate legal challenges in the future.

Report on Participation in 3-Day Residential Camp on Youth and Disaster Management

Organized by: University of Calicut National Service Scheme (NSS), C.U. Campus
NSS & Kerala State Youth Commission

Venue:

C.U. Campus, University of Calicut



Dates:

27th – 29th September 2024

Participants from KKTM Government College:

Two NSS volunteers had the opportunity to represent KKTM Government College in this prestigious three-day residential camp on Youth and Disaster Management. The camp aimed to equip young volunteers with the necessary skills and knowledge to effectively manage disasters and provide aid in emergency situations.

Day 1: Inauguration and Orientation

The camp commenced with an inaugural ceremony attended by dignitaries from the University of Calicut, the National Service Scheme, and the Kerala State Youth Commission. Eminent speakers emphasized the role of youth in disaster management and the importance of community service.

Following the inauguration, participants were given an orientation session on the objectives of the camp. Experts from disaster management authorities provided insights into various types of disasters, their impact, and the need for proactive measures. The session also highlighted the significance of teamwork and leadership in crisis situations.



Post-lunch, an interactive session was conducted on ‘Understanding Disasters: Natural and Man-Made.’ Volunteers actively engaged in discussions, sharing experiences and ideas on handling emergencies effectively.

Day 2: Practical Training and Field Exercises

The second day was dedicated to hands-on training sessions. Professionals from disaster response teams demonstrated essential skills, including:

First Aid and Basic Life Support (BLS): Volunteers were trained in CPR, wound dressing, and handling fractures.

Fire Safety and Evacuation Techniques: Demonstrations on using fire extinguishers and safely evacuating buildings during fire emergencies.

Flood and Landslide Management: Simulated rescue operations and techniques for providing immediate relief.

Mock Drill for Earthquake Response: A drill was conducted to train volunteers on how to react promptly and ensure safety during an earthquake.

The day concluded with a brainstorming session where volunteers proposed disaster preparedness plans for their respective communities.

Day 3: Community Engagement and Closing Ceremony

On the final day, volunteers were taken to a nearby community where they conducted awareness programs on disaster preparedness. They interacted with residents, educating them about emergency response strategies, assembling emergency kits, and setting up early warning systems.

A group activity was also conducted, where teams prepared and presented disaster management plans for different scenarios. Experts provided valuable feedback, encouraging innovative ideas for better disaster resilience.

The camp concluded with a closing ceremony, where participants received certificates of appreciation for their dedication and active participation. The event was graced by esteemed guests who applauded the efforts of NSS volunteers in contributing to disaster management awareness and preparedness.

Conclusion and Key Takeaways

The 3-day residential camp on Youth and Disaster Management was an enriching experience for the NSS volunteer from KKTm Government College. It provided him with practical skills, theoretical knowledge, and a deep sense of responsibility towards disaster preparedness and response.

Key takeaways from the camp include:

Understanding the types and impacts of disasters.

Gaining hands-on experience in first aid, rescue operations, and emergency response.

Learning the importance of teamwork and leadership in crisis situations.

Developing strategies to enhance community resilience against disasters.

The volunteer returned to college with a renewed commitment to spreading awareness about disaster management and implementing the knowledge gained in real-life situations. They plan to conduct workshops and awareness programs within the college and local community to ensure a broader reach of the valuable insights acquired.

This camp reinforced the crucial role of NSS in empowering youth to take proactive steps in disaster management, making them responsible and well-equipped citizens in times of need.

Walkathon

Palliative care is an essential aspect of healthcare that aims to improve the quality of life for patients facing life-threatening illnesses. To spread awareness and encourage community participation, Alpha Palliative Care organized a walkathon on October 9, 2024, in celebration of World Palliative Care Day. This event took place at Thekkinkadu Ground, Thrissur, and witnessed enthusiastic participation from various organizations and individuals, including 25 NSS volunteers from KTM Government College.



Event Overview

The walkathon commenced at 9:00 AM at Thekkinkadu Ground, Thrissur, with a gathering of participants, volunteers, healthcare professionals, and palliative care advocates. The primary objective of the walkathon was to educate people on the importance of palliative care and to encourage community involvement in supporting patients with life-limiting illnesses. The event also aimed to break societal misconceptions regarding palliative care and promote compassionate caregiving.

Participation of NSS Volunteers

The participation of 25 NSS volunteers from KKTU Government College was instrumental in the success of the event. These volunteers actively engaged in the walkathon, assisting with event coordination, managing registrations, and spreading awareness among the public. Their involvement demonstrated their commitment to social service and community welfare. The volunteers also distributed informative pamphlets to bystanders, explaining the significance of palliative care and encouraging them to support related initiatives.



Key Highlights of the Walkathon

1. Inaugural Ceremony: The event was inaugurated by notable dignitaries, including representatives from Alpha Palliative Care, local government officials, and medical professionals specializing in palliative care. They addressed the gathering and emphasized the need for community-driven efforts to support patients requiring palliative care.



2. The Walk: The participants, including students, healthcare workers, and members of the general public, walked through designated routes around Thekkinkadu Ground. They carried banners and placards with messages advocating for improved palliative care services and the importance of emotional and physical support for patients and their families.

3. Awareness Sessions: Along the route, brief awareness sessions were conducted at key points, where medical experts spoke about the impact of palliative care and the ways in which communities can contribute to improving these services.

4. Interaction with the Public: The volunteers engaged with pedestrians and local residents to explain the purpose of the walkathon and motivate them to participate in future initiatives. Many people expressed their interest in supporting palliative care programs after gaining insight into its importance.

Impact of the Walkathon

The walkathon successfully highlighted the critical role of palliative care in healthcare. The presence of a diverse group of participants ensured that the message reached different sections of society. The event also helped foster a sense of responsibility among the volunteers and the public, inspiring them to contribute to the cause in various ways, such as volunteering at palliative care centers, offering financial support, or simply spreading awareness.

The walkathon organized by Alpha Palliative Care on World Palliative Care Day was a resounding success, thanks to the efforts of dedicated volunteers, organizers, and community members. The participation of NSS volunteers from KKTM Government College played a significant role in making the event impactful. Events like these are crucial in driving social change and ensuring that patients with life-limiting illnesses receive the care and support they deserve. Moving forward, it is essential to continue such initiatives to strengthen the palliative care movement and promote a compassionate society.

NSS Day Celebrations

The NSS units of KKTM Government College celebrated NSS Day with great enthusiasm and active participation on September 24, 2024. The event aimed to highlight the importance of community service, leadership, and social responsibility among students while commemorating the foundation of the National Service Scheme (NSS) in India.



K.K.T.M GOVT COLLEGE, PULLUT
NSS unit 158&52



NSS DAY

September 24



On the occasion of NSS (National Service Scheme) Day 2024, an essay writing competition was organized to highlight the significance of NSS in fostering community service, leadership, and social responsibility among students. The event was conducted with great enthusiasm, witnessing active participation from students across various departments.

Objective of the Competition:

The primary objective of the competition was to create awareness about the role of NSS in shaping responsible citizens who contribute towards societal development. The theme of the competition, “The Importance of NSS in Nation Building,” aimed to inspire students to delve deeper into the essence of community service and its impact on personal and national growth.

Venue and Participants:

The competition was held in the college Photo Gallery on September 24, 2024, marking the celebration of NSS Day. A total of 30 students participated in the event, representing

different streams and showcasing their perspectives on the topic. The competition was open to all students, and a panel of esteemed faculty members served as judges.

Competition Structure and Evaluation Criteria:

Participants were given one hour to compose their essays, adhering to the word limit of 1000 words. The evaluation criteria included originality, coherence, relevance to the theme, and linguistic proficiency. Judges assessed the essays based on clarity of expression, depth of research, and overall presentation.

Highlights of the Event:

1. ***Diverse Perspectives:*** Students presented a wide array of viewpoints on how NSS instills a sense of responsibility, teamwork, and empathy among the youth.

2. ***Inspiring Narratives:*** Some participants shared personal experiences from their involvement in NSS activities, making their essays more impactful and relatable.

3. ***Judges' Feedback:*** The panel appreciated the efforts of the participants and provided valuable insights on the importance of service learning.

4. ***Winners Announcement:*** The top three essays were awarded certificates and prizes, with the first-place winner receiving a special recognition from the Principal.

The essay writing competition on the importance of NSS successfully reinforced the values of selfless service and civic engagement among students. The event not only commemorated NSS Day 2024 but also served as a platform for students to express their thoughts on how they can contribute to nation-building through NSS. The enthusiasm and creativity displayed by the participants underscored the impact of NSS in shaping responsible and proactive citizens.

The celebrations concluded with a felicitation ceremony, where outstanding NSS volunteers were honored for their exceptional contribution to social work. The Principal, along with NSS officers, distributed certificates of appreciation and encouraged students to continue their commitment to community service.



The NSS Day celebrations at KKTm Government College in 2024 were a grand success, inspiring students to actively engage in nation-building activities. The event not only strengthened the values of social responsibility and volunteerism but also left a lasting impact on the community. The NSS units pledged to continue their efforts in contributing to society through various meaningful initiatives in the future.

Swachhata Hi Seva Campaign at Snehatheeram Beach

Organized by : Nehru Yuva Kendra, National Service Scheme (NSS), and Thalikkulam Grama Panchayath

Date: October 2, 2024

Venue: Snehatheeram Beach, Thrissur



As part of the national Swachhata Hi Seva campaign, Nehru Yuva Kendra, the National Service Scheme (NSS), and Thalikkulam Grama Panchayat jointly organized a mega cleaning drive at Snehatheeram Beach on October 2, 2024. This initiative aimed to collect and remove plastic waste from the beach and promote environmental consciousness among the local community.



Objectives

The primary objectives of the campaign were:

- To create awareness about the impact of plastic waste on marine and coastal ecosystems.
- To encourage active participation in cleanliness drives and environmental conservation efforts.
- To make Snehatheeram Beach a plastic-free zone.



Participants and Activities

A large number of volunteers, including NSS members from KKTU Government College, actively participated in the cleaning drive. The event was well-coordinated, with volunteers forming groups to systematically cover different sections of the beach. The following activities were carried out:

Collection of Waste: Volunteers collected plastic bottles, wrappers, polythene bags, and other non-biodegradable waste materials.

Segregation of Waste: The collected waste was segregated into recyclable and non-recyclable materials for proper disposal.



Awareness Campaign: Volunteers engaged with beach visitors and locals to spread awareness about the importance of reducing plastic usage.

Distribution of Supplies: Participating volunteers were provided with T-shirts, caps, and refreshments as a token of appreciation for their efforts.

Impact and Outcome

The cleaning drive resulted in the removal of a significant amount of plastic waste from Snehatheeram Beach. The event successfully raised awareness about the detrimental effects of plastic pollution and encouraged community participation in maintaining cleanliness. The local authorities and community members appreciated the efforts of the volunteers and pledged to continue similar initiatives in the future.

The Swachhata Hi Seva campaign at Snehatheeram Beach was a remarkable success. The collective efforts of Nehru Yuva Kendra, NSS volunteers, and Thalikkulam Grama Panchayat made a significant contribution to environmental conservation. Such initiatives serve as a stepping stone towards a cleaner and greener future, inspiring individuals to adopt sustainable practices and actively participate in community service.

Gandhi Jayanti- Cleaning Drive by NSS Volunteers

Date: October 2, 2024

Venue: Kodungallur KSRTC Bus Stand

Organized by: NSS Unit, KKTU Government College

Collaborators:Kodungallur Municipality



On the occasion of Gandhi Jayanti, which commemorates the birth anniversary of Mahatma Gandhi, the National Service Scheme (NSS) volunteers of KKTm Government College organized a cleanliness drive at the Kodungallur KSRTC Bus Stand. This initiative was undertaken in collaboration with the Kodungallur Municipality to promote the values of cleanliness and community service inspired by Mahatma Gandhi's vision of a clean and self-reliant India.



Objectives of the Cleaning Drive

- To honor Mahatma Gandhi's principles of cleanliness and sanitation.
- To create awareness about the importance of maintaining a clean public environment.

- To encourage civic responsibility among students and the local community.
- To support the Swachh Bharat Abhiyan (Clean India Movement).

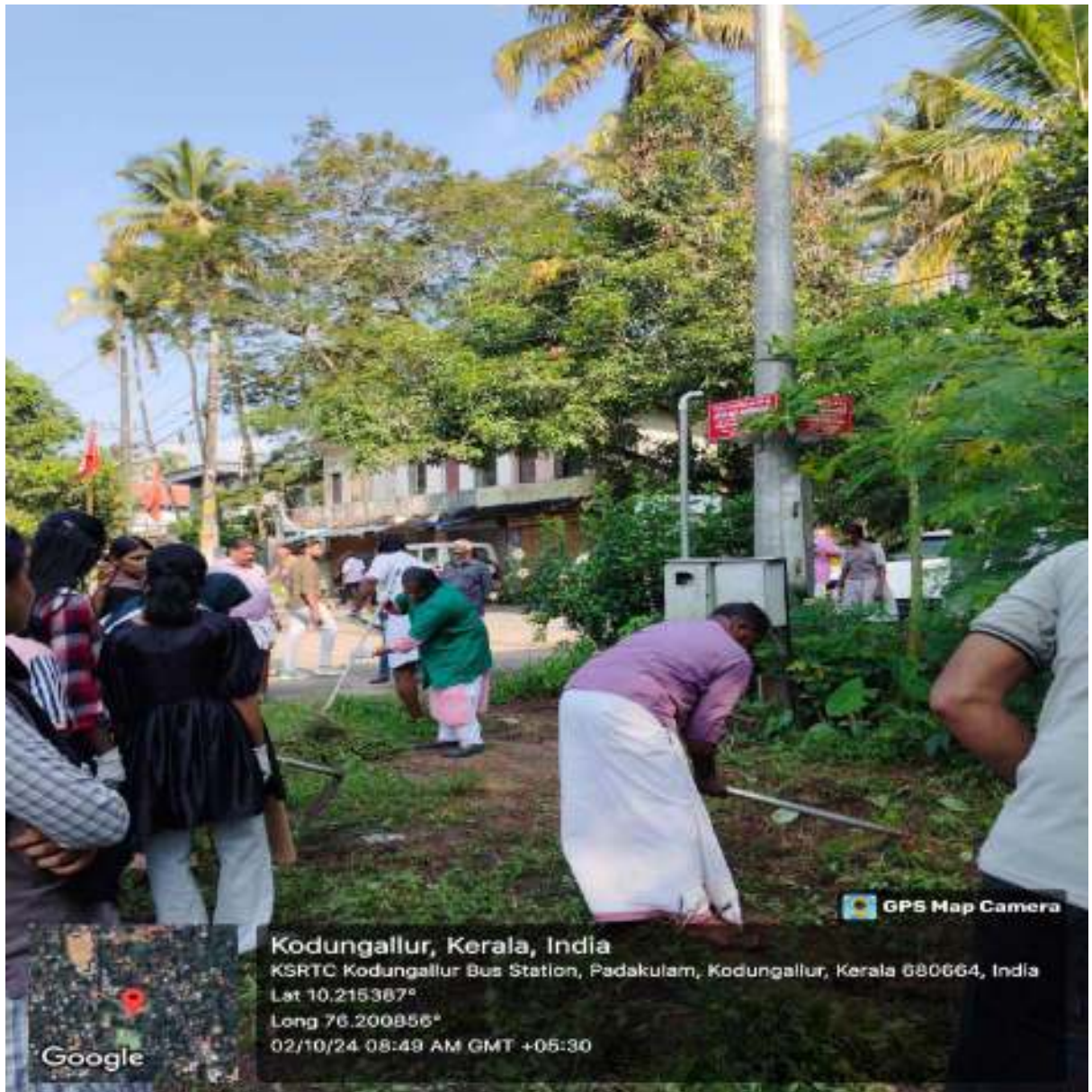
Event Execution

The program commenced at 8:00 AM with an inauguration ceremony attended by representatives from the Kodungallur Municipality, faculty members of KKTm Government College, and NSS volunteers. The Municipal Chairman addressed the gathering, highlighting the importance of cleanliness and community participation.



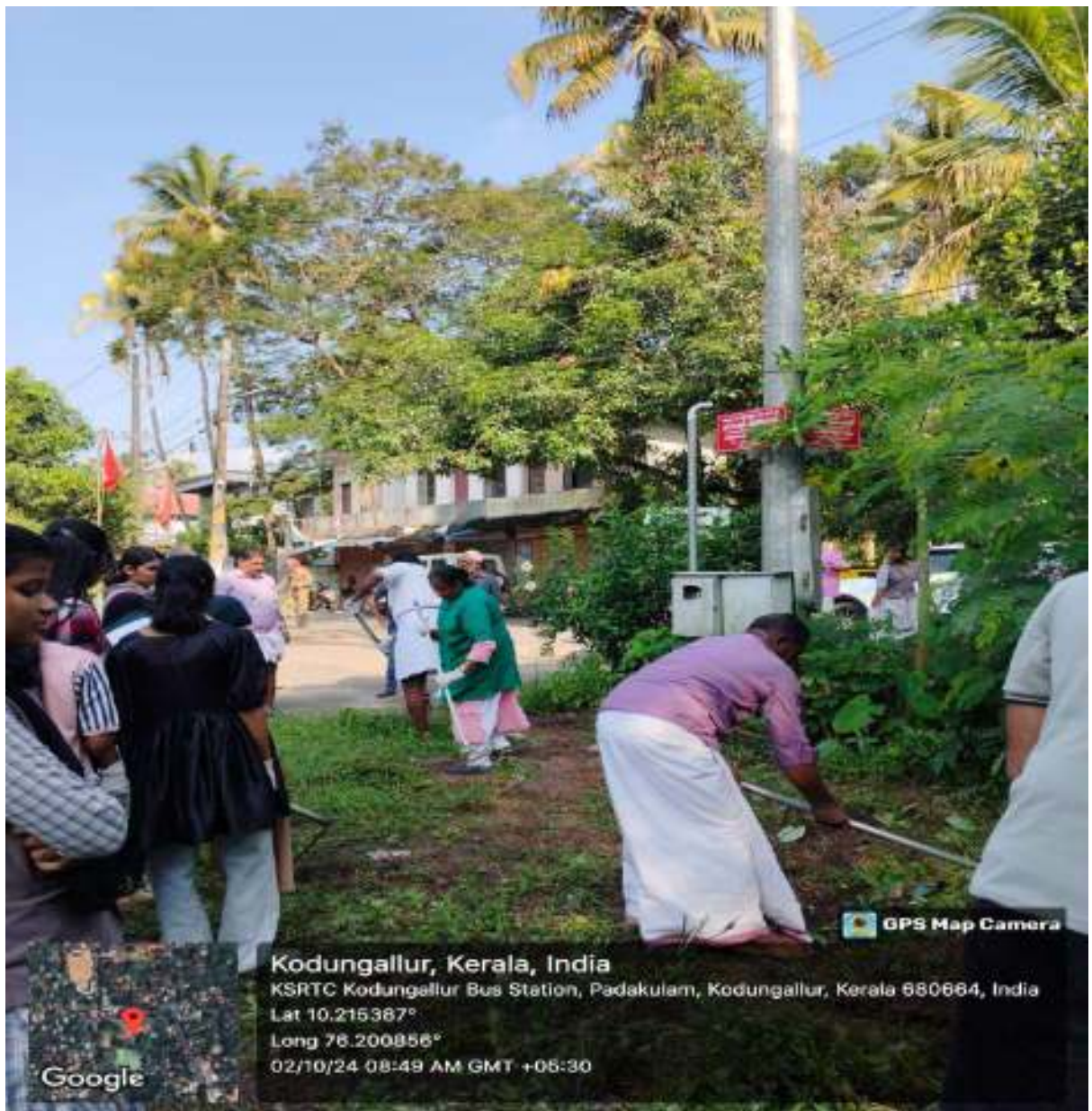
Following the inauguration, volunteers were divided into teams and assigned specific areas within the Kodungallur KSRTC Bus Stand to clean. The tasks performed included:

- Sweeping and removal of litter.
- Cleaning and washing public benches and waiting areas.
- Removal of plastic waste and segregation of recyclable materials.
- Awareness campaign through placards and slogans promoting cleanliness.



The volunteers worked diligently for approximately three hours, ensuring the entire bus stand area was thoroughly cleaned. Municipality workers assisted in the collection and disposal

of waste. Local shopkeepers and passengers appreciated the efforts and actively participated in the campaign by pledging to keep the area clean.



Outcome and Impact

The cleaning drive successfully instilled a sense of social responsibility among students and the community. The Kodungallur KSRTC Bus Stand witnessed a significant transformation, with noticeable improvements in cleanliness. The initiative also encouraged locals to contribute to maintaining the cleanliness of public spaces.



The Gandhi Jayanti Cleaning Drive was a resounding success, demonstrating the power of collective effort in creating a cleaner and healthier environment. The NSS unit of KKTm Government College expressed gratitude to the Kodungallur Municipality for their support and pledged to continue such initiatives in the future. This event reinforced the relevance of Mahatma Gandhi's teachings and the importance of sustained efforts toward cleanliness and hygiene.

International Day of Older Persons

Date: October 1, 2024

Venue: KKTm Government College

The NSS volunteers of KKTm Government College actively participated in the observance of the International Day of Older Persons on October 1, 2024. This day is globally recognized to honor the contributions of senior citizens and raise awareness about issues affecting them.



Event Highlights

Pledge Ceremony

The event commenced with a pledge-taking ceremony, where all NSS volunteers solemnly vowed to uphold the dignity and rights of older persons. The pledge emphasized the importance of respecting, supporting, and assisting senior citizens in society.

Awareness Speech: Following the pledge, a brief speech was delivered by the NSS coordinator, highlighting the role of young individuals in ensuring the well-being of the elderly.

The speech stressed the necessity of intergenerational bonding and the significance of treating older persons with care and compassion.

Interaction with Senior Citizens

A special interaction session was organized where volunteers engaged in discussions with senior citizens from the local community. This initiative provided an opportunity for the students to understand the challenges faced by the elderly and gain valuable insights into their experiences.



Community Service Initiative : As part of the celebration, the NSS volunteers pledged to undertake various activities throughout the year, including assisting elderly individuals in

their daily chores, visiting old age homes, and spreading awareness about elder rights and welfare schemes.

The event concluded with a collective resolution to work towards an inclusive society where older persons receive the care, love, and respect they deserve. The NSS volunteers expressed their commitment to being active supporters of elderly welfare, making this observance a meaningful and impactful one.



Elderly Day Pledge

(International Day of Older Persons / 01.10.2024)

I understand that senior citizens are a valuable asset of the country.

On this Senior Citizens Day, I respectfully bow down to their great contribution to the country.

I understand that they are the ones who took care of each of us when we were young, and it is our duty to return that care when we are old.

I recognize it as my duty to take care of my parents and close relatives in their old age to the best of my ability.

I will always remember that every senior citizen, including them, is a living golden treasure.

I will help every senior citizen of the society

I will always join hands to be a shade to those who are in the shade.

I will join them in the infirmities and hardships of old age.

That senior citizens will always be treated with respect and dignity,

I solemnly swear that I will not harm senior citizens by word or deed.

And to stand sincerely for the welfare of the elderly



NSS Residential Leadership Camp - DHYUTHI 2024

Organized by: National Service Scheme, University of Calicut

Venue: Christ College (Autonomous), Irinjalakuda

District: Thrissur

Dates: 12th & 13th October 2024



The National Service Scheme (NSS) of the University of Calicut successfully organized a two-day residential leadership camp, DHYUTHI 2024, at Christ College (Autonomous), Irinjalakuda, on the 12th and 13th of October 2024. This camp aimed at enhancing leadership qualities, teamwork, and service-oriented skills among NSS volunteers from various college.

Participation from KKTm Government College

Three dedicated NSS volunteers from KKTm Government College—Sania Mariam P P, Maria Dona P J, and Arsha Jayarajan—actively participated in this prestigious camp. Their involvement in various sessions and activities significantly contributed to the overall learning experience.

Camp Highlights

1. Inaugural Session: The event commenced with an inaugural ceremony attended by esteemed dignitaries from the University of Calicut and Christ College. They emphasized the importance of leadership, social responsibility, and community service.



2. Workshops & Training Sessions: Various interactive workshops were conducted by expert trainers, covering topics such as:

- Leadership skills and team management
- Effective communication and problem-solving
- Community development and sustainable practices
- Disaster management and first aid training

3. Group Activities & Team Building: NSS volunteers participated in engaging group activities designed to foster teamwork, collaboration, and decision-making skills. These activities enhanced their ability to work effectively in diverse environments.



4. Inspirational Talks: Eminent social workers and leaders shared their experiences and insights, motivating the volunteers to take active roles in community service and leadership.

5. Cultural Night: A vibrant cultural program was held on the evening of the first day, where volunteers showcased their talents through music, dance, and drama, promoting cultural exchange and camaraderie among participants.

6. Valedictory Ceremony: The camp concluded with a valedictory function, during which certificates were distributed to all participants. The event acknowledged the dedication and enthusiasm of the volunteers.

Experience and Learning Outcomes

Sania Mariam P P, Maria Dona P J, and Arsha Jayarajan gained invaluable experiences from the camp. Their participation in discussions, activities, and leadership exercises helped them:

- Develop a deeper understanding of leadership roles within the NSS framework.
- Enhance their communication and problem-solving abilities.
- Strengthen their commitment to social service and community development.
- Build connections with fellow NSS volunteers from different institutions.

The DHYUTHI 2024 leadership camp proved to be an enriching experience for all attendees, especially for the NSS volunteers from KKTm Government College. Their active involvement and enthusiasm reflected the core values of NSS—selfless service and leadership. The knowledge and skills gained from this camp will undoubtedly empower them to lead and contribute effectively to future NSS initiatives and community projects.

Arsha Jayarajan's Selection for the NSS National Level Camp

It is a moment of great pride and achievement as Arsha Jayarajan, a dedicated NSS volunteer from KKTMM Government College, has been selected to participate in the University-level selection camp for national representation. The selection process was conducted by the NSS Department of Calicut University, and the camp is scheduled to be held at the University Stadium on 28th October 2024.



Selection Process and Criteria

The selection for the national-level participation involved multiple stages, ensuring that only the most committed and capable volunteers were chosen. Volunteers were assessed based on their active participation in NSS activities, leadership qualities, and contributions to

community service. Additionally, extracurricular achievements and a strong sense of social responsibility were key factors in the selection process.

Significance of the Selection Camp

The University-level selection camp serves as a crucial platform for volunteers aspiring to participate in prestigious national events such as Pre-RD (Pre-Republic Day) Parade, NIC (National Integration Camp), and NYF (National Youth Festival). This opportunity allows participants to engage in leadership training, cultural exchange, and community service at a broader level, further enhancing their commitment to nation-building.

Preparation and Requirements

As per the official circular issued by Calicut University, all selected volunteers are required to report at the venue on time, carrying essential documents, including:

College ID card

Deputation letter from the college

Certificates of extracurricular activities (both soft and hard copies)

The participants are expected to demonstrate discipline, enthusiasm, and teamwork throughout the selection process.

Arsha Jayarajan's selection is a testament to her dedication and hard work in NSS activities. This achievement not only brings recognition to her personal efforts but also enhances the reputation of KKTU Government College. Her participation in the selection camp at Calicut University will serve as an inspiration for fellow students to actively engage in social service and leadership initiatives.



National Unity Day

Date: November 1, 2024

Venue: KKTU Government College

Organized by: National Service Scheme (NSS) Unit

National Unity Day is observed annually on October 31st to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. This day highlights the importance of unity, integrity, and security of the nation. As October 31, 2024, was a holiday, the NSS Unit of KKTU Government College organized the pledge-taking ceremony on November 1, 2024.



Objective:

The primary objective of this event was to instill a sense of national unity and integrity among students and volunteers. The pledge ceremony aimed to reinforce the values of unity, dedication, and patriotism in the minds of young citizens.



Event Proceedings:

The program commenced at 12:00 PM in the college with the presence of faculty members, NSS volunteers, and students. The event was presided over by the Principal in charge who emphasized the significance of National Unity Day and the role of youth in maintaining the integrity of the nation.

Following the address, the Unity Day Pledge was administered by the NSS Program Officer. The volunteers and faculty members solemnly took the pledge, reaffirming their commitment to national unity and integrity.



Pledge Statement:

"I solemnly pledge that I dedicate myself to preserving the unity, integrity, and security of the nation and to strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country, which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure the internal security of my country."



Participation and Engagement:

The event witnessed active participation from students, faculty members, and NSS volunteers. Several volunteers shared their thoughts on the importance of unity and recounted

inspiring incidents from Sardar Patel's life. The event concluded with the singing of the National Anthem.



The National Unity Day Pledge Ceremony at KKTm Government College was a grand success, fulfilling its objective of promoting unity and patriotism among students. The NSS Unit ensured that the spirit of unity was celebrated with enthusiasm and commitment. The event reinforced the importance of national integration and inspired students to contribute to the nation's progress and security.

Kerala Piravi Day Observances

On 1st November 2024, the NSS units of KKTm Government College enthusiastically celebrated Kerala Piravi Day, marking the formation of the state of Kerala in 1956. The event was organized to instill a sense of cultural pride and unity among students while commemorating the rich heritage of Kerala.



The celebrations commenced with a formal inaugural session, presided over by the college principal, who delivered an inspiring speech on the significance of Kerala Piravi. Faculty members, NSS coordinators, and students gathered in large numbers to participate in the event.



One of the major highlights of the celebration was a vibrant **flash mob** performed by the students. The energetic performance captivated the audience and infused the event with enthusiasm. The flash mob was themed around Kerala's cultural traditions, incorporating elements of folk dance and contemporary movements, symbolizing the fusion of tradition and modernity.

In addition to the flash mob, various other programs were conducted, including:

- **Poetry Recitation:** Students recited poems in Malayalam, celebrating the linguistic and literary heritage of the state.

- **Quiz Competition:** A quiz on Kerala's history, culture, and significant personalities engaged the participants and enhanced their knowledge.

- **Traditional Attire Showcase:** Students donned traditional Kerala outfits such as mundu, kasavu saree, and settu mundu, embracing the cultural aesthetics of the state.



The celebrations concluded with a vote of thanks delivered by the NSS coordinator, expressing gratitude to all the participants and organizers for their efforts in making the event successful. The Kerala Piravi Day celebrations at KKTm Government College not only honored the legacy of the state but also strengthened the bond among students through a shared appreciation of their cultural roots.

Event Highlights: The event commenced with the registration of participants at 10:00 AM, followed by an inaugural welcome address at 10:30 AM. The program was designed to foster

awareness and understanding of the Indian Constitution through interactive sessions and discussions.



Morning Session:

- **Introduction** (10:40 AM): The session started with a brief introduction to the objectives of the event, highlighting the importance of constitutional knowledge in strengthening democratic values.

- **Constitutional Literacy - Guidelines Presentation** (11:00 AM): Experts presented key aspects of constitutional literacy, focusing on fundamental rights, duties, and the role of citizens in upholding democratic principles.

- Tea and Light Lunch (11:45 AM - 11:55 AM)

-Discussion and Responses (11:55 AM - 12:30 PM): A highly interactive session where participants shared their views, asked questions, and discussed contemporary issues related to the Constitution.



Afternoon Session:

- **Training for Volunteers (2:00 PM):** A special training session was conducted for volunteers to enhance their understanding of constitutional provisions and their practical implications.

- **Unveiling of Constitution Wall (3:00 PM):** A symbolic initiative to commemorate the values enshrined in the Constitution, emphasizing the importance of knowledge dissemination.

Contribution of NSS Volunteers from KKTm Government College

A group of 50 NSS volunteers from KKTm Government College actively participated in the event, significantly contributing to its success. Their key roles included:

1. ***Event Coordination and Management:*** Volunteers assisted in organizing registration, guiding participants, and ensuring smooth flow of sessions.
2. ***Awareness Campaigns:*** Prior to the event, NSS volunteers helped in spreading awareness about the festival, encouraging community participation.
3. ***Discussion Participation:*** Several volunteers actively took part in the discussions, raising pertinent questions and sharing their insights on constitutional values.
4. ***Training Session Engagement:*** They actively attended the training session, equipping themselves with knowledge to further educate peers and community members.
5. ***Constitution Wall Contribution:*** NSS volunteers played a major role in preparing and unveiling the Constitution Wall, displaying key excerpts from the Indian Constitution to inspire awareness and respect for democratic principles.

The Constitution Knowledge Festival and Constitution Audience proved to be a remarkable initiative, successfully engaging individuals in meaningful conversations about constitutional literacy. The enthusiastic participation of NSS volunteers from KKTm Government College added significant value to the event, showcasing their dedication to civic education and social responsibility. The unveiling of the Constitution Wall stands as a lasting testament to the collective efforts towards spreading constitutional awareness in the community.

N S S Volunteer 's Internship Achievement

This report is prepared to appreciate Priyesh Surendran, an N S S Volunteer of K.K.T.M College Pullut, Kodungallur, for successfully completing his internship at Thrissur Municipal Corporation. His dedication, hard work, and sincerity have been recognized, and this report acknowledges his commendable efforts.

Internship Details

- *Intern's Name:* Priyesh Surendran
- *Institution:* K.K.T.M College Pullut, Kodungallur
- *Internship Organization:* Thrissur Municipal Corporation
- *Internship Duration:* 14th September 2024 to 24th September 2024
- *Certificate Issued on:* 23rd November 2024
- *Issuing Authority:* Thrissur Municipal Corporation



Key Achievements and Performance

Priyesh Surendran exhibited remarkable professionalism throughout his internship. His contributions were notable in various aspects, including:

- Demonstrating a strong work ethic and a proactive attitude.
- Successfully completing all assigned tasks with diligence and efficiency.
- Showcasing sincerity and dedication towards learning and professional growth.
- Interacting effectively with colleagues and supervisors, fostering a positive work environment.

Recognition and Appreciation

Thrissur Municipal Corporation has acknowledged Priyesh's hard work and dedication through an official internship certificate. The organization has noted his sincerity, diligence, and hardworking nature, which are key attributes for a successful professional career. His contributions have been valuable, and he has set an excellent example for future interns.

Encouragement for Future Endeavors

As Priyesh Surendran moves forward in his academic and professional journey, we extend our best wishes for his future endeavors. We are confident that his commitment and dedication will lead him to greater achievements. His performance during the internship is a testament to his potential, and we encourage him to continue striving for excellence.

In conclusion, Priyesh Surendran's successful completion of his internship at Thrissur Municipal Corporation is a commendable achievement. His dedication and positive attitude have been appreciated, and we look forward to seeing him achieve greater milestones in his career.

Report on Constitution Day Celebration at KKTM Government College

Date: November 26, 2024

Organized by: NSS Units 52 & 158, KKTM Government College, Pullut

On the occasion of Constitution Day, NSS volunteers of KKTM Government College, Pullut, organized a series of meaningful programs to celebrate and honor the spirit of the Indian Constitution. The events were conducted with great enthusiasm, reflecting the commitment of the college community to uphold constitutional values.

Programs Conducted

Reading the Preamble of the Constitution:

The celebration began with the collective reading of the Preamble, reaffirming the principles of justice, liberty, equality, and fraternity enshrined in the Constitution. This act symbolized a renewal of the commitment to these core values.



Constitution Day Pledge:

NSS volunteers and participants took the Constitution Day Pledge, pledging to uphold the integrity of the nation and to promote awareness about constitutional rights and duties among the community.



Awareness Class on 'Knowing the Constitution':

An enlightening session titled 'Knowing the Constitution' was conducted by Dr. Dhanya P. D., NSS Program Officer. The class provided participants with an in-depth understanding of the Constitution's significance, its historical background, and its relevance in everyday life. Dr. Dhanya P D highlighted the importance of being informed citizens and emphasized how the Constitution is a guiding document for democracy and governance.

Impact of the Event

The programs inspired the students and volunteers to reflect on their roles as responsible citizens. The interactive and educational approach of the sessions ensured active participation and created awareness about the values and principles laid down by the Constitution of India.

Conclusion

The Constitution Day celebration at KKTU Government College, Pullut, was a resounding success. The NSS Units (52 & 158) demonstrated their dedication to fostering civic awareness and promoting constitutional literacy among students. The event reinforced the importance of understanding and respecting the Constitution as the foundation of Indian democracy.

LED Star Making Workshop

On the occasion of National Energy Conservation Day, a unique Christmas star-making workshop using LED bulbs was organized at KKTU College, Pullut on 12 December 2024. The event was conducted as a collaborative effort by Bhoomithrasena, NSS, the Science Forum, IQAC, and the Department of Physics of the college.



The workshop was officially inaugurated by the esteemed Principal of KKTm College, Prof. Dr. Bindu Sharmila T K, who highlighted the importance of energy conservation and the significance of promoting sustainable practices during festive celebrations. She emphasized the role of educational institutions in fostering awareness and practical applications of energy-efficient technologies.



Bhoomithrasena Coordinator K C Soumya extended a warm welcome to all the attendees, setting the stage for an engaging and informative session. The event was further graced by the presence of IQAC Coordinator Dr. Lovely George and NSS Program Officers Dr. K A Krishnakumar and Dr. P D Dhanya, who also addressed the gathering. They acknowledged the efforts of the organizing teams and encouraged students to incorporate energy-efficient solutions in their daily lives.



The highlight of the event was an insightful session conducted by Dr. N P Dhanya, Assistant Professor in the Department of Physics. She provided detailed guidance on the process of making Christmas stars integrated with LED bulbs, explaining the principles behind energy conservation and the advantages of using LED lighting. Her session was interactive allowing students to actively participate and understand the practical aspects of the project.



The workshop saw enthusiastic participation from students and faculty members, who engaged in hands-on activities to create aesthetically appealing and energy-efficient Christmas stars. The initiative successfully combined the festive spirit with the message of sustainable energy usage, making it a meaningful and educational experience for all involved.



The event concluded with a note of appreciation from the organizers, who expressed their gratitude to the participants and resource persons for their contributions. The workshop not only enhanced students' technical skills but also reinforced the importance of adopting eco-friendly practices in celebrations.



The Christmas star-making workshop at KKTm College was a resounding success, inspiring students to take small yet impactful steps toward energy conservation while embracing the joy of the festive season.

Detailed Report on the Seven-Day NSS Special Camp at K K T M Govt. Girls Higher Secondary School, Kodungallur



Event Name: Seven-Day NSS Special Camp

Organized by: K K T M Government College, Pullut

Location: K K T M Govt. Girls Higher Secondary School, Kodungallur

Dates: 20th to 26th December 2024

Theme: Youth for Sustainable Development

Inauguration: 20th December 2024

Number of Participants: 92 volunteers



Inauguration and Day 1 (20th December 2024)

The seven-day NSS special camp was inaugurated on **20th December 2024** at **K K T M Govt. College, Pullut**. The ceremony was attended by several dignitaries and officials, making it a momentous occasion for all participants.



The **Municipal Chairperson, T.K. Geeta**, officially inaugurated the camp, marking the beginning of a week-long series of events aimed at fostering social responsibility and sustainable development among the youth.



The inauguration was presided over by **Dr. Bindu Sharmila T.K.**, Principal of K K T M Government College. The keynote address was delivered by **Kodungallur M.L.A., Adv. V R**

Sunil Kumar, who emphasized the importance of youth involvement in nation-building and sustainability.



Other notable speakers at the inaugural ceremony included:

- **NSS Program Officers:** Dr. Dhanya P.D., Dr. Krishnakumar K.A.
- **Ward Councilor:** Vinayachandran P.N.
- **College IQAC Coordinator:** Dr. Lovely George
- **P.T.A. Secretary:** Dr. Vinayasree S.
- **P.T.A. Vice President:** Sunil Dutt
- **College Union Chairman:** Rishikesh Babu M C

- **Junior Superintendent:** Shaji P C

The camp was organized under the theme of **Youth for Sustainable Development**, focusing on activities related to environmental conservation, health awareness, social responsibility, and skill development.

Day 2: Saturday, 21st December 2024

The camp began with a **morning assembly** at **9:00 am** followed by the **proclamation procession** at **9:30 am**, signaling the volunteers' commitment to the mission of the camp.



At **10:30 am**, the volunteers participated in a **clean-up drive** within the camp area.

At **12:00 pm**, **K K T M Govt. College Jeevani Counselor, Vaseela K.M.**, conducted a **Life Skill Development session**, focusing on building essential life skills among the volunteers. Following this, **Christmas star making** activity was conducted at **1:45 pm**, fostering creativity and teamwork.

The **ice-breaking session** at **3:00 pm**, led by **Christ College Assistant Professor Jebin K. Davies**, aimed to help the volunteers get to know each other better and create a comfortable environment for collaboration.

In the evening, the volunteers participated in a **cultural program**, showcasing their talents, followed by a **camp review** at **9:30 pm**. By **10:00 pm**, the volunteers retired for the night.

Day 3: Sunday, 22nd December 2024

The third day of the camp began early with a **yoga session** at **6:00 am**, led by **Yoga and Martial Arts Trainer Devprayag**. The volunteers then gathered for the morning assembly at **8:30 am**.

At **9:00 am**, the volunteers took part in an **environmental initiative** by distributing **vegetable seedlings** provided by the **Krishi Bhavan** to local residents, promoting sustainable gardening practices.

At **11:30 am**, the camp premises were cleaned, ensuring that the surroundings remained tidy and conducive to the camp's activities.

The afternoon session included a **class on anti-drug awareness**, conducted by **Kodungallur Excise Officer Tasnim K. M.** at **2:00 pm**, raising awareness about the dangers of substance abuse.

In the evening, the volunteers interacted with members of the **KKTM NSS Old Volunteers Association** in a **face-to-face meeting**, fostering bonds with past volunteers. The day concluded with another **cultural program** at **8:00 pm** and a **camp review** at **9:30 pm**, followed by bedtime at **10:00 pm**.

Day 4: Monday, 23rd December 2024

Day 4 of the camp started with a **yoga session** at **6:00 am**, followed by the morning assembly at **8:30 am**.

The volunteers conducted **awareness classes** in nearby areas to promote the **importance of blood donation**. They also engaged in several activities aimed at improving the school's infrastructure, including cleaning the **classroom walls**, painting the **plant pots**, and enhancing the school garden by **planting new plants**. Additionally, they worked on setting up and maintaining a **vegetable garden** at the school.

At **6:00 pm**, a **cultural program** was held, showcasing the talents of the volunteers. After the evening review at **9:30 pm**, the volunteers went to sleep at **10:00 pm**.

Day 5: Tuesday, 24th December 2024

The fifth day began with a **yoga and exercise session** at **6:00 am**, followed by the morning assembly at **8:30 am**.

In the morning, the volunteers participated in a **road cleaning drive** at **9:00 am**, contributing to the cleanliness of the community.

A major event of the day was the **eye examination camp**, organized in collaboration with **Arya Eye Care Hospital, Thrissur**. Over **90 people** from the local community benefited from this initiative, receiving free eye check-ups and advice on eye care.



Volunteers also participated in a **survey for converting Vellangallur Gram Panchayat** into a **fully constitutional literate panchayat**.



The day concluded with a **grass hut construction** activity as part of the **Christmas celebrations** at **6:00 pm**, followed by **magazine preparation** at **7:00 pm**, a **cultural program** at **8:00 pm**, and the **camp review** at **9:00 pm**.

Day 6: Wednesday, 25th December 2024 (Christmas Day)

On Christmas Day, the camp began with a **yoga session** at **6:00 am** and the morning assembly at **8:30 am**.



At **9:00 am**, the camp premises were cleaned once again.



The highlight of the day was a visit to the **Old Age Home**, where the volunteers spent time with the elderly residents and celebrated Christmas by cutting a **Christmas cake**. The presence of the volunteers brought immense joy to the elderly residents.

In the afternoon, the volunteers worked on the preparation of the **NSS Volunteers Magazine** at **2:00 pm**. A **debate** on the topic of **Youth for Sustainable Development** was organized at **4:00 pm**, giving the volunteers a platform to express their views on sustainability and youth involvement.

The day concluded with another **cultural program** at **8:00 pm** and the **camp review** at **9:30 pm**, followed by bedtime at **10:00 pm**.

Day 7: Thursday, 26th December 2024 (Concluding Day)

The final day of the camp began with a **yoga and exercise session** at **6:00 am**, followed by the morning assembly at **8:30 am**. The NSS Program Officers addressed the volunteers during the assembly.



At **9:00 am**, the **NSS Volunteer Magazine**, prepared throughout the camp, was launched, marking a significant achievement for the volunteers.



Report on the MyBharath Outreach Program at KKTm Government College

Introduction: The MyBharath Outreach Program was organized as part of the seven-day NSS camp held at KKTm Government College. This initiative aimed to engage students in a national-level digital platform that promotes the exchange of knowledge, services, and skills among citizens across India. The program, led by NSS Program Officer Dr. Krishnakumar KA, focused on educating and enabling volunteers to register on the MyBharat portal, encouraging them to participate in the nation's digital transformation.



Objective: The primary objective of the MyBharath Outreach Program was to train NSS volunteers to register on the MyBharat portal and promote the use of the platform among their peers and local communities. By doing so, the volunteers were empowered to contribute to the mission of making various government services and information accessible to every citizen through digital means.



Program Structure: The training session was conducted on the seventh day of the seven-day NSS camp, with Dr. Krishnakumar KA leading the program. The training focused on providing detailed instructions on how to access, register, and navigate the MyBharat portal.



Key activities included:

1. **Introduction to MyBharat:** Dr. Krishnakumar gave a comprehensive overview of the MyBharat platform, its features, and its significance in fostering digital inclusion and social welfare.
2. **Registration Process:** Volunteers were shown the step-by-step process of registering on the MyBharat portal. Detailed instructions were given on creating an account, updating personal information, and accessing various services available on the platform.



3. **Interactive Demonstration:** An interactive session followed, where volunteers practiced the registration process under the guidance of experts. This hands-on approach helped participants build confidence in using the portal.
4. **Promoting the Platform:** Volunteers were encouraged to spread awareness about the MyBharat portal within their communities, ensuring that people from various socio-economic backgrounds could benefit from the digital services offered.

Role of NSS Volunteers: The NSS volunteers played a crucial role in ensuring the smooth execution of the program. They were responsible for guiding their peers through the registration process, answering any queries, and assisting in troubleshooting technical issues. Additionally, the volunteers were motivated to actively promote the MyBharat portal and assist others in registering and utilizing its services.

Significance of the Program: The MyBharath Outreach Program holds immense significance in today's digital age, as it empowers youth to take part in the government's efforts to digitize services. By ensuring that NSS volunteers are trained on how to use the MyBharat platform, the program contributes to:

- **Promoting Digital Literacy:** Volunteers are better equipped to navigate digital platforms, enabling them to spread digital literacy in their communities.

- **Improving Government-Citizen Engagement:** The MyBharat platform serves as a bridge for citizens to access government services efficiently, thus improving transparency and accessibility.
- **Encouraging Active Citizenship:** Volunteers become proactive in ensuring that people, especially from rural or underserved communities, benefit from online government services.

Conclusion: The MyBharath Outreach Program at KKTm Government College successfully trained NSS volunteers to register and use the MyBharat portal. Under the leadership of Dr. Krishnakumar KA, the program not only enhanced the digital skills of students but also played a pivotal role in spreading awareness about the MyBharat platform. By empowering young volunteers with the knowledge of digital tools, the program contributes significantly to the larger mission of achieving digital inclusivity and empowering citizens across India.

This initiative aligns with the national goal of bridging the digital divide and ensuring that technology serves as a tool for social and economic empowerment. The training and awareness spread through this outreach program will undoubtedly leave a lasting impact on both the participants and the communities they serve.

The concluding session of the camp was held at **10:00 am**, where the **Headmistress of the school, Shiny Jose I.**, welcomed everyone. The session was inaugurated by **Kodungallur Municipal Ward Councilor Sumesh**, and the **PTA President, Raghu P B**, addressed the gathering. The camp report was presented by **Volunteer Secretary Shifana P K**, followed by reflections and experiences shared by the volunteers.



The camp came to a close with a **vote of thanks** by **NSS Program Officer Dr. Krishnakumar K A**, expressing gratitude to everyone involved in the successful execution of the camp.



Conclusion

The seven-day NSS special camp at **KKTM Govt. Girls Higher Secondary School** was a resounding success, with active participation from 92 volunteers who engaged in various social, environmental, and health-related activities. The camp not only contributed to the local community through initiatives like the eye camp and environmental drives but also provided a platform for volunteers to develop essential life skills, enhance their leadership abilities, and deepen their commitment to sustainable development.

The camp's theme, **Youth for Sustainable Development**, was effectively reflected in all the activities, fostering a spirit of responsibility and care among the volunteers. The successful organization and execution of the camp were made possible through the collective efforts of the NSS Program Officers, volunteers, and the support of local authorities and organizations.

Blood Donation Camp

Organized by: Kalady Sree Bhavani Foundation, Amrita Institute of Medical Sciences, and NSS Units of K K T M Govt. College

Date: 7th January 2025

Venue: K K T M Govt. College

A blood donation camp was successfully organized on 7th January 2025 by the Kalady Sree Bhavani Foundation, in collaboration with Amrita Institute of Medical Sciences and the NSS units of K K T M Govt. College. The event aimed to create awareness about the importance of blood donation and to contribute towards saving lives through voluntary blood donation.



Objective of the Camp

The primary objective of the blood donation camp was to provide a platform for students and faculty members to contribute to a noble cause. The camp also sought to encourage regular voluntary blood donation and spread awareness regarding the significance of donating blood for medical emergencies and patients in need.



Preparation and Organization

The camp was planned and executed meticulously with the active involvement of the organizing committees. The NSS volunteers played a significant role in coordinating various aspects of the event, including registration, donor management, and post-donation care. Adequate medical arrangements were made to ensure the safety and well-being of the donors.

A team of healthcare professionals from Amrita Institute of Medical Sciences was present to supervise the donation process and provide necessary medical assistance.



Participation and Blood Collection

The camp witnessed enthusiastic participation from both students and faculty members. A total of 48 units of blood were collected during the event. Many first-time donors expressed their satisfaction and pride in contributing to the cause, while regular donors reiterated their commitment to voluntary blood donation. The collected blood will be used for medical emergencies and patients requiring blood transfusions.



Acknowledgment and Conclusion

The success of the blood donation camp was made possible through the collective efforts of the Kalady Sree Bhavani Foundation, Amrita Institute of Medical Sciences, the NSS units, and the K K T M Govt. College. Special appreciation goes to the volunteers who ensured a smooth and organized event.



The event served as a reminder of the vital role that voluntary blood donors play in the healthcare system. It also reinforced the spirit of social responsibility among the students and faculty members. With the overwhelming response received, the organizing committee looks forward to conducting similar initiatives in the future to continue promoting the life-saving practice of blood donation.



Republic Day Celebrations 2025

Date: January 26, 2025

Venue: KKTM Government College

Organized by: NSS Unit, KKTM Government College

The 76th Republic Day of India was celebrated with great enthusiasm and patriotic fervor at KKTM Government College under the leadership of NSS volunteers. The event, organized by the NSS unit of the college, witnessed active participation from students, faculty members, and dignitaries.

Flag Hoisting Ceremony

The celebrations commenced at 8:00 AM with the hoisting of the national flag by the principal in charge accompanied by the NSS Program Officer. The gathering saluted the flag and sang the national anthem with deep reverence.



Following the flag hoisting principal in charge emphasizing the importance of the Constitution and the role of youth in nation-building NSS Program Officer highlighted the contributions of NSS volunteers in community service and encouraged students to actively participate in social welfare activities.



A series of cultural performances followed, showcasing the rich heritage and unity of India:

- A patriotic song performance by the NSS Volunteers.
- A skit on the theme of 'Fundamental Rights and Duties' presented by NSS volunteers.

- A classical dance performance symbolizing India's cultural diversity.



The Republic Day celebrations at KKTm Government College concluded on a high note with the distribution of sweets and certificates of appreciation to the NSS volunteers and participants. The event reinforced the values of patriotism, responsibility, and service, making it a truly memorable occasion for all.

Inauguration of Nashamukth Bharat Abhiyan in Thrissur District

Date: 15th March 2025 (Saturday)

Time: 2:00 PM

Venue: Thrissur Town Hall



The Nashamukt Bharat Abhiyan (NMBA) is a national campaign launched by the central government in August 2020 as part of its action plan to reduce the use of intoxicating substances and alcohol. As part of this initiative, a district-level committee has been constituted to oversee the implementation of the program in Thrissur district. The official inauguration of the campaign in Thrissur was scheduled for 15th March 2025 at 2:00 PM at Thrissur Town Hall.



Objective of the Event

The primary objective of the event was to create awareness among the public, especially youth, about the harmful effects of substance abuse and to promote a drug-free society. The event aimed to engage various stakeholders, including government officials, educational institutions, volunteers, and the general public, in the collective effort to combat substance abuse.

Participants

The event witnessed the active participation of various dignitaries, government officials, social workers, students, and volunteers. A total of 15 NSS volunteers from K.K.T.M. Government College participated in the program, ensuring youth involvement in the awareness campaign.



1. Inaugural Ceremony:

- The event commenced with a welcome speech by the District Collector, who emphasized the significance of NMBA and the role of the administration in its successful implementation.
- The official inauguration was carried out by the Hon'ble Minister for Social Justice, who highlighted government initiatives and policies for drug de-addiction and rehabilitation.



Pledge Ceremony:

- All attendees, including NSS volunteers, took a pledge to contribute towards making Thrissur a drug-free district.

Interactive Session:

- An open forum was conducted, allowing participants to interact with experts and share their perspectives.

- Queries from students and youth were addressed by specialists in the field.

Impact and Takeaways

The inauguration of NMBA in Thrissur District marked the beginning of an intensified effort to curb substance abuse through awareness and intervention programs. The participation of NSS volunteers played a crucial role in mobilizing the youth, who are at the core of this movement. The event successfully disseminated information about the detrimental effects of addiction and encouraged collective responsibility in tackling this social issue.

The event was a significant step in the larger mission of a drug-free India. The enthusiasm and engagement of participants, especially the NSS volunteers, indicated the positive impact of such awareness campaigns. With continued efforts and community participation, the vision of Nashamukt Bharat can be achieved effectively in Thrissur and beyond.

State Camp on Cyber Security and Intellectual Property Rights

Venue: Government Law College, Kozhikode

Dates: 14th, 15th, and 16th February 2025

Participant: Ritunandh R S, NSS Volunteer, KKTM Government College



A three-day State Camp on Cyber Security and Intellectual Property Rights was held at Government Law College, Kozhikode, from 14th to 16th February 2025. The camp aimed to educate and empower NSS volunteers and students on the crucial aspects of cyber security and intellectual property rights in today's digital era. The event witnessed the participation of students from various colleges across the state, along with experts, academicians, and professionals from the field.

Understanding Cyber Security

The first day of the camp focused on cyber security, covering topics such as:

- Fundamentals of Cyber Security
- Common Cyber Threats and Preventive Measures
- Ethical Hacking and Digital Forensics
- Role of Artificial Intelligence in Cyber Security

Workshops and interactive sessions were conducted by experts from the Kerala Police Cyber Cell and CERT-In (Indian Computer Emergency Response Team). Participants were engaged in hands-on activities, including identifying phishing scams, password security techniques, and safe browsing practices.

Intellectual Property Rights (IPR) Awareness

The second day was dedicated to Intellectual Property Rights, addressing key aspects such as:

- Copyrights, Patents, and Trademarks
- Protection of Digital Content
- Legal Framework for Intellectual Property in India
- Intellectual Property Issues in Cyberspace

Prominent speakers conducted informative sessions. Case studies and real-world examples were discussed to help students understand the significance of intellectual property in various industries, including technology, media, and research.

Practical Applications and Valedictory Session

The final day of the camp emphasized practical applications of cyber security and intellectual property rights. Activities included:

- Mock Cyber Crime Investigation: A simulated scenario where participants identified cyber threats and proposed solutions.

- IPR Case Study Analysis: Participants analyzed landmark intellectual property disputes and their outcomes.

- Panel Discussion: Experts discussed the evolving legal landscape and career opportunities in cyber security and IPR.

The camp concluded with a valedictory session, where certificates of participation were distributed. Ritunandh R S, representing KKTU Government College, actively participated in all sessions and gained valuable insights from the camp.

The State Camp on Cyber Security and Intellectual Property Rights was a highly informative and engaging event. It successfully enhanced participants' awareness of critical issues in cyberspace and the legal protection of intellectual property. Ritunandh R S's participation was a significant learning experience, equipping him with essential knowledge to promote cyber safety and intellectual property awareness among peers.

The camp was a remarkable initiative in fostering a responsible and legally aware digital community among students.

Report on International Women's Day Celebration

KKTM Govt. College, Pullut

KKTM Govt. College, Pullut, celebrated International Women's Day with a series of impactful events aimed at raising awareness and promoting gender equality. The celebration, which took place on March 10th, was inaugurated by the Principal in Charge, Prof. (Dr.) Shaji E M, who emphasized the importance of women's empowerment and the need for collective action in society to uplift women's rights and well-being.



The event also featured a number of notable speakers. Dr. Dhanya P D, the N S S Program Officer, spoke about the significance of International Women's Day and the role that educational institutions play in shaping a more inclusive and equal society. Dhanya Mohan O, the CCEK Coordinator, highlighted the importance of community participation in addressing issues that affect women. Shany N S, the Women Cell Coordinator, discussed the ongoing

efforts to create a safe and empowering environment for women at the college. Vaseela K M, the Jeevani Councilor, also contributed valuable insights, underlining the need for more support systems for women facing various challenges in life.



A key component of the celebration was the Signature Campaign and Flash Mob, which were organized to raise awareness about the alarming increase in drug use among women. The flash mob, a high-energy dance performance, not only entertained but also conveyed a strong message about the importance of protecting women from the harmful impact of substance abuse.



The signature campaign, in which students actively participated, further emphasized the need for collective responsibility in curbing drug addiction and supporting women who are affected by it.





In addition to the awareness campaigns, a Digital Poster Making Competition was organized for the students in connection with International Women's Day.



The competition invited students to use their creativity to design digital posters that captured the essence of gender equality, empowerment, and women’s rights.



The following students were recognized for their exceptional contributions:

Nasrin K N (1st Year M.A. History) - First Prize

Anupama K B (2nd Year B.A. History) - Second Prize

Bharath I B (1st Year B.A. History) - Third Prize



The event was a great success, with active participation from the college community. It highlighted the importance of empowering women, raising awareness about critical issues affecting women today, and fostering a culture of mutual respect and support. Through these activities, the college aimed to instill in students the values of equality, social justice, and solidarity in the fight for women's rights.

The celebration of International Women's Day at K K T M Govt. College, Pullut, was a testament to the institution's commitment to nurturing a progressive and inclusive environment for all students. The students, faculty, and staff came together to create a platform for meaningful conversations and actions to promote gender equality and tackle the challenges faced by women in society.

Against Drugs: Campaign

In a resounding declaration against drug abuse, the municipal town witnessed a grand anti-drug campaign featuring a cultural tour and a public meeting. The event aimed to raise awareness and mobilize community support in the fight against substance abuse.

The cultural journey commenced from the municipal office premises, weaving through various parts of the town, and culminating at Kunji Kuttan Tampuran Square. Hundreds of enthusiastic participants, including municipal councillors, political party representatives, student and youth organizations, arts and cultural groups, libraries, clubs, schools, and various associations, joined the march.

Notable organizations such as Harita Karma Sena, Kudumbashree groups, traders' associations, residence associations, and prominent service organizations like Lions and Rotary Clubs also took part, underscoring the unity of the community in tackling the menace of drugs.

The event was inaugurated by DYSP V K Raju, who emphasized the crucial role of community awareness and action in curbing drug abuse. He urged the gathering to remain vigilant and work collectively to keep society free from the scourge of addiction.



Municipality Chairperson T K Geetha administered the anti-drug oath at Kunji Kuttan Tampuran Square, where participants pledged to stand against drugs and contribute to a drug-free society. The oath-taking ceremony was a moment of collective commitment, reinforcing the campaign's core message.



A significant highlight of the event was the participation of 50 NSS volunteers from KKTm Government College. Their active involvement exemplified the role of the youth in leading social change and spreading awareness about the dangers of drug use.



The anti-drug campaign in Kodungallur proved to be a powerful platform for fostering unity and reinforcing the community's stance against substance abuse. The overwhelming participation from various sectors of society demonstrated a shared determination to create a healthier and safer future for all.

As the campaign concluded, the message was loud and clear: the fight against drugs requires collective effort, unwavering commitment, and a steadfast resolve to protect future generations. The event not only raised awareness but also strengthened the community's resolve to work together in eradicating drug abuse from society.



Report on the Social Service Event

Introduction

On March 18, 2025, Karuthal Koottayma, a social service organization based in Kodungallur, conducted a special event aimed at providing food and relief to underprivileged individuals. The event was held in collaboration with Govt. K.K.T.M. College, Pullut and was actively supported by the National Service Scheme (NSS) unit of the college.



Karuthal koottayma
Kodungallur -Pin 680664
Ph:8848375505



Unit No:52&158



കരുതൽ കൂട്ടായ്മയുടെ
സൗജന്യ ഉച്ചഭക്ഷണം വിതരണം
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DySP ഓഫീസിന് സമീപം.

Thanks
Govt.K.K.T.M.College Pullot

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Contact -8848375505

Event Details

The event took place at Kodungallur DYSP Office premises from 12:30 PM onwards, where volunteers from Karuthal Koottayma and NSS students distributed food and other essential supplies to the needy. This initiative was part of Karuthal Koottayma's ongoing efforts to support the marginalized sections of society.



Contributions and Participation

The NSS unit of K.K.T.M. College played a crucial role in the execution of the event. The program was coordinated under the leadership of Dr. Bindu Sharmila T K (Principal of K.K.T.M. College), along with the guidance of NSS Programme Officers and other faculty members.

Community Impact:

The event successfully served a large number of beneficiaries, reinforcing the importance of community-driven efforts in social welfare. Karuthal Koottayma expressed heartfelt gratitude towards K.K.T.M. College and its NSS unit for their selfless service and commitment to humanitarian causes.

Karuthal Koottayma remains dedicated to uplifting the underprivileged through continuous social service activities. This event was a testament to the power of community collaboration in making a tangible difference in society. The organization looks forward to future initiatives with educational institutions and other welfare groups to expand its reach and impact.

Tennis Court Cleaning by NSS Volunteers

Date: March 18, 2025

Venue: KKTM Government College Tennis Court

Organized by: National Service Scheme (NSS), KKTM Government College

The National Service Scheme (NSS) unit of KKTM Government College organized a special cleanliness drive on March 18, 2025, focusing on the maintenance of the college's tennis court. The initiative aimed at promoting cleanliness, teamwork, and community service among students.

Objective : The primary objective of the event was to clean and restore the tennis court, ensuring a safe and well-maintained sports facility for students and faculty. The activity also aimed to instill a sense of responsibility and environmental awareness among volunteers.

Participation

A total of 50 NSS volunteers actively participated in the cleaning drive. The event was supervised by NSS coordinators and faculty members, who provided guidance and motivation to the volunteers.



Activities Conducted

- Removal of Debris: Volunteers began by collecting dry leaves, plastic waste, and other debris scattered across the court.

- Sweeping and Scrubbing: The entire surface of the court was swept and scrubbed to remove dust and dirt accumulated over time.



- Weed Removal: Overgrown weeds along the edges of the court were uprooted to ensure a clean playing area.

Impact of the Event

The cleanliness drive significantly improved the condition of the tennis court, making it more suitable for sports activities. The initiative also enhanced the sense of teamwork and community service among the volunteers, reinforcing the NSS motto of "Not Me, But You."

The event was a resounding success, with the enthusiastic participation of students and faculty members. The NSS unit plans to continue such initiatives in the future to maintain cleanliness and contribute to the college's overall development. The dedication and hard work

of the volunteers were highly appreciated by the college administration, which encouraged them to take up more community service activities in the coming months.

Report on NSS Volunteers' Participation in Calicut Swachhata Camp

Two NSS volunteers from KKTU Government College actively participated in the Calicut Swachhata camp, an initiative aimed at promoting cleanliness and environmental awareness. The camp, organized by the National Service Scheme (NSS) in association with various government and non-governmental organizations, took place in Kozhikode and witnessed the participation of 100 dedicated volunteers from different colleges across Kerala.



Camp Activities:

During the camp, the volunteers were engaged in a series of activities, including:

Cleanliness Drives: Volunteers took part in cleaning public places, educational institutions, and other community spaces to create awareness about hygiene and sanitation.



തൃശ്ശിന ശുചിത്വപരിശീലന ശില്പശാലയ്ക്ക് തുടക്കം



എൻഎസ്എസ് വിദ്യാർത്ഥികൾക്കായി നടത്തുന്ന തൃശ്ശിന ശുചിത്വപരിശീലന ശില്പശാലയിൽനിന്ന്

രാമനാട്ടുകര • കാലിക്കറ്റ് സർവകലാശാലാം നാഷണൽ സർവീസ് ഡിപ്പാർട്ട്മെന്റിന്റെയും കേരള റീജണൽ ഡയറക്ടറേറ്റിന്റെയും നേതൃത്വത്തിൽ എൻഎസ്എസ് വെള്ളാറ്റിയിൽക്കായി നടത്തുന്ന തൃശ്ശിന ഓംസിഡൻഷ്യൽ പരിശീലനപരിപാടിക്ക് തുടക്കമായി. കാലിക്കറ്റ് സർവകലാശാലയ്ക്കുള്ള 100 കോളേജുകളിൽനിന്നായി 100 ഓംസിഡൻഷ്യൽ പരിശീലന പരിപാടിക്ക് തുടക്കമായി.

നംനൽകി സ്വച്ഛതാ അംബാസഡർമാരായി കാറ്റുകയാണ് ക്യാമ്പിന്റെ ലക്ഷ്യം.

റീജണൽ ഡയറക്ടർ വൈ.എം. ഉപ്പിൻ ഉദ്ഘാടനംചെയ്തു. കാലിക്കറ്റ് സർവകലാശാല എൻഎസ്എസ് പ്രോഗ്രാം കോഡിനേറ്റർ ഡോ. എൻ.എ. ശിഹാബ് അധ്യക്ഷനായി.

കോഴിക്കോട് ജില്ലാ കോഡിനേറ്റർ പാസീൽ അഹമ്മദ്, സർവകലാശാല കാമ്പസ് പ്രോഗ്രാം ഓഫീസർ ഡോ. റീഷ കാരാട്ടി,

ജി. മുഹമ്മദ് ശാഫി, പ്രോഗ്രാം ഓഫീസറായ എൻ.എസ്. പ്രിയലേഖ, കെ.കെ. ഗൗതമി തുടങ്ങിയവർ സംസാരിച്ചു.

ശുചിത്വ സെമിനാറുകൾ, ശുചിത്വ പ്രവർത്തനങ്ങൾ, ഓംസിഡൻഷ്യൽ പദ്ധതികൾ, കാമ്പയിൻ, ചാലിയം ഓംബ്രോസ് വൺ ഡെസ്റ്റിനേഷൻ സ്വച്ഛതാ പദ്ധതി, ശുചിത്വ കേമലയെ ഉൾപ്പെടെ തനിയുള്ള മത്സരങ്ങൾ എന്നിവ മൂന്ന് ദിവസങ്ങളിലായി ശില്പശാലയുടെ ഭാഗമായി നടക്കും.

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Workshops & Seminars: Sessions on waste management, sustainable living, and environmental conservation were conducted by experts in the field.

Community Engagement: The volunteers interacted with the local population, educating them on the importance of cleanliness and proper waste disposal.

Tree Plantation Drives: As part of afforestation efforts, volunteers planted saplings in designated areas to promote a greener environment.



എൻഎസ്എസ് ശില്പശാലയ്ക്ക് തുടക്കം



പങ്കാളി

കാലിക്കറ്റ് സർവകലാശാല നാഷണൽ സർവീസ് ഡിപ്പാർട്ട്മെന്റും കേരള റീജണൽ ഡയറക്ടറേറ്റിന്റെയും നേതൃത്വത്തിൽ സർവകലാശാലയിലെ എൻഎസ്എസ് വള്ളാറ്റിയിൽ തൃശ്ശിന ഓംസിഡൻഷ്യൽ പരിശീലന പരിപാടിക്ക് തുടക്കമായി.

കോഡിനേറ്റർ സർവകലാശാലയ്ക്ക് ജി. ഉപ്പിൻ 100 കോളേജുകളിൽനിന്നായി 100 ഓംസിഡൻഷ്യൽ പരിശീലന പരിപാടിക്ക് തുടക്കമായി.

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ജി. മുഹമ്മദ് ശാഫി, പ്രോഗ്രാം ഓഫീസറായ എൻ.എസ്. പ്രിയലേഖ, കെ.കെ. ഗൗതമി തുടങ്ങിയവർ സംസാരിച്ചു.

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Skill Development Programs: The camp included leadership training, team-building exercises, and cultural programs to enhance the interpersonal and organizational skills of the volunteers.

Role of KKTm Government College Volunteers:

The two volunteers from KKTm Government College played an active role in all activities, demonstrating commitment and enthusiasm. They contributed significantly to awareness campaigns, participated in public speaking events, and worked closely with other NSS members to ensure the success of the initiative. Their dedication was appreciated by the organizers, and they received certificates of recognition for their participation.



Impact & Takeaways:

The camp provided the volunteers with a platform to learn and contribute towards a sustainable society. It fostered a sense of social responsibility and enhanced their leadership and teamwork skills. The experience also strengthened their commitment to community service, inspiring them to implement similar initiatives in their local area.

The participation of KKTm Government College's NSS volunteers in the Calicut Swachhata camp was a commendable effort in promoting cleanliness and social responsibility. Their involvement not only benefited the community but also enriched their personal growth, making them more aware and proactive citizens.